

Re:generation Small Group Ministry Model

OVERVIEW

- A Re:generation small group ministry model is an option for some organizations when large group gatherings are not possible or the best use of resources. With approval from Watermark Resources, Re:generation can work as a weekly small group ministry, forming men's and women's groups to work through the curriculum independently of each other, without a large group gathering. Many virtual ministries use this ministry model.

WEEKLY FORMAT

- Instead of large group testimonies and teachings with all participants together, small groups download testimony or teaching videos from Watermark Resources to show to the group. Music is optional.
- The small group then spends time discussing the testimony/teaching and prays.
- After discussing the teaching/testimony, the small group discusses the weekly curriculum assignments.
- Optional: share prayer requests on 3x5 cards and distribute among participants

TIME

- Approximately, 15-30 minutes for testimony/teaching/discussion and one hour for workbook discussion for a total of 1.5 hours.

GROUP SIZE

- One leader to no more than 8 participants; Co-leaders for up to 15 participants

MENTORS

- Each participant is required to find a mentor during the first six weeks of Groundwork, before Step 1 begins. Mentors will be expected to go through Mentor Training (either with the online [Mentor Training Module](#) or locally if training is offered by the ministry leadership). The participant and mentor should sign a [Mentoring Agreement](#), and mentors should be given [web access](#) to the Mentoring Resources on watermarkresources.com.

SMALL GROUP LEADER QUALIFICATIONS

- At least one group leader must have completed RE:GEN. Trusted church members who have not completed RE:GEN may co-lead with someone who has completed the curriculum.
- Approved by the local church leadership

- Qualities consistent with facilitating a small group
- Completed [RE:GEN leader video training](#) (five videos)
- Leader must submit to the authority of the hosting church (membership is a local church decision)

SMALL GROUP LEADER RESPONSIBILITIES

- Set group calendar for the year and keep a roster of participants and mentors and record weekly attendance
- Plan the testimony/teaching portion of meeting (video or live)
- Maintain the group guidelines; Follow the weekly lesson plans and training; Attend Re:generation leader training when it is available
- Provide necessary step resources to participants
- Communicate regularly with participants and mentors
- Be willing and able to lead the group from Groundwork through all 12 Steps
- Because participants are not allowed to skip steps or move at their own pace independent of the group, leaders must be willing to graciously move participants who are not ready to complete certain steps out of the group (this is difficult without the safety net of a large group or Groundwork, but necessary to maintain the integrity of the step group for participants ready to do the work)
- Plan celebration nights and commencement
- Purchase or send participants to Watermark Resources website to order books
- Maintain communication with church leaders and staff who oversee the ministry
- Coordinate with leaders of other step groups running simultaneously.

RESOURCES AVAILABLE TO SUPPORT THIS FORMAT

- Receive approval through Watermark Resources (WMR): Initial call with WMR coach, sign a WMR Use Agreement, and small group format approval by WMR.
- [Operational resources](#) (video testimonies/teachings, music links)
- Complete [Re:generation leader training](#), [small group webinar](#), [podcasts](#), and be familiar with online [resources and training for specific steps](#), etc.
- Ongoing self-taught leadership development provided on the website under [Step Group Leader Training](#).
- Communication email scripts for [leader to participant](#) and [leader to mentor](#)
- Individual participants can purchase workbooks through WMR [Shopify](#)