



Hunger Challenge

Teaching Guides

I want to host: **a special full day event**



I'm in! I want to bring this to the community.



Here's a road map to help you choose resources to build a great Challenge experience for your community. Before getting started, make sure you've registered your team at www.studentsrebuild.org/register.

Time	Activity	Resource
10 min	<p>Welcome Attendees and Introduce the Hunger Challenge Welcome attendees, orient them to the schedule and watch the Hunger Challenge Intro video.</p>	<ul style="list-style-type: none"> • Hunger Challenge Intro video
15 min	<p>Explain how the Challenge works Share the Hunger Challenge Fact Sheet as a take home sheet if you're able to print a copy for each student. If not, you can talk them through it.</p> <p>If you've already registered, you can show your team where they are on our global team map. If you haven't registered yet, come up with a fun name together!</p>	<ul style="list-style-type: none"> • Hunger Challenge Fact Sheet
1-3 hrs	<p>Diving into Learning: Understanding Hunger through Stories Show attendees one or more of our storytelling videos that highlight a young person impacted by or addressing hunger in local communities. After viewing, discuss the stories using provided discussion guides provided in small groups.</p> <p>Madalo's Story (Kabuzi Village, Malawi) In <i>Madalo's Story</i>, we travel to the Kabuzi Village in Malawi, a small rural community in Sub-Saharan Africa, where students with limited access to food, travel to school for a daily meal.</p> <p>Kadi's Story (Harlem, NY) In <i>Kadi's Story</i>, we visit Harlem, NY and learn about the positive influence urban farming has on Kadi and her community's healthy eating and lifestyles.</p> <p>Robert and Emily's Story (Hoopa Valley Reservation, CA) In <i>Robert and Emily's Story</i>, we explore the Hoopa Valley Reservation in Northern California where they live, eat, and advocate for maintaining food traditions that are important and necessary in their Native American culture.</p> <p>For additional short activities and lessons, explore the recommended lessons organized by grade level and age of attendees.</p>	<ul style="list-style-type: none"> • Madalo's Story: Video and Discussion Guides • Kadi's Story: Video and discussion guides • Robert and Emily's Story: Video and Discussion Guides <p>Recommended learning resources :</p> <ul style="list-style-type: none"> • Elementary • Middle School • High School



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Time	Activity	Resource
1 hr	Lunch Break Try hosting an “Waste free” lunch! Invite attendees to consume everything that they bring or take for lunch minimizing the amount of food that is thrown away. You can also share facts about food waste, healthy eating, and food insecurity in your local community.	
2 hrs	Art Making Workshop Show the “ How to make a recipe ” video. Have the students brainstorm on what kind of recipe they would like to make. Use the Making Art Guide to support various creative approaches to crafting the recipes. Share all your art making supplies and get cooking! *Bonus idea: Students can contribute to a shared project like a community recipe book that can be shared later.	<ul style="list-style-type: none">• Recipe Art video• Making Art Guide• Supplies needed for art making
15 min	Reflection and Closing Count and collect student art for submission. Submission can be done online at: www.studentsrebuild.org/submit . If you are able to submit online during the event, you will be able to see on your Team Dashboard page with the amount of funding you helped raise to address hunger and malnutrition all over the world. If not, you can calculate the amount your team raised [number of recipes x \$3 = Your team’s donation] As you wrap up, ask your team to consider how they can take action to address hunger locally. Hand out participation certificates.	<ul style="list-style-type: none">• Participation certificates

Full Day Event