Nutrition Guide

All Day Breakfast

The Farmer's Choice Breakfast			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
The Farmer's Choice- Double Meat Farmer	Choice of Farm Fresh Eggs:	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of 2 Breakfast Meats:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
	*Plus, Choice of Griddle Item:	Brioche French Toast (served w/ butter & syrup)	840	220	25	8	0.5	220	840	136	3	24	19
		Hotcakes (served w/ butter & syrup)	940	220	24	8	0	15	1480	170	3	29	13
The Farmer's Choice- Original	Choice of Farm Fresh Eggs:	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	*Plus, Choice of Griddle Item:	Brioche French Toast (served w/ butter & syrup)	840	220	25	8	0.5	220	840	136	3	24	19
		Hotcakes (served w/ butter & syrup)	940	220	24	8	0	15	1480	170	3	29	13

Hearty Farm Breakfast			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Whole Hog	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Includes Breakfast Meat:	Bob Evans Sausage Links (2)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
	Plus Griddle Items	French Toast (1) (with butter and syrup)	570	160	18	6	0	115	500	93	1	11	10
		Pancake (1)	220	40	4.5	1.5	0	0	450	39	1	10	4

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Homestead Breakfast	Includes: Sausage Gravy		225	140	16	9	0	20	816	14	0	2	8
	*Plus, Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	Plus Bread	Biscuits (2)	440	200	22	13	0	0	1440	53	1	3	7
Rise & Shine	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Sirloin Steak & Farm-Fresh Eggs	Includes: Sirloin Steak		390	185	20	9	0	102	850	3	0	0	44
	*Plus, Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Country-Fried Steak & Farm-Fresh Eggs	Includes: Country Fried Steak, Country Gravy		540	300	33	10	0	55	929	38	4	<1	20
	*Plus, Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Banana Berry	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17

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		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	Plus Griddle Item	Blueberry Pancakes (3) (with butter and syrup)	1010	220	25	8	0	15	1480	188	6	40	13

Breakfast Sides	Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
Hash Browns	220	110	12	2	0	0	160	28	3	1	2
Home Fries	250	150	17	2.5	0	0	690	24	2	2	3
Fresh Cut Fruit	90	0	0	0	0	0	15	22	2	19	1

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All Day Breakfast												
From The Griddle			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Brioche French Toast	Includes: 2 Slices Brioche French Toast, Butter, Syrup, Powdered Sugar		840	220	25	8	0.5	220	840	136	3	24	19
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Buttermilk Hotcakes	Includes: 4 Buttermilk Hotcakes, Butter, Syrup		1150	250	28	9	0.5	10	1910	209	4	39	17
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18

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All Day Breakfast													
Cinnamon Supreme Hotcakes	Includes: 4 Cinnamon Chip Hotcakes, Cream Cheese Icing, Whipped Topping, Powdered Sugar		1070	240	26	12	0.5	<5	1810	190	5	72	17
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Double Blueberry Hotcakes	Includes: 4 Blueberry Hotcakes, Blueberry Topping, Whipped Topping, Powdered Sugar		1090	210	23	10	0	0	1900	203	6	78	17
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Double Chocolate Hotcakes	Includes: 4 Chocolate Chip Hotcakes, Chocolate Chips, Chocolate Sauce, Whipped Topping,		1120	240	27	13	0	0	1820	199	6	74	18
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Breakfast Meat			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob Evans Sausage Links (3)			190	140	16	6	0	25	310	0	0	0	9
Bob Evans Sausage Patties (2)			320	230	26	10	0	90	630	2	1	0	19
Hardwood-Smoked Bacon			190	130	14	4.5	0	40	670	<1	0	0	13
Hickory-Smoked Ham			100	25	2.5	1	0	35	1440	2	0	2	17
Turkey Sausage Links			140	60	7	2	0	60	810	2	<1	0	18
Breakfast Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Grits (with butter)			240	180	21	7	0	25	280	13	<1	0	2
Hash Browns			220	110	12	2	1.5	0	160	28	3	1	2
Home Fries			250	150	17	2.5	0.5	0	690	24	2	2	3
Farm Values			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Brioche French Toast	Includes: 2 Slices Brioche French Toast, Butter, Syrup, Powdered Sugar		830	220	25	8	0.5	220	840	134	3	22	19
Buttermilk Hotcakes	Includes: 4 Buttermilk Hotcakes, Butter, Syrup		1150	250	28	9	0.5	10	1910	209	4	39	17
Classic Breakfast	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Griddle Item:	Brioche French Toast (served w/ butter & syrup)	830	220	25	8	0.5	220	840	134	3	22	17
		Hotcakes (served w/ butter & syrup)	1150	250	28	9	0.5	10	1910	209	4	39	19

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Country Biscuit Breakfast	Includes: Buttermilk Biscuit, Bob Evans Sausage, Country Gravy, Cheddar Cheese		520	320	36	17	0	80	1340	29	1	2	22
	*Plus, Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Earlybird	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
Golden Cornmeal Mush	Includes: 3 Slices of Mush, Butter		440	240	27	6	0	10	690	48	5	3	3
	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Mini Sampler	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Multigrain Hotcakes	Includes: 4 Multigrain Hotcakes, Butter, Syrup		1200	270	31	10	0.5	10	1910	214	5	41	18
Sunrise	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Farmhouse Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cup of Grits	Includes: Grits and Butter		240	180	21	7	0	25	280	13	<1	0	2
Load Your Side With:	Bacon		90	65	7	2	0	18	373	<1	0	0	6
	Cheddar Cheese		110	85	10	5	0	29	182	<1	0	<1	7
	Green Onions		0	0	<1	0	0	0	<1	<1	<1	<1	<1
	Sour Cream		30	30	3	2	0	9	8	<1	0	<1	<1
Quaker Steel-Cut Oatmeal	Bowl	Includes Oatmeal, Brown Sugar, Milk	230	35	4	1	0	<5	300	41	4	12	8

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	Cup	Includes Oatmeal, Brown Sugar, Milk	150	25	2.5	1	0	<5	180	28	2	12	5
	*Plus, Choice of:	Dried Cranberries	40	0	<1	<1	0	0	<1	12	<1	9	<1
		Honey-Roasted Pecans	80	<1	<1	<1	0	0	2.81	20	<1	15	<1
Premium Breakfast Meats	Bob Evans Sausage Links (3)		190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)		320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon		190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18
Sausage Gravy	Bowl		460	290	33	19	0	40	1660	29	0	4	17
	Cup		220	140	16	9	0	20	820	14	0	2	8
Sides	Cornmeal Mush (1)		120	50	6	1	0	0	200	16	2	1	<1
	Fresh-Cut Fruit		60	0	0	0	0	0	5	14	1	12	<1
	Golden-Brown Home Fries		250	150	17	2.5	0.5	0	690	24	2	2	3
	Shredded Hashbrowns		200	110	12	2	1.5	0	160	28	3	1	2
Griddle Toppings/Inclusions			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Blueberries (hotcakes only)			30	0	0	0	0	0	0	6	1	4	0
Blueberry Topping			140	0	0	0	0	0	115	35	<1	29	0
Choc. Chips (hotcakes only)			70	35	4.5	2.5	0	0	0	9	<1	8	<1
Pecans (hotcakes only)			110	80	9	1	0	0	60	6	1	4	1

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Made-To-Order Omelets			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Three Meat Omelet	Includes: Omelet Shell, Sausage, Ham, Bacon, Onions, Tomatoes, Provolone Cheese, American Cheese, Cheddar Cheese		1210	750	94	34	0.5	740	3400	21	3	9	70
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Western Omelet	Includes: Omelet Shell, Smoked Ham, Sauteed Onions, Red & Green Bell Peppers, Cheddar		650	450	50	17	0	635	1590	11	1	5	40
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Build Your Own Omelet	Choose Your Eggs:	Farm Fresh Eggs	310	220	24	8	0	575	390	3	0	<1	20
		Egg Whites	80	0	0	0	0	0	300	1	0	1	19
	Choose Two:	American Cheese	110	80	9	5	0	30	470	1	0	<1	5
		Bacon	220	160	18	6	0	45	900	<1	0	0	15
		Baby Spinach (without oil)*	0	0	0	0	0	0	10	<1	0	0	0
		Bob Evans Sausage	140	110	12	4.5	0	40	290	<1	0	0	9
		Cheddar Cheese	90	70	8	4.5	0	25	150	0	0	0	5
		Diced Ham	70	15	1.5	1	0	25	990	2	0	2	12
		Diced Tomatoes (without oil)*	0	0	0	0	0	0	0	<1	0	<1	0
		Goat Cheese	130	90	11	7	0	30	150	0	0	0	8
		Monterey Jack	110	80	9	5	0	25	170	0	0	0	7
		Mushrooms	60	60	6	1.5	1.5	0	70	1	0	0	0
		Onions (without oil)*	10	0	0	0	0	0	0	3	0	1	0
		Provolone	70	50	6	3.5	0	15	180	0	0	0	5
		Red & Green Bell Peppers (without oil)*	5	0	0	0	0	0	0	1	<1	<1	0
		Swiss	80	50	6	4	0	20	15	1	0	0	6
		* Grill Oil - added to grilled vegetables	130	130	14	2	0	0	0	0	0	0	0
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Skillets			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Everything Breakfast	Includes: Biscuit, Hickory-Smoked Ham, Hollandaise Sauce, Sausage, Bacon, Scrambled Eggs,		1130	660	73	31	0	725	2850	63	5	6	57
Pot Roast Hash	Includes: Slow Roasted Pot Roast, Homefries, Cheddar Cheese, Green Onions		580	350	39	14	1.5	95	1280	28	4	3	30
	*Plus, Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	13
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	14
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	12
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Sunshine Skillet	Includes: Omelet Shell, Bob Evans Sausage, Country Gravy, Cheddar Cheese, Homefries		760	530	59	16	0.5	475	1410	27	3	2	30
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Breakfast Meat			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob Evans Sausage Links (3)			190	140	16	6	0	25	310	0	0	0	9
Bob Evans Sausage Patties (2)			320	230	26	10	0	90	630	2	1	0	19

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All Day Breakfast											
Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18

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All Day Breakfast

Breakfast Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Grits (with butter)			240	180	21	7	0	25	280	13	<1	0	2
Hash Browns			220	110	12	2	1.5	0	160	28	3	1	2
Home Fries			250	150	17	2.5	0.5	0	690	24	2	2	3
Farm Values			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Brioche French Toast	Includes: 2 Slices Brioche French Toast, Butter, Syrup, Powdered Sugar		830	220	25	8	0.5	220	840	134	3	22	19
Buttermilk Hotcakes	Includes: 4 Buttermilk Hotcakes, Butter, Syrup		1150	250	28	9	0.5	10	1910	209	4	39	17
Classic Breakfast	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Griddle Item:	Brioche French Toast (served w/ butter & syrup)	830	220	25	8	0.5	220	840	134	3	22	17
		Hotcakes (served w/ butter & syrup)	1150	250	28	9	0.5	10	1910	209	4	39	19
Country Biscuit Breakfast	Includes: Buttermilk Biscuit, Bob Evans Sausage, Country Gravy, Cheddar Cheese		520	320	36	17	0	80	1340	29	1	2	22
	*Plus, Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Earlybird	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
Golden Cornmeal Mush	Includes: 3 Slices of Mush, Butter		440	240	27	6	0	10	690	48	5	3	3
	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Mini Sampler	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Multigrain Hotcakes	Includes: 4 Multigrain Hotcakes, Butter, Syrup		1200	270	31	10	0.5	10	1910	214	5	41	18

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All Day Breakfast													
Sunrise	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Farmhouse Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cup of Grits	Includes: Grits and Butter		240	180	21	7	0	25	280	13	<1	0	2
Load Your Side With:	Bacon		90	65	7	2	0	18	373	<1	0	0	6
	Cheddar Cheese		110	85	10	5	0	29	182	<1	0	<1	7
	Green Onions		0	0	<1	0	0	0	<1	<1	<1	<1	<1
	Sour Cream		30	30	3	2	0	9	8	<1	0	<1	<1
Quaker Steel-Cut Oatmeal	Bowl	Includes Oatmeal, Brown Sugar, Milk	230	35	4	1	0	<5	300	41	4	12	8
	Cup	Includes Oatmeal, Brown Sugar, Milk	150	25	2.5	1	0	<5	180	28	2	12	5
	*Plus, Choice of:	Dried Cranberries	40	0	<1	<1	0	0	<1	12	<1	9	<1
		Honey-Roasted Pecans	80	<1	<1	<1	0	0	2.81	20	<1	15	<1
Premium Breakfast Meats	Bob Evans Sausage Links (3)		190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)		320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon		190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18
Sausage Gravy	Bowl		460	290	33	19	0	40	1660	29	0	4	17
	Cup		220	140	16	9	0	20	820	14	0	2	8
Sides	Cornmeal Mush (1)		120	50	6	1	0	0	200	16	2	1	<1
	Fresh-Cut Fruit		60	0	0	0	0	0	5	14	1	12	<1
	Golden-Brown Home Fries		250	150	17	2.5	0.5	0	690	24	2	2	3
	Shredded Hashbrowns		200	110	12	2	1.5	0	160	28	3	1	2
Griddle Toppings/Inclusions			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Blueberries (hotcakes only)			30	0	0	0	0	0	0	6	1	4	0
Blueberry Topping			140	0	0	0	0	0	115	35	<1	29	0
Choc. Chips (hotcakes only)			70	35	4.5	2.5	0	0	0	9	<1	8	<1
Pecans (hotcakes only)			110	80	9	1	0	0	60	6	1	4	1

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All Day Breakfast												
Breakfast Meat			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob Evans Sausage Links (3)			320	260	29	10	0	70	680	1	0	0	15
Bob Evans Sausage Patties (2)			320	230	26	10	0	90	630	2	1	0	19
Hardwood-Smoked Bacon			190	130	14	4.5	0	40	670	<1	0	0	13
Hickory-Smoked Ham			100	25	2.5	1	0	35	1440	2	0	2	17
Turkey Sausage Links			140	60	7	2	0	60	810	2	<1	0	18
Breakfast Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Grits (with butter)			240	180	21	7	0	25	280	13	<1	0	2
Hash Browns			220	110	12	2	1.5	0	160	28	3	1	2
Home Fries			250	150	17	2.5	0.5	0	690	24	2	2	3
Farm Values			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Brioche French Toast	Includes: 2 Slices Brioche French Toast, Butter, Syrup, Powdered Sugar		840	220	25	8	0.5	220	840	136	3	24	19
Buttermilk Hotcakes	Includes: 4 Buttermilk Hotcakes, Butter, Syrup		1150	250	28	9	0.5	10	1910	209	4	39	17
Classic Breakfast	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	70	680	1	0	0	15
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5

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All Day Breakfast													
Country Biscuit Breakfast	Includes: Buttermilk Biscuit, Bob Evans Sausage, Country Gravy, Cheddar Cheese		520	320	36	17	0	80	1340	29	1	2	22
	*Plus, Choice of Farm Fresh Egg (1):	Egg Whites	30	0	0	0	0	0	100	0	0	0	6
		Freshly Cracked	100	80	8	2	0	185	70	0	0	0	6
		Scrambled	80	55	6	1.5	0	210	140	0	0	0	7
	*Plus Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Mini Sampler	Includes	Biscuit (with margarine PCs)	260	140	16	8	0	0	790	26	<1	2	4
	Choice of Farm Fresh Egg (1):	Egg Whites	30	0	0	0	0	0	100	0	0	0	6
		Freshly Cracked	100	80	8	2	0	185	70	0	0	0	6
		Scrambled	80	55	6	1.5	0	210	140	0	0	0	7
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Fresh Fruit	90	0	0	0	0	0	15	22	2	19	1
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (2)	220	60	7	3.5	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon (2)	190	130	14	4.5	0	40	670	<1	0	0	13
		Turkey Sausage Link (1)	70	30	3.5	1	0	30	400	1	0	0	9
Sunrise	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Fresh Fruit	90	0	0	0	0	0	15	22	2	19	1
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
	*Plus, Choice of Bread	Biscuits (2) (with margarine)	520	280	31	15	0	0	1590	53	1	3	7
		Banana Nut Bread	320	90	10	1.5	0	0	440	37	1	30	5
Sausage Gravy and Biscuits	Comes with:	Sausage Gravy	220	140	16	9	0	20	820	14	0	2	8
		Biscuits (2)	440	200	22	13	0	0	1440	53	1	3	7
Farmhouse Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bowl of Grits	Includes: Grits and Butter		390	280	32	10	0	40	470	25	2	0	3
	Load Your Side With:	Bacon	90	65	7	2	0	18	373	<1	0	0	6
		Cheddar Cheese	110	85	10	5	0	29	182	<1	0	<1	7
		Green Onions	0	0	<1	0	0	0	<1	<1	<1	<1	<1
		Sour Cream	30	30	3	2	0	9	8	<1	0	<1	<1
Quaker Steel-Cut Oatmeal	Bowl	Includes Oatmeal, Brown Sugar, Milk	230	35	4	1	0	<5	300	41	4	12	8
	Cup	Includes Oatmeal, Brown Sugar, Milk	150	25	2.5	1	0	<5	180	28	2	12	5
	*Plus, Choice of:	Dried Cranberries	40	0	<1	<1	0	0	<1	12	<1	9	<1
		Honey-Roasted Pecans	80	<1	<1	<1	0	0	2.81	20	<1	15	<1
Premium Breakfast Meats	Bob Evans Sausage Links (3)		320	260	29	10	0	70	680	1	0	0	15

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All Day Breakfast												
	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Sausage Gravy	Bowl	460	290	33	19	0	40	1660	29	0	4	17
	Cup	220	140	16	9	0	20	820	14	0	2	8
Sides	Cornmeal Mush (1)	120	50	6	1	0	0	200	16	2	1	<1
	Fresh-Cut Fruit	90	0	0	0	0	0	15	22	2	19	1
	Golden-Brown Home Fries	250	150	17	2.5	0.5	0	690	24	2	2	3
	Shredded Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
Griddle Toppings/Inclusions		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Blueberries (hotcakes only)		30	0	0	0	0	0	0	6	1	4	0
Blueberry Topping		140	0	0	0	0	0	115	35	<1	29	0
Choc. Chips (hotcakes only)		70	35	4.5	2.5	0	0	0	9	<1	8	<1
Pecans (hotcakes only)		110	80	9	1	0	0	60	6	1	4	1

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BRUNCH

All Day Brunch			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Ham Biscuit Benedict	Includes: Biscuit, Hickory-Smoked Ham, Hollandaise Sauce, Green Onions, Fresh Cut Fruit		420	220	24	14	0	65	2310	30	<1	4	22
	*Plus, Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	13
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	14
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	12
	*Plus, Choice of Side:	Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
		Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
Pot Roast Hash	Includes: Slow Roasted Pot Roast, Homefries, Cheddar Cheese, Green Onions		580	350	39	14	1.5	95	1280	28	4	3	30
	*Plus, Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	13
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	14
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	12

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary