

The World Needs Hunger Relief



Upper Elementary Worksheet

learn about it.

Since 2014, global hunger has been on the rise. But the world produces enough food to feed everyone. Why does anyone have to go hungry when there is enough food?

It all comes down to **food waste** and **food loss**. Food waste happens when we let food go bad or simply throw it out before eating it. Food loss is when crops go bad due to climate events like droughts and fires or bad refrigeration. If we make sure we don't waste food and if we take action to protect our planet by recycling and limiting the trash we produce, we can help make sure that no one goes hungry and everyone has enough food!

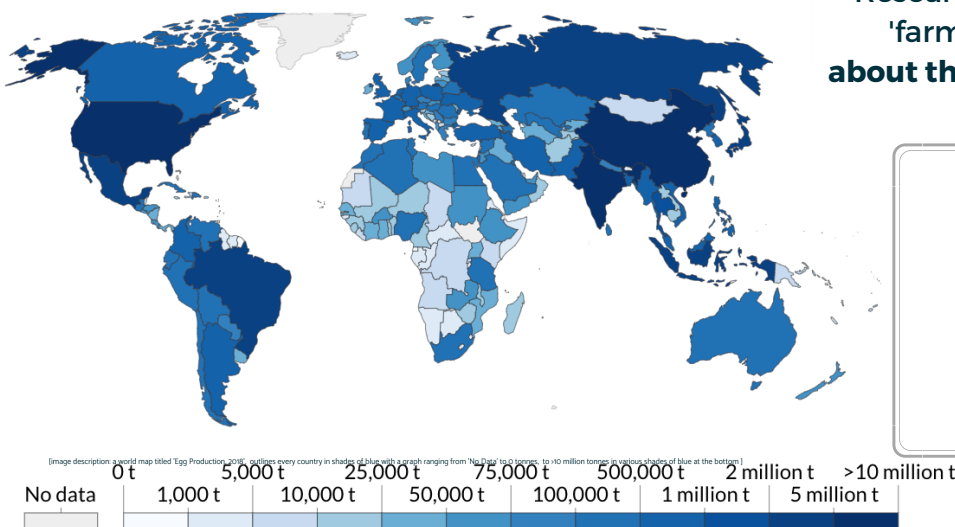
think about it.

In "The World Needs: Hunger Relief" video, 3 of the 4 breakfasts recipes contained eggs. This is not so surprising when you consider that 9 billion eggs were produced in 2020! So, what's the big deal about eggs?

Eggs are high in protein and other essential minerals, making them a very nutritious food that can reduce global hunger.

The map below shows how many eggs were produced in each country in 2018.

Egg production, 2018



This map shows egg production from all domesticated or farmed birds. Research what are 'domesticated' or 'farmed' birds. **What did you learn about the types of eggs eaten around the world?**

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talk about it.

Find a friend, classmate, or family member and discuss any of the following questions:

- **What does your family do with food that has gone bad?**
- **How much food do you think your family wastes in a week?**
- **How can you reduce your food waste?**

be about it!

Now it's time to take action.

Using the organizer on the right, **share your goal for reducing food waste.**

Your goal should be something specific that you can achieve within a set amount of time.

Think of ways to involve your friends and family in achieving your goal.

I, personally, will...	With my family, I will...
My Goal is...	
With my friends, I will...	At my school, I will...