

Nutrition Guide

Lunch & Dinner

Farm-Fresh Salads		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Grilled Chicken Chopped Salad	Includes: Fresh Greens, Grilled Chicken, Cucumbers, Tomatoes, Roasted Red Peppers, Feta	250	70	7	3	0	110	940	8	2	4	39	
	Dressing: Lite Balsamic	80	25	205	0	0	0	320	16	0	15	0	
Summer Berry Salad	Includes: Fresh Greens, Grilled Chicken, Strawberries, Blueberries, Feta Cheese & Pecans	240	90	10	3.5	0	65	580	16	4	9	22	
	Dressing: Lite Balsamic	80	25	205	0	0	0	320	16	0	15	0	
Bob Evans' Wildfire Chicken Salad	Includes: Fresh Greens, Crispy Fried Onions, Corn, Tomatoes, Cheddar Cheese & Bob Evans Wildfire Sauce												
	Choice of Style of Chicken:	Grilled Chicken	520	120	21	10	0	125	1290	38	3	13	45
		Fried Chicken Tenders (2)	770	300	42	18	0	100	1480	68	5	11	33
	Dressing: Wildfire Ranch	160	110	12	2	0	10	410	12	0	8	<1	
Cranberry Pecan Chicken Salad	Includes: Fresh Greens, Grilled Chicken, Bacon, Dried Cranberries, Blue Cheese & Pecans	680	310	34	11	0	145	1680	40	6	27	55	
	Dressing: Colonial Dressing	310	250	27	4.5	0	0	260	15	0	15	0	
Chicken Salad Plate	Includes: Chicken Salad, Tomatoes, Fruit Dish, Leaf Lettuce, Pecans & Dinner Rolls (2)	680	330	37	5	0	50	940	67	7	24	15	
Farmhouse Garden Side Salad	Without Dressing	100	50	6	3	0	15	180	7	1	1	5	
Steakhouse Salad	Includes: Fresh Greens, Steak Tips, Mushrooms, Tomatoes, Blue Cheese, Ranch Dressing, Crispy Fried Onions, Green Onions	530	310	71	27	13	60	7720	18	4	3	22	
	Dressing: Lite Balsamic	80	25	205	0	0	0	320	16	0	15	0	

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Salad Dressings		Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Lite Balsamic	Pick-Two Combo	40	10	1.5	0	0	0	160	8	0	8	0
	Entrée	80	25	2.5	0	0	0	320	16	0	15	0
Blue Cheese	Pick-Two Combo	210	190	21	4	0	20	330	2	0	2	2
	Entrée	410	380	43	8	0.5	40	660	5	0	4	3
Buttermilk Ranch	Pick-Two Combo	150	140	16	2.5	0	10	300	2	0	2	<1
	Entrée	300	280	31	5	0	25	600	5	0	3	2
Colonial	Pick-Two Combo	150	120	14	2	0	0	130	8	0	8	0
	Entrée	310	250	27	4.5	0	0	260	15	0	15	0
French	Pick-Two Combo	140	120	13	2	0	5	170	6	0	6	0
	Entrée	280	230	26	4	0	10	330	12	0	12	0
Wildfire Ranch	Pick-Two Combo	80	60	6	1	0	5	200	6	0	4	0
	Entrée	160	110	12	2	0	10	410	12	0	8	<1
Honey Mustard	Pick-Two Combo	120	100	11	1.5	0	10	150	5	0	5	0
	Entrée	240	200	22	3	0	20	300	10	0	10	0
Big Farm Burgers		Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Steakhouse Burger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, Grilled Mushrooms and Onions, Provolone, A1 Original Sauce, Brioche Bun, Pickles	870	520	57	20	1.5	125	1910	47	2	12	42
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0
Bacon Cheeseburger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun	720	400	44	19	2	135	1640	40	2	9	40
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0
Rise & Shine Burger	Includes: Over-Hard Egg, Bacon, Brioche Bun, Hash Browns, Angus Beef Patty, Pepper Maple Honey, American Cheese	1200	640	70	24	2	315	1830	94	4	31	46
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0
Cheeseburger	Includes: Angus Beef Patty, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun	590	270	29	13	1.5	95	950	52	2	10	32
	Served with French Fries	330	130	14	2.5	0	0	480	47	4	0	0
Addition		Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Avocado		60	45	5	1	0	0	0	2	2	0	<1

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Hand-Crafted Sandwiches			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Double Cheese Pot Roast Dip	Includes: Pot Roast, Onions, American Cheese, Provolone Cheese, Sourdough Bread, Beef Gravy		1090	600	68	29	0	175	2550	56	7	9	60
	Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
Farmhouse Chicken	Includes: Bacon, Provolone Cheese, Tomatoes, Onion, Brioche Bun, Honey Mustard		530	280	32	10	0	45	1260	41	3	11	20
	Choice of Style of Chicken:	Grilled Chicken Breast (1)	140	25	2	0.5	0	75	520	1	0	1	27
		Fried Chicken (1)	290	240	120	3	0	100	820	10	0	0	33
	Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
Fish Fry Sandwich	Includes: Two Alaskan Cod Fillets, Dill Tartar Sauce, Cabbage, Brioche Bun, Lemon Wedge		450	270	29	5	0	30	1140	40	1	8	7
	Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
Legendary Turkey Sandwich	Includes: Turkey, Bacon, Provolone Cheese, Onions, Tomatoes, Leaf Lettuce, Mayo and Pickles		700	220	28	9	0	95	1740	61	11	13	50
	Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
All American BLT	<i>Includes: Brioche Bread, Bacon, Lettuce, Tomato, Mayo</i>		680	310	35	9	0	55	1740	64	2	12	27
	Served with French Fries		330	130	14	2.5	0	0	480	47	4	0	0
Add:													
Fried Egg (1)			90	60	6	2	0	205	75	1	0	0	7
Avocado			60	45	5	1	0	0	0	2	2	0	<1
Bacon (2)			130	90	9	3	0	30	450	0	0	0	9
Slow-Simmered Soups			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cheddar Baked Potato	Cup	Includes: Cup of Soup, Green Onions & 2 Saltine Crackers	210	110	12	6	0	35	900	16	<1	2	9
	Bowl	Includes: Bowl of Soup, Green Onions & 4 Saltine Crackers	390	190	21	11	0	60	1640	32	2	4	16
Chicken-N-Noodles	Cup	Includes: Cup of Soup, 2 Saltine Crackers	120	50	5	1	0	30	560	13	<1	<1	7
	Bowl	Includes: Bowl of Soup, 4 Saltine Crackers	240	100	11	2	2	35	990	26	2	2	10
Pick 2 Combos			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
1/2 Wildfire Chicken Salad (No Dressing)	Choice of Style of Chicken:	Grilled Chicken	300	60	13	6	0	60	710	22	2	7	23
		Fried Chicken	460	150	24	10	0	50	930	44	3	9	17
	Wildfire Ranch Dressing		80	60	6	1	0	5	200	6	0	4	0
1/2 Cranberry Pecan Chicken Salad (No Dressing)	With Grilled Chicken		330	160	17	6	0	75	850	18	2	13	27
	Colonial Dressing		150	120	14	2	0	0	130	8	0	8	0
Farmhouse Garden Side Salad (No Dressing)			110	40	4.5	2	0	10	180	13	5	3	6
1/2 Slow Roasted Pot Roast Dip (With Beef Gravy)			580	340	38	15	2.5	80	1470	30	3	4	28
1/2 All American BLT			340	155	17.5	4.5	0	30	870	32	1	6	14

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1/2 Turkey Sandwich	400	150	18	7	0	55	1080	31	6	7	29
Cheddar Baked Potato (includes 2 Saltine Crackers)	210	110	12	6	0	35	900	16	<1	2	9
Chicken-N-Noodles (includes 2 Saltine Crackers)	120	50	5	1	0	30	560	13	<1	<1	7

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Farmhouse Kitchen Chicken		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Honey Butter Chicken & Biscuit Dinner	Includes: Two Fried Chicken Breasts, Biscuit, Honey, Whipped Butter Blend	930	190	48	16	0	220	2460	57	<1	13	70	
Hand-Breaded Fried Chicken Breasts	Includes: Two Fried Chicken Breasts	580	240	27	6	0	205	1650	19	0	0	66	
Grilled to Perfection Chicken	Includes: Two Grilled Chicken Breasts	340	60	5	1.5	0	190	12+90	3	0	2	69	
Homestyle Fried Chicken Tenders	Includes: Three Fried Chicken Strips	640	320	36	13	0	105	1260	46	3	0	34	
	Choice of Sauce:	Bob Evans Wildfire	50	0	0	0	0	0	220	13	0	5	0
		Honey Mustard	120	100	11	1.5	0	10	150	5	0	5	0
		Ranch	100	90	10	2	0	10	210	<1	0	<1	0
		Black Pepper Maple Honey	110	0	0	0	0	0	15	27	0	24	0
Southwest Avocado Chicken Dinner	Includes: Grilled Chicken Breast, Corn/bean Relish, Avocado, Lime Cream Sauce, Tomatoes, Salsa	760	400	46	7	0	195	2220	21	5	10	73	
Sizzling Steak and Seafood		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Fish Fry Platter	Includes: 3 Alaskan Cod Fillet, Onio Rings, Dill Tartar Sauce, Lemon Wedge	440	170	19	3.5	0	80	1350	38	2	2	30	
Steak Tips and Eggs	Includes: Steak Tips, Caramelized Onions, Mushrooms, Green Onions	310	230	54	19	13	40	590	5	1	2	16	
	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Served with Choice of Side:	Hashbrowns	250	120	13	2.5	0	0	370	29	4	0	2
		Home fries	130	45	4.5	1	0	0	190	20	3	0	3
		Fresh-Cut Fruit (Strawberries, Blueberries, Bananas)	80	0	0	0	0	0	0	19	3	11	1
	Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7
		Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24	4
Steak Tip Dinner	Includes: USDA Choice Beef Steak Tips, Grilled Onions, Mushrooms, Green Onions	310	230	54	19	13	40	570	5	1	2	16	
	Add Shrimp	310	140	15	2	0	55	1110	35	2	8	9	
Comfort Food Classics		Served											
with: Choice of Bread. <i>Not Included In the Nutrition Calculations Below</i>		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Fork-Tender Pot Roast	Includes: Slow Roasted Pot Roast, Carrots, Caramelized Onions, Mashed Potatoes, Beef Gravy and Green Onions	840	470	53	20	1.5	130	2230	62	11	25	33	
Chicken-N-Noodles Deep-Dish	Includes: Chicken and Noodles, Mashed Potatoes, Biscuit, Gravy	540	280	31	15	2	50	2090	55	3	4	12	

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Slow Roasted Turkey & Dressing	Includes: Slow Roasted Turkey, Bread & Celery Dressing, Gravy, Mashed Potatoes, Carrots, Cranberry Relish	890	230	47	16	1	105	3210	82	7	24	35
Country-Fried Steak Platter	Includes: 2 Country Fried Steaks, Green Beans and Mashed Potatoes and Country Gravy	1570	740	82	29	2	135	3590	111	11	3	47

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Upgrade to a 3 Courses		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
	Pick One:	Cheddar Baked Potato (includes 2 Crackers)	210	110	12	6	0	35	900	16	<1	2	9
		Chicken-N-Noodles (includes 2 Crackers)	120	50	5	1	0	30	560	13	<1	<1	7
		Farmhouse Garden Side Salad (No Dressing)	100	50	6	3	0	15	180	7	1	1	5
	Pick One:	Sundae	400	210	22	11	0	55	170	50	<1	40	5
		Holy Cow Chocolate Cake	610	250	29	14	0	50	610	86	<1	67	8
		Apple Pie, Slice	600	250	28	12	0	0	250	82	3	45	4
		Chocolate Chunk Cookie	520	220	24	12	0	20	380	72	4	36	4
		Peanut Butter Pie, Slice	640	380	42	24	0	25	400	69	4	53	8
		Strawberry Supreme Pie	550	330	36	21	1	70	320	51	2	30	5
Farmhouse Sides		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
French Fries		330	130	14	2.5	0	0	480	47	4	0	0	
Hashbrowns		250	120	13	2.5	0	0	370	29	4	0	2	
Homefries		130	45	4.5	1	0	0	190	20	3	0	3	
Bob Evans Signature Coleslaw		200	130	14	2	0	10	250	19	2	17	<1	
Bread & Celery Dressing		410	110	22	5	0	20	1570	46	3	4	7	
Broccoli (Buttered)		110	90	10	3	0	10	110	5	0	0	3	
Carrots		90	40	4.5	1.5	0	5	115	13	3	10	<1	
Corn (Buttered)		170	90	10	30	0	10	90	20	2	2	3	
Green Beans with Ham		30	15	1.5	0	0	<5	460	4	2	0	2	
Macaroni & Cheese		250	110	12	5	0	25	910	25	2	4	11	
Mashed Potatoes & Chicken Gravy		220	130	14	7	0	35	910	20	2	2	3	
Fresh-Cut Fruit (Strawberries, Blueberries, Bananas)		80	0	0	0	0	0	0	19	3	11	1	
Premium Sides		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Onion Rings (5)		560	270	30	5	0	0	1080	63	4	7	8	
Loaded French Fries	French Fries, Bacon Pieces, Cheddar Chees, Green Onions & Sour Cream	510	410	47	25	0	125	630	7	<1	6	16	
Loaded Mashed Potatoes	Mashed Potatoes, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream	310	210	23	13	0	60	700	18	2	3	8	
Dinner Bell Plates		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
<i>Served with: Choice of Bread. Not Included In the Nutrition Calculations Below</i>													
Down-Home Country Fried Steak	Includes: Farmhouse Style Steak, Country Gravy, Mashed Potatoes, Green Beans	800	430	47	18	1	85	2420	68	7	3	26	
Smaller Portion Turkey & Dressing	Includes: Slow Roasted Turkey Breast, Mashed Potatoes & Chicken Gravy, Cranberry Relish, Bread & Celery Dressing	720	200	39	14	0.5	75	2810	69	4	14	22	

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Mushroom and Onion Chopped Steak	Includes: Beef Patty, Mashed Potatoes with Chicken Gravy, Broccoli, Mushrooms, Carmelized Onions and Green Onions	820	550	62	21	2	125	1560	39	4	8	31
Grilled Chicken Breast	Includes: Grilled Chicken, Mashed Potatoes and Chicken Gravy, Broccoli	500	240	26	11	0	140	1670	26	2	3	41
Hickory-Smoked Ham Steaks	Includes: Ham, Mashed Potatoes and Chicken Gravy, Green Beans	430	170	17	9	0	105	4140	30	3	7	40
Hand-Breaded Chicken Breast	Includes: Fried Chicken Breast, Mashed Potatoes and Chicken Gravy, Corn	660	320	36	13	0	140	1730	51	4	5	36
Freshly Baked Breads		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Biscuits (2) with Whipped Butter Blend		510	280	31	16	1	15	1520	53	1	3	7
Banana Nut Bread		260	80	8	1.5	0	0	350	30	2	24	4
Dinner Rolls (2) (After 11 AM) with Whipped Butter Blend		370	150	17	5	0	25	470	50	2	8	7

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary