



FISH AND SEAFOOD POLICY

1 Scope

This guideline governs sourcing of fish and seafood (including products) for S group in in the supermarket trade, the department store and speciality store trade, service station store and the travel and hospitality business.

- SOK's sourcing and sourcing partners
- Regional co-operatives
- Outsourced service counters

Guideline concerns both S Group's own brand products and other brands products. The guideline covers the following product areas:

- Fresh fish (including shellfish and roe)
- Fresh fish products (including shellfish and roe)
- Frozen fish (including shellfish and roe)
- Canned fish (including shellfish and roe)
- Health products (including shellfish and roe)*
- Pet food (including shellfish and roe)*
- Fish and seafood served in cafés and restaurants (including shellfish and roe)
- Ready meals*

*if there are challenges in traceability and/or the product contains very little of seafood or fish, you can contact S-group to discuss more

2 General principles of assortment and sourcing

- We always investigate the origin of fish (fishing areas) and the method of fishing. No product is accepted into the assortment if the supplier is unable to provide this information.
- We ensure that there are no undersized fish or protected fish species in our assortments.
- The general policy principles, the species approved for assortments and criteria for individual species are reassessed annually.

3 Species and criteria accepted for assortments

The classification is based on the following sources:

- WWF Kalaopas
- WWF Fiskquiden
- Domestic fish: Luonnonvarakeskus (Luke, RKTL)



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- If necessary, MCS (Marine Conservation Society) ja Seafood watch

S Group classification:

- Green = Allowed to purchase, a good choice
- Yellow = Allowed to purchase, purchase with consideration
- Red = Not approved (except MSC or ASC labelled, or in certain cases KRAV).

The classification and criteria refer to the species scientific name which must be known when sourcing fish products.

The classification and criteria are based on the current assortments, and so the annexes for individual species do not cover all species of fish. The attached species lists will be revised with the next update.

Species specific criteria attached below.



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Name in Finnish	Common name in English	<i>Scientific name</i>	Allowed to be purchased, with certain limitations		Not allowed to be purchased
			A good choice	Purchase with consideration	Not approved
Ahven	Perch	<i>Perca fluviatilis</i>	MSC-labelled perch, Finnish perch and Swedish perch from large lakes (Vänern, Vättern, Hjälmare or Mälaren) as well as perch caught from Lake Peipsi in Estonia	Perch caught off the Swedish and Estonian coasts	
Alaskanseiti	Alaska pollock	<i>Gadus chalcogrammus</i>	MSC-labelled Alaska pollock	Alaska pollock caught with seine nets in the Sea of Okhotsk (FAO 61, Sea of Okhotsk), Alaska pollock caught with trawls in the eastern Bering Sea (FAO 61 Russian Federation EEZ, East of 174°E) 3	Bottom-trawled Alaska pollock from Japan and Western Bering sea (FAO 67, Russian Federation EEZ; Western Bering Sea, west of 174°E)



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Ankerias	Eel	<i>Anguilla anguilla</i>			Eels may not be purchased under any circumstances, regardless of the area or capture method
Grönlanninpallas eli sinipallas	Greenland halibut	<i>Reinhardtius hippoglossoides</i>	MSC-labelled Greenland halibut	Greenland halibut caught in the Bering Sea (FAO 67) and the Northeast Atlantic (FAO 27)	Greenland halibut caught in the Northwest Atlantic (FAO21) and in Norway and Russia (ICES I, ICES II)
Hait, rauskut ml. sillihai ja piikkihai	Sharks, skates, rays and porbeagle	<i>Selachimorpha, Batoidea, Squalus acanthias, Lamna nasus</i>			All sharks and skates, regardless of the area or capture method
Harjus	Grayling	<i>Thymallus thymallus</i>	Finnish grayling caught in inland waters		Finnish grayling caught in the Baltic Sea
Hauki	Pike	<i>Esox lucius</i>	MSC-labelled pike and Finnish pike		Swedish pike caught in a lake or at sea
Hokikala, Patagonianhoki	Hoki, Blue grenadier, Patagonian grenadier	<i>Macruronus novaezelandia</i>	MSC-labelled hoki	Hoki caught with midwater trawls	Bottom-trawled hoki
		<i>Macruronus magellanicus</i>	MSC-labelled hoki		Bottom-trawled hoki Hoki trawled in the south-eastern Pacific



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Hummerit: Amerikanhummeri	American lobster	<i>Homarus americanus</i>	MSC-labelled American lobster		American lobster caught in North America (FAO 21)
Hummerit: Euroopanhummeri	European lobster	<i>Homarus gammarus</i>	MSC-labelled European lobster	European lobster caught in Sweden (ICES IIIa), Scotland (ICES Iva, ICES IVb) and England (ICES IV)	European lobster caught in Norway (ICES IIa, ICES IIIa, ICES Iva)
Kallioantura eli pikkupääkampela	Lemon sole	<i>Microstomus kitt</i>		Lemon sole caught with gillnets and lemon sole from Iceland	Bottom-trawled and caught with seine nets
Kalmari	Squid	<i>Loligo vulgaris, Loligo spp, Illex argentinus, Sepia pharaonis, Dosidicus gigas</i>	MSC-labelled squid common squid caught with handlines and jigs in the Northeast Atlantic (FAO 27, ICES IX)	Squid caught with jigs, seine nets and midwater trawls; bottom-trawled common squid from South Africa (FAO 47)	Bottom-trawled common squid



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Kampela & Itämeren kampela	European flounder	<i>Platichthys flesus</i>		European flounder caught with gillnets in the Baltic Sea and Danish Straits (FAO 27, ICES 20–23, 27, 29-32)	Bottom-trawled European flounder and European flounder caught with gillnets in the Baltic proper (FAO 27, ICES 26 & 28)
Kampelat: Hietakampela	Dab	<i>Limanda limanda</i>	Dab caught with gillnets and seine nets		Bottom-trawled dab
Kampelat: Punakampela	European Plaice	<i>Pleuronectes platessa</i>	MSC-labelled European plaice	European plaice caught in the North Sea (FAO 27, ICES IV & ICES 20), the Norwegian Sea (ICES II), Iceland (ICES Va) and Danish Straits (FAO 27, ICES 21-23,) as well as European plaice caught with gillnets and seine nets in the Baltic Sea	Trawled European plaice from the Baltic Sea and all bottom-trawled (beam trawl) European plaice



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Karppi	Common carp	<i>Cyprinus carpio</i>	Finnish common carp		
Katkaravut: Pohjankatkarapu	Shrimp: Pohjanmeri	<i>Pandalus borealis</i>	MSC and KRAV-labelled shrimp and shrimp caught in the northern parts of Canada (FAO 21, NAFO 0A)	Shrimp caught in the Svalbard area (FAO 27, ICES I&II), shrimp caught in the waters of Greenland and Canada (FAO 21, NAFO 2G-H, 2J, 3K, 4R-T) as well as Iceland (FAO27, ICES Va2)	Shrimp caught in the North East Atlantic (FAO27) as well as shrimp from the North Sea and Skagerrak area (FAO 27, ICES IIIa, IVa (Norway))
Katkaravut: trooppinen (tiikerirapu, scampi, kuningas- tai jättiläiskatkarapu)	Shrimp: tropical (tiger prawn, scampi, king or giant prawn, Argentina Red Prawn)	<i>Penaeus indicus,</i> <i>Penaeus monodon,</i> <i>Penaeus spp,</i> <i>Heterocarpus reedi,</i> <i>Metapenaeus ensis,</i> <i>Pleoticus muelleri</i>	MSC and ASC-labelled		Uncertified tropical shrimp, trawled shrimp



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Kilohaili	Sprat	<i>Sprattus sprattus</i>	MSC-labelled sprat; sprat caught in the Baltic Sea (FAO27 ICES 22-32), the English Channel (FAO27, ICES VIIId & VIIe)	Sprat caught in Kattegat and Skagerrak (FAO27 ICES IIIa) and the North Sea Pohjanmereltä (ICES IV)	
Kirjolohi	Rainbow trout	<i>Oncorhynchus mykiss</i>	ASC-labelled rainbow trout; rainbow trout farmed in Finland, Sweden, Switzerland and Denmark	Rainbow trout farmed in Europe	Rainbow trout farmed in Chile
Kissakala eli merikissa	Atlantic wolffish, Catfish	<i>Anarhichas lupus</i>	MSC-labelled catfish	Catfish caught in Iceland ¹ ¹ FAO 27, ICES Va	Catfish caught in the North Atlantic in general
Kolja	Haddock	<i>Melanogrammus aeglefinus</i>	MSC and KRAV-labelled haddock	Haddock caught with longlines and gillnets in the Northeast Atlantic (FAO 27); bottom-trawled haddock from Iceland (ICES Va), Skagerrak (ICES IIIa), the North Sea (ICES IV), Western Scotland (ICES VIa)	Haddock caught with bottom trawls in general; haddock caught in the Northwest Atlantic (FAO 21) and the Faroe Islands (ICES Vb)



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				and the Irish Sea (ICES VIIa)	
Kuha	Pike-perch	<i>Sander lucioperca</i>	MSC-labelled pike-perch; pike-perch caught in the Gulf of Finland and Finland's inland waters; pike-perch caught in the inland waters of Sweden (Hjälmarens, Mälaren, Vänern) and Estonia (Lake Peipus, Lake Võrtsjärv); and pike-perch farmed within a recirculated water system	Pike-perch caught in the Archipelago Sea and the Bothnian Sea; pike-perch caught in the inland waters of Lithuania, Poland and Estonia (Lakes Peipsi, Võrtsjärv); pike-perch caught with handlines and jigs in the inland waters of Latvia	Pike-perch caught elsewhere in the Baltic Sea; pike-perch caught with gillnets in the inland waters of Latvia
Kultakuore	Greater Argentine, Greater silver smelt	<i>Argentina silus</i>	MSC-labelled		
Kultaotsa-ahven	Gilt-head bream	<i>Sparus aurata</i>	ASC or KRAV-labelled gilt-head bream	Gilt-head bream caught with jigs, handlines and poundnets as well as farmed gilt-head bream (France, Croatia, Greece,	Gilt-head bream caught with trawls and gillnets



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				Italy, Spain, Turkey and the GLOBALG.A.P. standard)	
Kummeliturska	European hake	<i>Merluccius merluccius</i>	MSC and KRAV-labelled European hake		Any hake, regardless of the fishing method employed
		<i>Merluccius productus</i>	MSC and KRAV-labelled European hake or European hake caught in the Pacific with midwater trawls		Any hake, regardless of the fishing method employed
Kuningasrapu	King Crab	<i>Paralithodes camtschaticus</i>	MSC-labelled king crab; king crab caught in Alaska ¹ as well as the Barents Sea and the Norwegian Sea ² (¹ FAO 67, ² FAO 27, ICES I&II)		King crab caught in the Western Bering Sea in Russia's Kamchatka area (FAO 61)
Kuore eli norssi	European smelt	<i>Osmerus eperlanus</i>	European smelt from Finland		European smelt from other countries



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Kyttyrälohi	Pink salmon	<i>Oncorhynchus gorbuscha</i>	MSC or ASC-labelled pink salmon or pink salmon caught with purse seines or trolls in the North East Pacific or pink salmon caught with gillnets in the United States/Alaska (FAO 67)	Pink salmon caught with gillnets or poundnets in the North East Pacific (Canada/British Columbia)	
Lahna	Bream	<i>Abramis brama</i>	<i>Cyprinidae</i> caught in Finnish coastal and inland waters, bream caught in Sweden's Vänern and Mälaren lakes, and bream and roach caught in Estonia's Lakes Peipsi and Võrtsjärv.		
Lohi (Atlantin lohi)	Salmon (Atlantic salmon)	<i>Salmo salar</i>	ASC and organic-labelled salmon	Salmon farmed in Norway and elsewhere in Europe	Salmon farmed in Chile
Lohi (Itämeren lohi)	Salmon	<i>Salmo salar</i>		Salmon caught with poundnets in the coastal areas of the Gulf of Bothnia and the Gulf of Finland	Salmon caught with longlines in the Baltic proper



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Lyyratorska/Seiti	Saithe	<i>Pollachius virens</i>	MSC-labelled pollock; pollock caught with gillnets and longlines in Iceland ¹ as well as pollock caught with seine nets in Norway and the Barents Sea ² ¹ FAO 27, ICES Va, ² FAO 27, ICES I&II	Trawled pollock and pollock caught with seine nets from Iceland (FAO 27, ICES Va); trawled pollock from the Faroe Islands (FAO27 ICES Vb)	Pollock caught with gillnets (North East Atlantic, the North Sea, Skagerrak and Kattegat) FAO 27 Bottom-trawled pollock, regardless of the area
Made	Burbot	<i>Lota lota</i>	Finnish burbot and burbot caught with gillnets in Lake Vättern, Sweden	Burbot caught with gillnets in Sweden's inland waters (Mälaren and Vänern)	
Makrilli	Mackerel	<i>Scomber scombrus</i>	Mackerel caught with handlines, purse seines and midwater trawls in the Northeast Atlantic (FAO 27)	Mackerel caught with gillnets in the Northeast Atlantic (FAO 27) and mackerel caught with midwater trawls in the Northwest Atlantic (FAO21)	Mackerel caught in the Mediterranean Sea and Central Atlantic (FAO 34&37)
Meriahven	Grouper	<i>Epinephelus itajara</i> , <i>Serranidae</i>	MSC-labelled grouper		



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<p>Meriantura, kielikampela</p>	<p>Common Sole</p>	<p><i>Solea solea</i></p>	<p>MSC-labelled common sole</p>	<p>Common sole caught in the Baltic Sea; common sole caught with gillnets in the North Sea (ICES IV), the English Channel (ICES VIIId & VIIf), Portugal (ICES IXa), Kattegat and Skagerrak (ICES IIIa), and the Bay of Biscay (5ICES VIIId, ICES VIIf)</p>	<p>Bottom-trawled common sole, regardless of the area, and common sole caught in the Mediterranean Sea</p>
<p>Meribassi</p>	<p>European Sea bass</p>	<p><i>Dicentrarchus labrax</i></p>	<p>ASC or KRAV-labelled European sea bass; European sea bass caught with handlines and jigs in the North East Atlantic¹ ¹FAO27 ICES IVb, IVc, VIIa, VIIId, VIIf, VIIg, VIIh,</p>	<p>European sea bass from the Mediterranean farmed according to Global G.A.P. Standards; European sea bass caught with longlines and gillnets in the Northeast Atlantic (FAO27 ICES IVb, IVc, VIIa, VIIId, VIIf, VIIg, VIIh)</p>	<p>European sea bass farmed in net cages, European sea bass caught in the Mediterranean Sea and the Black Sea, European sea bass caught with gillnets and longlines in the Bay of Biscay and on the Portuguese coast (FAO27 ICES VIIf ja Ixa) as well as all trawled European sea bass</p>



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Merikrotti	Monkfish	<i>Lophius piscatorius</i>	MSC-labelled monkfish	Monkfish caught with gillnets and longlines in Portugal and the northern coast of Spain (FAO27, ICES IXa & ICES VIIIc); monkfish caught in Iceland (FAO27, ICES Va)	Monkfish caught in the North East Atlantic and the Mediterranean Sea (FAO 27 & 37) in general
Miekkakala	Swordfish and Marlin	<i>Xiphias gladius</i>	MSC-labelled swordfish; swordfish caught with harpoons and handlines in the United States and Canada	Swordfish caught with handlines and jigs as well as swordfish caught with longlines in South Africa ¹ , the Maldives and the Eastern Indian Ocean ²	Swordfish caught with longlines and drift nets
Molva	Ling	<i>Molva molva</i>	MSC-labelled ling	Ling caught with longlines and gillnets	Bottom-trawled ling



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Muikku	Vendace	<i>Coregonus albula</i>	Vendace caught in Finland's inland waters and vendace caught with gillnets in Lake Mälaren in Sweden	Bottom-trawled vendace from the Bothnian Bay in Sweden and vendace caught using fyke nets in Lake Peipsi, Estonia.	
Mustekalat	Octopus	<i>Octopus vulgaris</i>	MSC-labelled octopuses, octopus caught with pots in the English Channel as well as octopus caught with handlines in Mexico	Octopuses caught with pots, traps and handlines	Bottom-trawled octopuses
Nahkiainen	European River Lamprey	<i>Lampetra fluviatilis</i>	European river lamprey from Finland		
Nieriä eli Rautu	Arctic char	<i>Salvelinus alpinus</i>	Arctic char farmed in Iceland, Austria and Switzerland; Arctic char farmed in a recirculated water system; Arctic char caught with gillnets in Lake Vättern, Sweden; ASC-certified Arctic char	Arctic char farmed in net cages and ponds	



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Osterit	Oysters	<i>Ostreidae</i>	MSC and ASC-labelled oysters and farmed oysters from France and the Northeastern Atlantic		Oysters caught by dredging or bottom trawling
		<i>Ostrea edulis</i>	MSC, KRAV and ASC-labelled oysters, and farmed oysters from France	Hand collected from Skagerrak or the North Sea	Caught by dredging or with a trawl, regardless of the area
		<i>Crassostrea gigas</i>	MSC, KRAV and ASC-labelled oysters, farmed oysters from Norway, Brazil, Japan and the United States, or Chinese oysters farmed in the Dadeng Sea area		Caught by dredging or with a trawl, regardless of the area
Pangasius eli haimonni	Pangasius, Striped catfish	<i>Pangasionodon hypophthalmus</i> , <i>Pangasius hypophthalmus</i>	ASC-labelled pangasius	Pangasius farmed in Vietnam	Non-certified farmed pangasius



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Piikkikampela	Turbot, Piggar	<i>Scophthalmus maximus</i>	ASC-certified turbot farmed in a recirculated water system (Netherlands)	Farmed turbot and turbot caught with gillnets in the North Sea	Turbot caught with bottom trawls
Puna-ahven	Ocean Perch, Deepwater Redfish,	<i>Sebastes spp. Sebastes Norvegicus, Sebastes marinus</i>	MSC-labelled ocean perch, ocean perch caught with midwater trawls in the Norwegian Sea or the Barents Sea (FAO 27, ICES I&II)	Bottom-trawled in the Barents Sea or Norwegian Sea (FAO 27, ICES I&II)	Ocean perch caught in the North East Atlantic (FAO 27) in general
	Golden Redfish	<i>Sebastes Mentella</i>	MSC-labelled ocean perch, ocean perch caught with midwater trawls in the Norwegian Sea or the Barents Sea (FAO 27, ICES I&II)	Bottom-trawled in the Barents Sea or Norwegian Sea (FAO 27, ICES I&II)	Ocean perch caught in the North East Atlantic (FAO 27) in general
Rapu: jokirapu ja täplärapu	Noble crayfish	<i>Astacus astacus, Procambrinus clarkii</i>	Signal crayfish caught in Finland's waters as well as red swamp crawfish (<i>Procambarus clarkii</i>) caught in France, Spain and Egypt	Finnish noble crayfish as well as red swamp crawfish (<i>Procambarus clarkii</i>) caught in China	Red swamp crawfish farmed in China



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Rasvakala	Lumpfish	<i>Cyclopterus lumpus</i>	MSC-labelled lumpfish	Greenland lumpfish caught with gillnets	Lumpfish caught with gillnets or bottom trawls in the North West Atlantic
Ravut: Keisarihummeri eli merirapu	Norway lobster. Langoustine	<i>Nephrops norvegicus</i>	MSC and KRAV-labelled Norway lobster caught with pots	Trawled Norway lobster from Sweden, Norway and Denmark (Kattegat ja Skagerrak)	Bottom-trawled Norway lobster
Ruijanpallas	Atlantic halibut	<i>Hippoglossus hippoglossus</i>	MSC and ASC-labelled Atlantic halibut as well as European Atlantic halibut farmed in earthen ponds	Atlantic halibut caught in the coastal waters of North Norway (the coasts of Norway, 62°N) or Canada (FAO 21 NAFO 3N, NAFO 3O, NAFO 3Ps, NAFO 4V, NAFO 4W, NAFO 4X, NAFO 5Ze) as well as Atlantic halibut farmed in net cages in Norway	Atlantic halibut caught in the North Atlantic
Sampi	Sturgeon	<i>Acipenseridae</i>	Sturgeon farmed in a recirculated water system and its roe	Sturgeon farmed in a recirculated water system in Europe and its roe	The endangered wild fish and sturgeon farmed outside Europe



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Sardelli (Anjovis)	European Anchovy	<i>Engraulis encrasicolus</i>	MSC-labelled fish and European anchovy from the Bay of Biscay ¹ ¹ FAO 27, ICES VIII	European anchovy caught with purse seines and trawled European anchovy from the Adriatic Sea (FAO 37 GSA17), Mauritania and Morocco (FAO 37) as well as European anchovy caught with purse seines from the Black Sea (FAO 37.4.2 GSA 29)	Trawled European anchovy in general
Sardiini	Sardin	<i>Sardina pilchardus</i>	Sardines caught in Morocco and Mauritania (FAO 34 (Morocco and Mauritania); sardines caught with purse seines in the Bay of Biscay (ICES VIIIa, VIIIb, VIIIc); MSC-labelled sardines	Sardine caught in the Atlantic and the Mediterranean Sea in general (N.B. trawled sardine from the Mediterranean Sea may not be purchased)	Trawled sardines from the Adriatic Sea (FAO 37, GSA 17); sardines caught in the Mediterranean Sea in Southern Sicily (FAO 37, GSA 16)
Sardiini	Sardine, European pilchard	<i>Sardina pilchardus</i>	MSC-labelled sardine as well as sardine caught in Morocco and Mauritania (¹ FAO 34 (Morocco and Mauritania))	Sardine caught in the Atlantic and the Mediterranean Sea in general	Trawled sardine from the Adriatic Sea (FAO 37, GSA 17)



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Siika/Sillisiika	Whitefish	<i>Coregonus lavaretus</i> (siika) <i>Coregonus clupeaformis</i> (sillisiika)	European whitefish caught in Finland's inland waters or farmed in Finland; <i>Coregonus clupeaformis</i> caught with gillnets from Lake Huron	European whitefish caught in Finland's territorial sea	
Silakka ja silli	Baltic herring and Atlantic herring	<i>Clupea harengus membras</i> , <i>C. harengus</i>	MSC-labelled fish; Baltic herring caught in the Gulf of Bothnia; Baltic herring caught with fyke nets in the Baltic proper and the Gulf of Finland; Atlantic herring caught in the Northeast Atlantic in general	Trawled Baltic herring caught in the Baltic Sea proper, and Atlantic herring caught in Ireland, Scotland, the Celtic Sea and the English Channel (FAO 27; ICES VIa, VIb & VIc; ICES VIIa South of 52°30'N; ICES VIIg; ICES VIIh; ICES VIIj; ICES VIIk)	Spring spawner herring caught in the Southern Baltic Sea, Kattegat or Skagerrak (FAO 27, ICES 22, ICES 23, ICES 24, ICES IIIa)
Simpukat: Kampasimpukat	Scallops	<i>Placopecten magellanicus</i>	MSC-labelled		
		<i>Pectinidae</i>	MSC and ASC-labelled as well as hand collected scallops from Norway, Ireland, Great Britain and France		Scallops caught in the Mediterranean Sea as well as scallops caught with dredges and bottom trawls



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<p>Simpukat: Sydänsimpukka, Partaveitsisimpukka jne.</p>	<p>Razor clam, American jack knife clam, Common Cockle</p>	<p><i>Cerastoderma edule</i>, <i>Paphia undulata</i>, <i>Meretrix spp</i>, <i>Venerupis pullastra</i>, <i>Veneridae</i>, <i>Venerupis spp</i></p>	<p>MSC-labelled razor clam, hand collected common cockle (<i>Cerastoderma edule</i>) from the North Atlantic, and common cockle farmed in Italy</p>	<p>Venus clams (<i>Veneridae</i>) farmed in China <i>Paphia undulata</i> hand collected in Vietnam (Western Central Pacific) Hand collected Italian and Mediterranean <i>Venerupis spp</i></p>	<p>Caught with dredges</p>
<p>Simpukat: Sinisimpukka, Välimerensimpukka</p>	<p>Blue mussel, Chilean Blue Mussel, Välimeri mussel, Asian green mussel</p>	<p><i>Mytilus edulis</i></p>	<p>MSC, KRAV and ASC-labelled mussels, farmed and hand collected mussels from Norway</p>		<p>Mussels caught with dredges or trawls, regardless of the area</p>
		<p><i>Mytilus chilensis</i></p>	<p>MSC, KRAV and ASC-labelled mussels, farmed in Chile</p>		<p>Mussels captured with dredges or trawls, regardless of the area</p>
		<p><i>Mytilus galloprovincialis</i></p>	<p>MSC, KRAV and ASC-labelled mussels, farmed and hand collected mussels from Norway</p>		<p>Mussels captured with dredges or trawls, regardless of the area</p>



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		<i>Ruditapes philippinarum</i>	MSC, KRAV and ASC-labelled mussels, farmed and hand collected mussels from Norway		Mussels caught with dredges or trawls, regardless of the area
		<i>Common cockle</i>	MSC, KRAV and ASC-labelled mussels, farmed and hand collected mussels from Norway		Mussels caught with dredges or trawls, regardless of the area
		<i>Perna Viridis</i>	MSC, KRAV and ASC-labelled mussels, farmed and hand collected mussels from Norway		Mussels caught with dredges or trawls, regardless of the area
		<i>Perna canaliculus</i>	MSC, KRAV and ASC-labelled mussels and hand collected from New Zealand		Mussels caught with dredges or trawls, regardless of the area
Suutari	Tench	<i>Tinca tinca</i>	Finnish Tinca tinca		



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Särki	Roach	<i>Rutilus rutilus</i>	<i>Cyprinidae</i> caught in Finnish coastal and inland waters, bream caught in Sweden's Vänern and Mälaren lakes, and bream and roach caught in Estonia's Lakes Peipsi and Võrtsjärv.		
Taimen	Brown trout	<i>Salmo trutta</i>	ASC-labelled brown trout	Farmed brown trout	Brown trout caught in Finland's inland waters and the Baltic Sea
Taskurapu (isotaskurapu)	Crab (edible crab)	<i>Cancer pagurus</i>	MSC-labelled crab as well as crab caught with pots in the UK (FAO27, ICES VIIe (Western English Channel-UK EEZ) and the west coast of Sweden FAO27, ICES IIIa (Sweden's territorial waters)	Crabs caught with pots	Crab caught with bottom trawls or trawls



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Tilapia	Tilapia	<i>Oreochromis spp</i>	ASC-labelled tilapia, tilapia labelled as organic and tilapia from Europe farmed in a recirculated water system		Non-certified tilapia farmed in ponds and net cages
Tonnikalat: Isosilmätonnikala	Bigeye tuna	<i>Thunnus obesus</i>	MSC-labelled bigeye tuna; bigeye tuna caught with jigs in the Western Pacific (FAO 61,71,77,81)	Bigeye tuna caught with jigs in the Atlantic (FAO 21, 27, 31,34,41,47) or the Indian Ocean (FAO 51,57)	Bigeye tuna caught with purse seines (FAD and non-FAD) and longlines, regardless of the area
Tonnikalat: Keltaevätonnikala	Tuna: Yellowfin tuna	<i>Thunnus albacares</i>	MSC-labelled yellowfin tuna; yellowfin tuna caught with handlines and jigs in the Pacific (FAO 61, 71, 77, 81 (WCPFC))	Yellowfin tuna caught with jigs in the Atlantic or the Indian Ocean as well as yellowfin tuna caught with size-selective purse seines (non-FAD) in the Pacific (FAO 61, 71, 77, 81 (WCPFC))	Yellowfin tuna caught with longlines, gillnets and FAD purse seines, regardless of the area. Yellowfin tuna caught with non-FAD purse seines in the Atlantic (FAO 21, 27, 31,34,41,47), Indian Oceans (FAO 51,57) and Eastern Pacific Oceans (FAO 77,81,87)



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Tonnikalat: Pitkäpyrstötonnikala	Tuna: Longtail tuna, tongol tuna	<i>Thunnus Tonggol</i>	Longtail tuna caught with handlines and jigs in the Gulf of Thailand ¹ ¹ FAO 71 (Gulf of Thailand)	Longtail tuna caught with handlines and jigs in the Andaman Sea (FAO 57 (Andaman Sea, Thailand))	Longtail tuna caught with purse seines (FAD and non-FAD) and gillnets, regardless of the area
Tonnikalat: Sinievätonnikala	Bluefin tuna	<i>Thunnus thynnus</i>			All bluefin tuna, regardless of the area or capture method



Updated in June 2022

<p>Tonnikalat: Skipjack, boniitti</p>	<p>Tuna: Skipjack, Bonito</p>	<p><i>Katsuwonus pelamis</i></p>	<p>MSC-labelled bonito; bonito caught with jigs in the Western Pacific (FAO 61, 71, 77, 81 (WCPFC)), Indonesia (FAO 57 (Indonesian EEZ)) and the Western Atlantic (FAO 21, 31, 41 (WAO))</p>	<p>Bonito caught with jigs in the Indian Ocean (FAO 51, 57 (Indian Ocean)) and the Eastern Atlantic (FAO 27, 34, 47 (EAO)); bonito caught with purse seines in the Western Pacific (FAO 61, 71, 77, 81 (WCPFC))</p>	<p>Bonito caught with purse seines in the Indian Ocean (FAO 51, 57 (Indian Ocean)) and the Atlantic (FAO 21, 31, 41 (WAO); FAO 27, 34, 47 (EAO)); all bonito caught in the Eastern Atlantic (FAO 77, 81, 87 (EPO)); bonito caught with gillnets and longlines</p>
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Updated in June 2022

<p>Tonnikalat: Valkotonnikala, Albacore</p>	<p>Tuna: Albacore</p>	<p><i>Thunnus alalunga</i></p>	<p>MSC-labelled albacore; albacore caught by trolling; albacore caught with handlines and jigs in the Atlantic (FAO 21, 27, 31, 34 (North Atlantic albacore stock)), South Africa (41, 47 (South Africa EEZ)) and the South Pacific (FAO 71, 77, 81, 87 (South Pacific albacore stock)); trawled albacore from the Atlantic (FAO 27 / ICES VII and VIII)</p>	<p>Albacore caught with handlines and jigs in the north Pacific(FAO 61, 67, 71, 77 (North Pacific albacore stock) or the Indian Ocean (FAO 51 and 57)</p>	<p>Albacore caught with purse seines and longlines as well as all albacore caught in the Mediterranean Sea</p>
<p>Turska</p>	<p>Cod (also Gray cod, Grey cod, Grayfish, Greyfish)</p>	<p><i>Gadus Morhua</i></p>	<p>MSC and KRAV-labelled cod</p>	<p>Cod caught in the Norwegian Sea and the Barents Sea; cod caught with jigs in the Faroes Islands (ICES Vb1)</p>	<p>Cod generally caught in the Baltic Sea (ICES 22-24; western cod of the Baltic Sea & ICES 25-32; eastern cod of the Baltic Sea) and cod caught in the North Atlantic (FAO 27&21)</p>
<p>Tyynenmerenturska</p>	<p>Pacific cod</p>	<p><i>Gadus macrocephalus</i></p>	<p>MSC and KRAV-labelled cod</p>	<p>Cod caught with trawls in the Barents Sea</p>	<p>Cod caught in the north-western parts of the Pacific (FAO 67)</p>



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	Clam (Atlantic Razor)	<i>Ensis directus, Ensis spp.</i>	MSC-labelled		
	Mactromeris polynyma	Mactromeris polynyma	MSC-labelled		
	Yesso Scallops	<i>Patinopecten yessoensis</i>	MSC and ASC-labelled		Caught by dredging or with a trawl, regardless of the area
	Undulated Surf Clam, Undulate Venus	<i>Cerastoderma edule</i>	MSC-labelled Hand collected in the North West Atlantic		Regardless of the area or method of collection, regardless of the production system or country (aquaculture)
		<i>Paphia undulata</i>	MSC-labelled	Hand collected in the Western Central Pacific	Regardless of the area or method of collection, regardless of the production system or country (aquaculture)
		<i>Meretrix spp</i>	MSC-labelled		Regardless of the area or method of collection, regardless of the production system or country (aquaculture)



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	<i>Venerupis pullastra</i>	MSC-labelled Farmed in Italy		Regardless of the area or method of collection, regardless of the production system or country (aquaculture)
	<i>Veneridae</i>	MSC-labelled		Regardless of the area or method of collection, regardless of the production system or country (aquaculture)
	<i>Venerupis spp</i>	MSC-labelled		Regardless of the area or method of collection, regardless of the production system or country (aquaculture)