



Nutrition Guide

updated 7/31/2018

SEASONAL

Fall 2019		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cinnamon Pull Apart	Includes: 2 pieces	640	210	23	8	0.5	20	670	100	3	51	9
Fruitful Hotcakes	Includes: 4 hotcakes, strawberries, bananas, powdered sugar, syrup	1190	170	19	6	0	0	1840	240	7	49	18
Pumpkin Bread	Two Slices	370	120	13	2	0	35	490	59	2	29	5
	Whole Loaf	1840	590	67	11	0.5	170	2470	293	11	146	27
Pumpkin Supreme Pie	Slice	620	340	38	21	1	80	420	62	2	40	7
	Whole Pie	3710	2050	228	124	6	470	2530	371	12	240	43
Pumpkin Pie	Slice	510	220	24	10	0	65	450	73	2	51	7
	Whole Pie	3080	1310	146	62	1.5	395	2690	328	13	307	43
Premium Farmhouse Feast For Eight to Ten - <i>Individual Serving</i>	Individual Serving Includes: Bread & Celery Dressing, Mashed Potatoes and Chicken Gravy, Cranberry Orange Relish, Mac & Cheese, Green Beans With Ham, Buttered Corn, Dinner Rolls, Double Crust Apple Pie, Pumpkin Bread, Whipped Cream, Ham, Turkey	2390	950	106	39	1.5	315	8000	266	16	101	105
Farmhouse Feast, Ham For Four- <i>Individual Serving</i>	Individual Serving Includes: Bread & Celery Dressing, Mashed Potatoes and Chicken Gravy, Green Beans With Ham, Buttered Corn, Dinner Rolls, Pumpkin Pie, Whipped Cream, Ham	2120	920	102	41	1.5	300	8260	237	14	97	85
Farmhouse Feast, Ham For Eight- <i>Individual Serving</i>	Individual Serving Includes: Bread & Celery Dressing, Mashed Potatoes and Chicken Gravy, Green Beans With Ham, Buttered Corn, Dinner Rolls, Pumpkin Pie, Whipped Cream, Ham	1900	780	86	33	1.5	265	7810	215	14	77	82
Farmhouse Feast, Turkey For Four- <i>Individual Serving</i>	Individual Serving Includes: Bread & Celery Dressing, Mashed Potatoes and Chicken Gravy, Green Beans With Ham, Buttered Corn, Cranberry Relish, Dinner Rolls, Pumpkin Pie, Whipped Cream, Turkey	2390	960	107	41	1.5	315	5560	301	16	154	75
Farmhouse Feast, Turkey For Eight- <i>Individual Serving</i>	Individual Serving Includes: Bread & Celery Dressing, Mashed Potatoes and Chicken Gravy, Green Beans With Ham, Buttered Corn, Cranberry Relish, Dinner Rolls, Pumpkin Pie, Whipped Cream, Turkey	2060	830	92	33	1.5	285	5220	246	14	103	75