

# Following Jesus

## I. COURSE DESCRIPTION

During this eight-week online course (six lessons, plus an introduction and conclusion), you will learn the foundations of Christian discipleship. We will focus on gaining a deeper understanding of the Christian life while providing a clear way forward to grow in your discipleship to Jesus.

## II. COURSE OBJECTIVES

As a result of this class, you should:

1. Grow in your understanding of what it means to follow Jesus.
2. Gain an appreciation for the complexities involved in discipleship and how people are formed over time.
3. Deepen your love for God and dependence on the Holy Spirit, who is transforming you into the image of Jesus.

## III. TEXTBOOKS

(Suggested, but not required) Bridges, Jerry. *The Discipline of Grace*. NavPress, 2018.

## IV. COURSE REQUIREMENTS

It is fair to expect 2–3 hours of work for each week's worth of content. The time will vary if you choose to read the suggested book *The Discipline of Grace* and complete other optional resources in addition to the required coursework. This time will include the following activities:

- A. **Reading Assignments:** Each week you should read the required reading. **You are NOT required to read the optional reading**, but it is highly encouraged and will maximize your learning during each class session. If you choose to read *The Discipline of Grace*, it is suggested that you read the selected chapters prior to listening to the audio for each week.
- B. **Audio and PowerPoints:** Each week you should listen to two parts of the audio recorded from the previous live Cover to Cover classes. It is suggested that you print out the PowerPoint slides in order to take notes as you listen along.
- C. **Discussion Questions:** You should answer each discussion question and respond to at least one other student's answer by the following week of class.

- D. **Quizzes and Final Exam:** The quizzes are for your benefit only, and the questions are taken from the teachings in addition to the required class readings. The final exam is comprehensive and is an opportunity to see how much you learned during this class!

## V. COURSE SCHEDULE

LESSON	TOPIC	ASSIGNMENTS
1	Introduction  Narrative and Discipleship	<ul style="list-style-type: none"> <li>- <b>To-do:</b> Prayer and Preparation</li> <li>- <b>Optional:</b> The Discipline of Grace, Chapters 1-2</li> <li>- <b>Watch:</b> Narrative</li> <li>- <b>Read:</b> Jesus and Disciples Today</li> <li>- <b>Watch:</b> Biblical Theology of Discipleship</li> <li>- <b>Take:</b> Quiz - Lesson 1</li> <li>- <b>To-do:</b> Discussion - Lesson 1</li> </ul>
2	An Iceberg and Spiritual Formation	<ul style="list-style-type: none"> <li>- <b>Optional:</b> The Discipline of Grace, Chapters 3-4</li> <li>- <b>Read:</b> Resisting the Temptation of Moral Formation</li> <li>- <b>Watch:</b> An Iceberg</li> <li>- <b>Watch:</b> Spiritual Formation</li> <li>- <b>Take:</b> Quiz - Lesson 2</li> <li>- <b>To-do:</b> Discussion - Lesson 2</li> </ul>
3	Abiding and the Role of the Spirit	<ul style="list-style-type: none"> <li>- <b>Optional:</b> The Discipline of Grace, Chapters 5-6</li> <li>- <b>Read:</b> "Abide in Christ," Chapters 1-3</li> <li>- <b>Watch:</b> Abiding</li> <li>- <b>Watch:</b> The Role of the Spirit</li> <li>- <b>Take:</b> Quiz - Lesson 3</li> <li>- <b>To-do:</b> Discussion - Lesson 3</li> </ul>
4	Stages of Faith	<ul style="list-style-type: none"> <li>- <b>Optional:</b> The Discipline of Grace, Chapters 7-8</li> <li>- <b>Watch:</b> Stages of Faith (1-3)</li> <li>- <b>Watch:</b> Stages of Faith (4-6)</li> <li>- <b>Take:</b> Quiz - Lesson 4</li> <li>- <b>To-do:</b> Discussion - Lesson 4</li> </ul>
5	Walking in "The Way"	<ul style="list-style-type: none"> <li>- <b>Optional:</b> The Discipline of Grace, Chapters 9-10</li> <li>- <b>Watch:</b> Walking in "The Way" - Part 1</li> <li>- <b>Watch:</b> Walking in "The Way" - Part 2</li> <li>- <b>Take:</b> Quiz - Lesson 5</li> <li>- <b>To-do:</b> Discussion - Lesson 5</li> </ul>
6	A Means of Grace	<ul style="list-style-type: none"> <li>- <b>Optional:</b> The Discipline of Grace, Chapters 11-13</li> <li>- <b>Watch:</b> Spiritual Disciplines</li> </ul>

	Conclusion	<ul style="list-style-type: none"> <li>- <b>Read:</b> Rule of Faith</li> <li>- <b>Watch:</b> A Means of Grace</li> <li>- <b>Read:</b> Applying "A Means of Grace"</li> <li>- <b>Take:</b> Quiz - Lesson 6</li> <li>- <b>To-do:</b> Discussion - Lesson 6</li>   <li>- <b>Read:</b> Review Document</li> <li>- <b>Take:</b> Final Exam (Cumulative)</li> <li>- <b>To-do:</b> Final Discussion</li> <li>- <b>Watch:</b> Final Video</li> <li>- <b>To-do:</b> Prayer and Practice</li> </ul>
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