

Nutrition Guide														
Lunch & Dinner														
Farm-Fresh Salads				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Summer Berry Salad		Includes: Fresh Greens, Grilled Chicken, Strawberries, Blueberries, Pecans, Blue Cheese and Lite Balsamic Dressing		460	180	20	4.5	0	95	1160	38	5	28	33
Chicken Salad Fruit Plate		Includes: Chicken Salad, Fresh Greens, Pecans, Strawberries, Blueberries, Bananas and Apple Slices		510	300	33	5	0.5	50	710	41	6	20	15
Bob Evans' Wildfire Chicken Salad		Includes: Fresh Greens, Crispy Fried Onions, Corn, Tomatoes, Cheddar Cheese & Bob Evans Wildfire Sauce												
		Choice of Style of Chicken:	Grilled Chicken	380	120	13	6	0	105	1040	31	3	10	37
			Fried Chicken Tenders (2)	550	200	22	8	0	120	1080	46	3	10	46
		Dressing:	Wildfire Ranch	160	110	12	2	0	10	410	12	0	8	<1
Cranberry Pecan Chicken Salad		Includes: Fresh Greens, Grilled Chicken, Bacon, Dried Cranberries, Blue Cheese & Pecans		610	300	34	11	0	130	1520	35	4	24	46
		Dressing:	Colonial Dressing	290	220	24	3.5	0	0	310	19	0	18	0
Farmhouse Garden Side Salad		Without Dressing		100	50	6	3	0	15	180	7	1	1	5
Salad Dressings				Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Lite Balsamic		Pick-Two Combo		40	10	1.5	0	0	0	160	8	0	8	0
		Entrée		80	25	2.5	0	0	0	320	16	0	15	0
Blue Cheese		Pick-Two Combo		180	170	190	3.5	0	15	310	1	0	<1	1
		Entrée		360	340	379	7	0	25	630	2	<1	1	3
Buttermilk Ranch		Pick-Two Combo		140	140	15	2.5	0	15	340	1	0	<1	<1
		Entrée		280	270	30	5	0	30	690	2	0	1	1
Colonial		Pick-Two Combo		140	110	12	2	0	0	160	9	0	9	0
		Entrée		290	220	24	3.5	0	0	310	19	0	18	0
French		Pick-Two Combo		140	110	12	2	0	0	200	7	0	6	0
		Entrée		270	220	25	4	0	0	390	13	0	12	0
Wildfire Ranch		Pick-Two Combo		80	60	6	1	0	5	200	6	0	4	0
		Entrée		160	110	12	2	0	10	410	12	0	8	<1
Honey Mustard		Pick-Two Combo		140	120	13	2	0	15	180	7	0	7	0
		Entrée		290	230	26	4	0	30	370	14	0	14	<1
Big Farm Burgers				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Rise & Shine Burger		Includes: Over-Hard Egg, Bacon, Brioche Bun, Hash Browns, Angus Beef Patty, Pepper Maple Honey, American Cheese		1220	640	72	23	2	345	1440	84	3	32	58
		Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
Bacon Cheeseburger		Includes: Angus Beef Patty, Hardwood Smoked Bacon, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun		790	420	47	19	2	165	1520	37	3	8	52
		Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0

Nutrition Guide														
Lunch & Dinner														
Double Stacked Cheeseburger	Includes: Two Angus Beef Patty, American Cheese, Deli Pickles, Carmelized Onions, , Brioche Bun, Double Dippin Sauce			1330	1000	84	35	3.5	185	1930	41	4	14	37
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Cheeseburger	Includes: Angus Beef Patty, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun			630	310	35	13	1.5	125	750	36	3	8	42
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Hand-Crafted Sandwiches				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chicken Salad Sandwich	Includes: Chicken Salad, Lettuce, Tomato, Onion, Multigrain Bread			630	280	31	5	0.5	50	1270	69	4	17	21
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Fish Fry Sandwich	Includes: Two Alaskan Cod Fillets, Dill Tartar Sauce, Cabbage, Brioche Bun, Lemon Wedge			480	200	23	4.5	0	80	1390	38	2	2	30
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Double Cheese Pot Roast Dip	Includes: Pot Roast, Onions, American Cheese, Provolone Cheese, Sourdough Bread, Beef Gravy			1020	570	63	27	3.5	160	2290	52	5	10	56
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
All American BLT	Includes: Brioche Bread, Bacon, Lettuce, Tomato, Mayo			630	310	35	9	0	55	1610	53	3	10	26
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Legendary Turkey Sandwich	Includes: Turkey, Bacon, Provolone Cheese, Onions, Tomatoes, Leaf Lettuce, Mayo and Pickles			700	220	28	9	0	95	1740	61	11	13	50
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Double Dippin Fried Chicken	Includes: Fried Chicken Breast, Deli Pickles, Lettuce, Brioche Bun, Double Dippin Sauce			750	440	19	8	2	135	1580	40	2	9	40
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Slow-Simmered Soups				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Hearty Vegetable Soup	Cup	Includes: Cup of Soup, 2 Saltine Cracker		110	25	2.5	1	0	10	630	17	2	4	5
	Bowl	Includes: Bowl of Soup, 4 Saltine Crackers		220	45	5	2	0	25	1250	35	4	7	11
Chicken-N-Noodles	Cup	Includes: Cup of Soup, 2 Saltine Cracker		120	50	5	1	0	30	560	13	<1	<1	7
	Bowl	Includes: Bowl of Soup, 4 Saltine Crackers		240	100	11	2	2	35	990	26	2	2	10
Cheddar Baked Potato	Cup	Includes: Cup of Soup, Green Onions & 2 Saltine Crackers		210	110	12	6	0	35	900	16	<1	2	9
	Bowl	Includes: Bowl of Soup, Green Onions & 4 Saltine Crackers		390	190	21	11	0	60	1640	32	2	4	16

Nutrition Guide														
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Pick-A-Pair Combos				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
1/2 Summer Berry Salad		Includes: Fresh Greens, Grilled Chicken, Strawberries, Blueberries, Pecans, Blue Cheese and Lite Balsamic Dressing		260	120	13	4	0	45	650	19	3	14	18
1/2 Wildfire Chicken Salad (No Dressing)		Choice of Style of Chicken:	Grilled Chicken	200	70	7	3	0	55	540	16	1	5	19
			Fried Chicken	350	120	13	4	0	70	740	32	1	8	26
		Wildfire Ranch Dressing		80	60	6	1	0	5	200	6	0	4	0
1/2 Cranberry Pecan Chicken Salad (No Dressing)		With Grilled Chicken		310	150	17	6	0	65	780	18	2	12	23
		Colonial Dressing		140	110	2	0	0	160	9	0	9	0	0
Farmhouse Garden Side Salad		Without Dressing		100	50	6	3	0	15	180	7	1	1	5
1/2 Chicken Salad Sandwich				420	210	24	3.5	0	40	920	40	3	10	15
1/2 Double Cheese Pot Roast Dip (With Gravy)				670	360	40	15	3	80	1550	45	3	6	31
1/2 All American BLT				310	160	17	4.5	0	30	810	26	1	5	13
1/2 Legendary Turkey Sandwich				400	150	18	7	0	55	1080	31	6	7	29
Hearty Vegetable Soup (includes 2 Saltine Crackers) Cup				110	25	2.5	1	0	10	630	17	2	4	5
Chicken-N-Noodles (includes 2 Saltine Crackers)				120	50	5	1	0	30	560	13	<1	<1	7
Cheddar Baked Potato (includes 2 Saltine Crackers)				210	110	12	6	0	35	900	16	<1	2	9
Farmhouse Kitchen Chicken				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Hand-Breaded Chicken Tenders		Includes: Five Fried Chicken Strips		450	150	17	3.5	0	135	810	22	0	0	52
		Choice of Sauce:	Bob Evans Wildfire	50	0	0	0	0	0	220	13	0	5	0
			Buffalo Wing Sauce	30	25	2.5	0	0	0	1170	2	<1	<1	0
			Honey Mustard	140	120	13	2	0	15	180	7	0	7	0
			Ranch	140	140	15	2.5	0	15	340	1	0	<1	<1
			Double Dippin Sauce	210	200	1	3.5	0	15	270	1	0	<1	0
			Black Pepper Maple Honey	110	0	0	0	0	0	15	27	0	24	0
Hand-Breaded Fried Chicken Breasts		Includes: Two Fried Chicken Breasts		520	200	22	5	0	225	1310	12	0	3	68
Lemon Garlic Grilled Chicken		Includes: Two Grilled Chicken Breasts, Garlic Butter & Grilled Lemon Half		430	220	22	9	0	140	1120	6	<1	<1	49
Honey Butter Chicken & Biscuit Dinner		Includes: Two Fried Chicken Breasts, Biscuit, Honey, Whipped Butter Blend		870	300	38	13	0.5	230	2070	62	<1	28	72
Grilled to Perfection Chicken		Includes: Two Grilled Chicken Breasts		270	40	4.5	1.5	0	155	1020	1	0	0	55

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Sizzling Steak and Seafood		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Fish Fry Platter	Includes: 3 Alaskan Cod Fillet, Onio Rings, Dill Tartar Sauce, Lemon Wedge	440	170	19	3.5	0	80	1350	38	2	2	30	
Steak Tip Dinner	Includes: USDA Choice Beef Steak Tips, Grilled Onions, Mushrooms, Green Onions	310	230	54	19	0	40	570	5	1	2	16	
Chopped Steak with Mushrooms and Onions	Includes: Beef Patty, Mashed Potatoes with Chicken Gravy, Broccoli, Mushrooms, Caramelized Onions and Green Onions	610	390	44	12	1.5	125	830	17	3	6	35	
New Dinner Combos		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Lemon Garlic Chicken and Steak Tips Combo	Grilled Chicken, garlic Butter, grilled Lemon, Beef Steak Tips, Sauteed Mushrooms, Caramelized Onions, Green Onions, Loaded Mashed Potatoes and Broccoli	1040	600	102	40	0	185	2270	35	4	8	61	
Southern Country Combo	Includes: Honey Butter Chicken, Biscuit, Country Fried Steak and Gravy, Loaded mashed Potatoes and Broccoli	1510	660	90	35	1	225	3500	105	6	12	68	
Taste of the Farm Trio	Includes: Slow Roasted Turkey, Gravy, Dressing, Cranberry Relish, Ham Steak, Pot Roast, Caramelized Onions, Mashed Potatoes, Beef Gravy and Green Onions	1670	610	72	21	1.5	175	6910	172	10	36	85	
Comfort Food Classics with: Choice of Bread. <i>Not Included In the Nutrition Calculations Below</i>		Served	Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Fork-Tender Pot Roast	Includes: Slow Roasted Pot Roast, Carrots, Caramelized Onions, Mashed Potatoes, Beef Gravy and Green Onions		740	320	42	14	1	100	2220	61	10	24	32
Chicken-N-Noodles Deep-Dish	Includes: Chicken and Noodles, Mashed Potatoes, Biscuit, Gravy		480	220	25	11	1.5	30	2100	53	3	4	11
Slow Roasted Turkey & Dressing	Includes: Slow Roasted Turkey, Bread & Celery Dressing, Gravy, Mashed Potatoes, Carrots, Cranberry Relish		820	170	41	12	0.5	90	3220	81	6	23	34
Country-Fried Steak Platter	Includes: 2 Country Fried Steaks, Green Beans and Mashed Potatoes and Country Gravy		1300	690	76	25	1.5	120	3600	110	11	3	46

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3-Course Any Entrée			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
	Pick One:	Cheddar Baked Potato (includes 2 Crackers)	210	110	12	6	0	35	900	16	<1	2	9
		Chicken-N-Noodles (includes 2 Crackers)	120	50	5	1	0	30	560	13	<1	<1	7
		vegetable Soup (Includes @ Crackers)	110	25	2.5	1	0	10	630	17	2	4	5
		Farmhouse Garden Side Salad (No Dressing)	100	50	6	3	0	15	180	7	1	1	5
	Pick One:	Sundae	400	210	22	11	0	55	170	50	<1	40	5
		Double-Crust Apple Pie	580	250	28	12	0	0	250	80	3	45	4
		Double Crust Apple Pie A La Mode	700	310	34	15	0	20	290	92	3	56	6
		Holy Cow Chocolate Cake	610	250	29	14	0	50	610	86	<1	67	8
		Chocolate Chip Cookie Dough Pie	810	430	38	19	0	120	65	113	3	76	10
		Chocolate Chunk Cookie	520	220	24	12	0	20	380	72	4	36	4
		Peanut Butter Pie, Slice	670	380	43	24	0	0	520	67	5	49	10
		Strawberry Supreme Pie	550	330	36	21	1	70	320	51	2	30	5
Farmhouse Sides			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Shredded Hash Browns			200	100	12	2	0	0	110	22	2	<1	2
Home Fries			180	90	10	2.5	0	0	15	21	2	2	2
Bob Evans Signature Coleslaw			170	110	12	2	0	10	210	16	1	14	<1
Bread & Celery Dressing			410	110	22	5	0	20	1570	46	3	4	7
Broccoli (Buttered)			110	90	10	3	0	10	110	5	0	0	3
Carrots			90	40	4.5	1.5	0	5	115	13	3	10	<1
Corn (Buttered)			170	90	10	30	0	10	90	20	2	2	3
Green Beans with Ham			30	15	1.5	0	0	<5	460	4	2	0	2
Macaroni & Cheese			260	90	10	5	0	25	940	31	1	5	9
Mashed Potatoes & Chicken Gravy			160	80	9	3.5	0	15	920	18	1	1	3
Fresh-Cut Fruit (Apples, Blueberries, Bananas)			80	0	0	0	0	0	0	20	3	12	1
Premium Sides			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cheesy Potato Bake			410	120	14	8	0	40	460	60	4	3	13
Onion Rings (5)			560	270	30	5	0	0	1080	63	4	7	8
Loaded French Fries	French Fries, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream		510	410	47	25	0	125	630	7	<1	6	16
Loaded Mashed Potatoes	Mashed Potatoes, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream		250	160	18	9	0	45	710	17	1	3	7

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Dinner Bell Plates		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Served with: Choice of Bread. Not Included In the Nutrition Calculations Below												
Hand-Breaded Chicken Tenders	Includes: Fried Chicken Tenders, Mashed Potatoes and Chicken Gravy, Corn	610	170	29	8	0	100	1490	54	4	4	37
Down-Home Country Fried Steak	Includes: Farmhouse Style Steak, Country Gravy, Mashed Potatoes, Green Beans	740	380	41	14	1	65	2440	67	7	2	25
Lemon Garlic Grilled Chicken	Includes: Grilled Chicken Breast, Garlic Butter, Grilled Lemon Half, Home Fries and Broccoli	510	200	31	10	0	75	700	30	3	2	40
Smaller Portion Turkey & Dressing	Includes: Slow Roasted Turkey Breast, Mashed Potatoes & Chicken Gravy, Cranberry Relish, Bread & Celery Dressing	650	150	34	10	0	60	2820	67	4	13	21
Hickory-Smoked Ham Steaks	Includes: Ham, Mashed Potatoes and Chicken Gravy, Green Beans	370	110	11	5	0	85	4150	29	3	7	39
Hand-Breaded Chicken Breast	Includes: Fried Chicken Breast, Mashed Potatoes and Chicken Gravy, Corn	600	180	30	9	0	135	1660	47	4	6	40
Freshly Baked Breads		Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Biscuits (2) with Whipped Butter Blend		510	280	31	16	1	15	1520	53	1	3	7
Banana Nut Bread		260	80	8	1.5	0	0	350	30	2	24	4
Dinner Rolls (2) (After 11 AM) with Whipped Butter Blend		370	150	17	5	0	25	470	50	2	8	7

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary