

Nutrition Guide

Miscellaneous														
Seasonal				Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Triple Berry Pie	Slice	Includes: Whipped Topping		610	230	26	12	0	0	400	67	4	34	4
	Whole Pie			3540	1510	168	62	<0.5	0	1720	478	23	240	36
Pumpkin Pie	Slice	Includes: Whipped Topping		510	220	24	10	0	65	450	73	2	51	7
	Whole Pie			3000	1310	146	61	<0.5	395	2690	438	13	307	43
Pecan Pie	Slice	Includes: Whipped Topping		670	240	26	11	0	125	470	102	4	40	8
	Whole Pie			3900	1390	150	61	<0.5	745	2790	603	23	232	45
Pumpkin Bread	Slices (2)			310	100	11	2	0	30	410	49	2	24	4
	Whole Loaf			1840	590	67	11	0	170	2470	293	11	146	27
Made to Share				Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cinnabiscuits	Includes: Cinna-biscuits, Icing			700	200	21	13	0	<5	1450	124	2	74	8
Blue Ribbon Bacon	Bacon, tossed in sauce. Extra dipping sauce not included			390	210	23	8	0	65	1110	24	<1	18	22
Bakery/Dessert				Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Holy Cow Chocolate Cake	Includes: Chocolate Cow, Chocolate Cake, Whipped Topping, Chocolate Sauce, Powdered Sugar			610	250	29	14	0	50	610	86	<1	67	8
Ice Cream Sundae	Includes: Vanilla Ice Cream, Chocolate and Caramel Sauces, Whipped Topping, Pecans			390	200	20	11	0	55	170	50	<1	40	5
Kid Sundae	Includes: Vanilla Ice Cream, Chocolate Sauce, Whopped Topping			170	80	9	6	0	25	55	22	0	19	2
A La Mode (Addition to Slice of Pie)	One Scoop Vanilla Ice Cream			120	70	7	4.5	0	30	50	14	0	12	2
Chocolate Peanut Butter Pie Topped With Reese's	Slice			640	380	42	24	0	25	400	69	4	53	8
	Whole Pie			4010	2260	252	123	2	270	2510	411	16	320	40
Double-Crust Apple Pie	Slice	Includes: Caramel Drizzle		600	250	28	12	0	0	250	82	3	45	4
	Whole Pie			3200	1500	168	72	0	0	1500	492	18	270	24
Banana Nut Bread	Two Slices (No Margarine)			260	80	8	1.5	0	0	350	30	2	24	4
	Loaf			1610	470	52	9	0	0	2190	185	11	152	23
Chocolate Chunk Cookie	One Cookie			520	230	26	13	0	35	370	68	3	41	6
Cinnabiscuits	Includes: Cinna-biscuits, Icing			700	200	21	13	0	<5	1450	124	2	74	8
Biscuits	Includes: Two Biscuits, Margarine			520	290	31	16	0	10	1530	53	1	3	7
Dinner Rolls	Includes: Two Dinner Rolls, Margarine			380	150	17	5	0	10	610	50	3	3	8
Farmhouse Sides				Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
French Fries				330	130	14	2.5	0	0	480	47	4	0	0
Shredded Hash Browns				220	110	12	2	0	0	160	28	3	1	2
Golden Brown Homefries				250	150	17	2.5	0	0	690	24	1	2	3
Load 'Em Up: (French Fries, Shredded Hash Browns, Golden Brown Home Fries Only)	Bacon			90	65	7	2	0	18	373	<1	0	0	6
	Cheddar Cheese			110	85	10	5	0	29	182	<1	0	<1	7
	Sour Cream			30	30	3	2	0	9	8	<1	0	<1	<1
Bob Evans Signature Coleslaw				200	130	14	2	0	10	250	19	2	17	<1

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Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7	
Broccoli	110	90	10	3	0	10	110	5	0	0	3	
Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1	
Corn	170	90	10	30	0	10	90	20	2	2	3	
Green Beans with Ham	30	15	1.5	0	0	<5	460	4	2	0	2	
Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11	
Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3	
Farmhouse Garden Side Salad (No Dressing)	110	40	4.5	2	0	10	180	13	5	3	6	
Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15	
Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19	
Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13	
Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17	
Turkey Sausage Links (2)	140	60	7	2	0	60	810	2	<1	0	18	
Fresh-Cut Fruit	90	0	0	0	0	0	15	22	2	19	1	
Sausage Gravy and Biscuits (Cup)	660	340	38	22	0	20	2260	67	1	5	15	
Sausage Gravy and Biscuits (Bowl)	770	410	46	26.5	0	30	2670	74	1	6	19	

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary