

Post Shave Biopsy Instructions

Instructions:

1. Keep original bandage on the site(s) ideally for 24 hours. It is preferable to not get the area(s) wet during this period. If you desire to shower then leave the dressing on in the shower. After the shower proceed to step 2 below.
2. After 24 hours remove the bandage and gently cleanse the area with a mild soap and water solution (Lever 2000, Dial, Dove etc).
3. Dry the area with a clean Q-tip or pat dry with a clean gauze.
4. Apply a thin layer of clear A&D ointment, Vaseline or Polysporin to the wound. It's very important to keep the area moist and covered. Your biopsy site will heal faster and better than if you allow a scab to form.
5. Reapply a small dressing or Band-Aid over the wound.
6. Repeat this procedure every 24 hours until the area is healed. This usually takes 7-10 days.

What To Expect:

1. After your biopsy you can expect some mild discomfort. This is highly variable among patients and is also dependent upon the location of your biopsy. Some areas are more sensitive than others. You may take a **non-aspirin** product as needed.
2. You should expect some mild swelling, redness, and bruising around the biopsy site. This will resolve in a few days.
3. Bleeding is rare after a shave biopsy. If bleeding does occur then sit or lie down and apply firm constant pressure to the wound for 20 minutes. If the bleeding is not stopped after two times then call our office or Dr. Viehman after hours.

Any further questions can be addressed through our office at 910-256-2100.

Normal Business Hours: Monday, Tuesday, Thursday 7:30am-5:00pm and 7:30- 1:00pm on Wednesday and Friday