



students
r_build

HUNGER CHALLENGE MADALO'S STORY

KABUZI VILLAGE, MALAWI

2018-2019 UPPER ELEMENTARY & MIDDLE SCHOOL
DISCUSSION GUIDE



TABLE OF CONTENTS

GETTING STARTED	p. 1
MADALO'S STORY	p. 2
DISCUSSION QUESTIONS	p. 3
VIDEO TRANSCRIPT	p. 6
HUNGER CHALLENGE OVERVIEW	p. 8
TAKE ACTION	p. 9

GETTING STARTED

EDUCATOR NOTE:

Below is an introduction to Madalo's Story, as well as discussion questions and activities to use with your class. You may utilize all or some of the provided questions as you guide your class in discussion.

Standards Alignment:

- Next Generation Science Standards
- Asia Society Global Competencies
- 21st Century Skills
- United Nations Sustainable Development Goals

Video Length: 4.25 minutes

Estimated Time to Complete: 1-3 Class Periods

We recommend that ahead of showing the video to your students you (a) pre-watch the video or read the transcript below, noting any vocabulary or concepts that may be unfamiliar to your students and (b) review the unfamiliar words with your students before showing the video.



Madalo's Story
4.25 minutes

MADALO'S STORY

FRAMING

Malawi is a small, landlocked country in the southeast region of Africa and is one of the world's least developed countries. As a country with limited natural resources and mostly rural economies, over 50% of the population lives below the poverty line. Many families are affected by food insecurity, the limited access to nutritious food. As a result, many people may experience a number of health and social issues such as malnutrition and lack of education. Students in rural villages may walk up to 2 hours to attend school. Despite the distance, once students reach school, malnutrition and stomach pains create a barrier to learning and many students leave school in search of sustenance. Due to malnutrition, without the ability to stay in school, or to learn while present, youth do not acquire the skills necessary to become adults with the skills and knowledge to earn a living wage.

In Madalo's Story, we learn about how food insecurity affects young people in the Kabuzi Village of Malawi. We meet Madalo, an 11 year old student whose family does not have regular access to healthy food. Madalo attends a school in her village, Chiguma Primary School, which benefits from Mary's Meals Malawi, a school feeding program. With a daily bowl of nutrient-rich porridge, Madalo and her peers receive access to nourishment, education, and ultimately hope for a brighter future.

Madalo's Story will inspire students to reflect on and learn about global food insecurity, the factors that contribute to food insecurity, their own food habits, and the important role food plays in providing a young person with the opportunity to live a healthy and successful life.

DISCUSSION QUESTIONS

Please Note: You may utilize all or some of the provided questions as you guide your class in discussion. Many of the questions below can be used as a jumping off point for deeper engagement or projects.

1. Locate Malawi on a map. On what continent did you find this country?
2. Describe Malawi from what you see in the video. What do you think it is like to live there?
3. What motivates Madalo to attend school? What motivates you to attend school?
4. Putting yourself in Madalo's shoes, how would you feel going about going to school every day?
5. How does not eating affect the body?
6. How does hunger affect learning?
7. Look up and define the following terms:
 - food security
 - food insecurity
 - food availability
 - food access
 - food utilization
 - food sustainability
 - malnutrition
8. What are the weather conditions mentioned in the video that affect the people of Malawi? How might these issues affect their food or access to food?

DISCUSSION QUESTIONS

9. “Climate change is a major threat to agriculture in any given place, normal, long-established climatic patterns dictate the types of food we can grow, as well as when, where, and how we grow them.” - <https://www.climaterealityproject.org>

In addition to the conditions mentioned in the video, what are other environmental factors that can contribute to food insecurity?

10. If farmers and food producers lose their ability to successfully grow and provide food for their own communities, what happens to the community’s children? How does it affect their education?
11. Extreme climate shifts can negatively affect both the production of food and the access to food. This is not the only relationship between food and climate. Food waste and food loss also have negative effects on our climate, which in turn limits farmers’ and fishers’ ability to consistently produce healthy crops.

Food loss is the decrease of quality and quantity of food and typically occurs due to improper storage of food (for example, refrigeration) or the infestation of food by insects or animals, making the food unfit for human consumption.

Food waste is the elimination of food that is or was at some point fit for someone to eat. This typically occurs after the food reaches our homes, grocery stores, and restaurants.

Food waste increases greenhouse gas emissions. When food is wasted, it ends up in landfills where it does not get the necessary oxygen to decompose (break down) without harming the environment. The decomposing food emits greenhouse gases, which include methane, carbon dioxide, and nitrous oxide, that contribute to a warming atmosphere. As a result, the weather patterns that are best for growing food are disrupted.

How does food waste in our homes and communities contribute to the hunger we learned about in Malawi?

DISCUSSION QUESTIONS

- 12.** Statistic: Despite the roughly 1.3 billions tons of food that is wasted, 830 million people go to bed hungry.

In what ways might we reduce our 'food footprint', food loss, and food waste to ensure that every person has access to quality food?

Consider what can be done by individuals, families, communities, and countries.

- 13.** How does Mary's Meals help students? What problems are they addressing with their work?

- 14.** What other local and global efforts could help families like Madalo's have better access to nutritious food?

- 15.** What's one thing you will do to address world hunger?

"I believe all children should have food and not be hungry." - Madalo

VIDEO TRANSCRIPT

MADALO'S STORY

Time	Speaker	Dialogue
00:00:16	Madalo	My name is Madalo william, I am 11 years old. I come from Kabuzi Village.
00:00:24		I live with my mom and dad, and have four brothers.
00:00:32		When I wake up in the morning, I sweep, clean dishes, take a bath and then walk to school.
00:00:46		What motivates me to go to school is the fact that I want to become a teacher. I admire the head teacher at my school. Seeing her teaching children it brings me joy.
00:01:39		There were some days my mother would prepare food and some she couldn't. I would go to school hungry. I would feel weak without having eaten anything. I didn't have any energy. I'd leave while others were learning to go home and hopefully find something to eat.
00:01:25	Narrator	Malawi is one of the countries in southern Africa that is always affected by drought or floods every year, and because of that, most our people are really affected. They come from homes where food is not there. So it's a big problem across our country that children, most of them, they go to school without food.
00:01:45		There are many children who are in class, but they are not much attentive to what the teacher is saying. So at the end of the day, all those children may not progress with their education. The poverty will just be going round and round their families. Mary's Meals is a school feeding organization, working by making sure that the children that do not have food in their homes are having food when they are going to school, so that they are able to concentrate in class and they're able to participate.
00:02:15		The cooking is done by the community, and the arrangement is they are not paid. They are voluntarily making themselves available everyday to cook for the children. Because they appreciate that the children being fed, they are their own children.

VIDEO TRANSCRIPT (CONTINUED)

MADALO'S STORY

Time	Speaker	Dialogue
00:02:39	Madalo	Now we eat porridge Monday, Tuesday, Wednesday, Thursday, and Friday. I like porridge because it gives me energy and makes me strong.
00:02:57		I feel like things have improved because before porridge was introduced, I could hardly concentrate in class.
00:03:04		When I look at my friends who used to go to school hungry, I see that this program is helping them. Before the porridge, they would leave before classes were finished. Their studies are improving, just as mine are too.
00:03:27	Narrator	Like any other kid, they always have dreams, big dreams for that matter. And when you ask them, they tell you all their ambitions. I want to be a teacher. I want to be a doctor, and all sorts of professions they'd do.
00:03:40		But now with the coming of food, they are able to link now that if the food is there at the school, I'll go to school. And sure I'll get educated, and my dream will come to pass.
00:03:38	Madalo	It makes me so happy, because they improved our school so much by bringing porridge there. I believe all children should have food and not be hungry.

CHALLENGE OVERVIEW

OVERVIEW

Hunger has many faces. Sometimes hunger is heartbreakingly obvious. Other times, it's less visible but no less destructive. With 821 million people (or one in nine) suffering from hunger globally (one in five in the United States), the faces of hunger are all around us.

With the Hunger Challenge, we're gathering around a global table to learn about hunger in all its guises—malnutrition, food insecurity, “food deserts,” and more—and to investigate how hunger interferes with education and development to prevent too many young people from living full, healthy lives.

GLOBAL NOMADS GROUP

Global Nomads Group (GNG) is an international non-profit organization that fosters dialogue and understanding among the world's youth. Since its founding in 1998, GNG has conducted programs in 60 countries on all seven continents, reaching one million young people. By providing opportunities to interact and engage with different perspectives, GNG helps youth break down stereotypes, address community challenges, develop 21st century skills, and explore what it means to be a global citizen.

Since 2010, GNG and Students Rebuild have partnered on each annual Challenge, bringing awareness to critical global issues and youth stories of taking action.

STUDENTS REBUILD

Students Rebuild, a program of the Bezos Family Foundation, is a free, ready-made adventure in global learning that asks students to put their creativity and compassion to work in support of other young people in need.

Students Rebuild issues an annual Challenge that invites students to respond to global problems affecting young people somewhere in the world. Teachers and students explore the issue in class and, in the process, connect with students around the globe. Then students create art based on what they learn and send it to Students Rebuild. For every piece of artwork they submit, the Bezos Family Foundation makes a financial donation to a respected community-based organization serving youth.

TAKE ACTION

Thank you for participating in the 2019-20 Students Rebuild Hunger Challenge, which invites teachers and students worldwide to help end world hunger and celebrate healthy and sustainable food traditions around the world.

CREATE AN ARTFUL RECIPE

Students will create artfully illustrated recipes—both literal and imaginative.

With these two unique approaches you can find countless ways to bring your recipes to life. Each artful recipe will generate a \$3 donation from the Bezos Family Foundation to support organizations that address hunger and nutrition

Register a team, learn about building an artful recipe, and submit your artwork at studentsrebuild.org/hunger

JOIN THE CONVERSATION

As part of the Hunger Challenge, Global Nomads Group will be hosting three virtual webcast discussions (dates to be announced). The webcasts will be live-streamed events that feature conversations around food, culture, and hunger. Your class/team can submit questions and/or answers to the on-air participants through a facilitated chat room. All you need to join is an Internet connection.

Register for webcasts at gng.org/studentsrebuild

Learn More about Mary's Meals: marysmeals.org