

Nutrition Guide														
Lunch & Dinner														
Farm-Fresh Salads				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob Evans' Wildfire Chicken Salad	Includes: Fresh Greens, Crispy Fried Onions, Corn, Tomatoes, Cheddar Cheese & Bob Evans Wildfire Sauce													
	Choice of Style of Chicken:	Grilled Chicken		520	120	21	10	0	125	1290	38	3	13	45
		Fried Chicken Tenders (2)		770	300	42	18	0	100	1480	68	5	11	33
	Dressing:	Wildfire Ranch		160	110	12	2	0	10	410	12	0	8	<1
Grilled Chicken Chopped Salad	Includes: Fresh Greens, Grilled Chicken, Cucumbers, Tomatoes, Red Peppers, Feta			250	70	7	3	0	110	890	8	2	3	39
	Dressing:	Lite Balsamic		80	25	205	0	0	0	320	16	0	15	0
Cranberry Pecan Chicken Salad	Includes: Fresh Greens, Grilled Chicken, Bacon, Dried Cranberries, Blue Cheese & Pecans			680	310	34	11	0	145	1680	40	6	27	55
	Dressing:	Colonial Dressing		290	220	24	3.5	0	0	310	19	0	18	0
Farmhouse Garden Side Salad	Without Dressing			100	50	6	3	0	15	180	7	1	1	5

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Salad Dressings				Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Lite Balsamic	Pick-Two Combo			40	10	1.5	0	0	0	160	8	0	8	0
	Entrée			80	25	2.5	0	0	0	320	16	0	15	0
Blue Cheese	Pick-Two Combo			180	170	190	3.5	0	15	310	1	0	<1	1
	Entrée			360	340	379	7	0	25	630	2	<1	1	3
Buttermilk Ranch	Pick-Two Combo			140	140	15	2.5	0	15	340	1	0	<1	<1
	Entrée			280	270	30	5	0	30	690	2	0	1	1
Colonial	Pick-Two Combo			140	110	12	2	0	0	160	9	0	9	0
	Entrée			290	220	24	3.5	0	0	310	19	0	18	0
French	Pick-Two Combo			140	110	12	2	0	0	200	7	0	6	0
	Entrée			270	220	25	4	0	0	390	13	0	12	0
Wildfire Ranch	Pick-Two Combo			80	60	6	1	0	5	200	6	0	4	0
	Entrée			160	110	12	2	0	10	410	12	0	8	<1
Honey Mustard	Pick-Two Combo			140	120	13	2	0	15	180	7	0	7	0
	Entrée			290	230	26	4	0	30	370	15	0	14	<1
Big Farm Burgers				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bacon Cheeseburger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun			790	430	46	19	2	165	1530	40	2	9	51
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Steakhouse Burger	Includes: Angus Beef Patty, Hardwood Smoked Bacon, Grilled Mushrooms and Onions, Provolone, A1 Original Sauce, Brioche Bun, Pickles			950	540	60	20	1.5	1.55	1790	47	2	12	54
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Rise & Shine Burger	Includes: Over-Hard Egg, Bacon, Brioche Bun, Hash Browns, Angus Beef Patty, Pepper Maple Honey, American Cheese			1280	660	73	24	2	345	1720	94	4	31	57
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Cheeseburger	Includes: Angus Beef Patty, American Cheese, Deli Pickles, Onion, Lettuce, Tomato, Brioche Bun			710	330	35	13	1.5	125	890	52	2	10	43
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0

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Hand-Crafted Sandwiches				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Buffalo Chicken Sandwich	Includes: Hand breaded Fried Chicken Breast, Buffalo Sauce, Lettuce, Brioche Bun, Ranch Dressing			760	230	38	7	0	120	2130	65	1	22	40
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Farmhouse Chicken	Includes: Bacon, Provolone Cheese, Tomatoes, Onion, Brioche Bun, Honey Mustard			530	280	32	9	0	50	1260	42	3	12	20
	Choice of Style of Chicken:	Grilled Chicken Breast (1)		140	25	2	0.5	0	75	520	1	0	1	27
		Fried Chicken (1)		290	240	120	3	0	100	820	10	0	0	33
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Fish Fry Sandwich	Includes: Two Alaskan Cod Fillets, Dill Tartar Sauce, Cabbage, Brioche Bun, Lemon Wedge			450	270	29	5	0	30	1130	40	1	8	7
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Double Cheese Pot Roast Dip	Includes: Pot Roast, Onions, American Cheese, Provolone Cheese, Sourdough Bread, Beef Gravy			1090	600	68	29	0	175	2550	56	7	9	60
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
All American BLT	Includes: Brioche Bread, Bacon, Lettuce, Tomato, Mayo			680	310	35	9	0	55	1740	64	2	12	27
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Add:														
Fried Egg (1)				90	60	6	2	0	205	75	1	0	0	7
Avocado				60	45	5	1	0	0	0	2	2	0	<1
Bacon (2)				130	90	9	3	0	30	450	0	0	0	9
Legendary Turkey Sandwich	Includes: Turkey, Bacon, Provolone Cheese, Onions, Tomatoes, Leaf Lettuce, Mayo and Pickles			700	220	28	9	0	95	1740	61	11	13	50
	Served with French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Slow-Simmered Soups				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Sausage Chili	Cup	Includes: Cup of Soup, 2 Saltine Crackers, Diced Onions & Sour Cream		280	150	16	7	0	40	660	23	4	6	11
	Bowl	Includes: Cup of Soup, 4 Saltine Crackers, Diced Onions & Sour Cream		400	80	22	8	0	50	680	34	6	8	16
Chicken-N-Noodles	Cup	Includes: Cup of Soup, 2 Saltine Cracker		120	50	5	1	0	30	560	13	<1	<1	7
	Bowl	Includes: Bowl of Soup, 4 Saltine Crackers		240	100	11	2	2	35	990	26	2	2	10
Cheddar Baked Potato	Cup	Includes: Cup of Soup, Green Onions & 2 Saltine Crackers		210	110	12	6	0	35	900	16	<1	2	9
	Bowl	Includes: Bowl of Soup, Green Onions & 4 Saltine Crackers		390	190	21	11	0	60	1640	32	2	4	16
Pick 2 Combos				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
1/2 Grilled Chicken Chopped Salad	Includes: Fresh Greens, Grilled Chicken, Cucumbers, Tomatoes, Red Peppers, Feta, Lite Balsamic Dressing			290	120	13	7	0	90	1090	18	1	13	25

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1/2 Wildfire Chicken Salad (No Dressing)	Choice of Style of Chicken:	Grilled Chicken	300	60	13	6	0	60	710	22	2	7	23
		Fried Chicken	460	150	24	10	0	50	930	44	3	9	17
	Wildfire Ranch Dressing		80	60	6	1	0	5	200	6	0	4	0
1/2 Cranberry Pecan Chicken Salad (No Dressing)	With Grilled Chicken		330	160	17	6	0	75	850	18	2	13	27
	Colonial Dressing		140	110	2	0	0	160	9	0	9	0	0
Farmhouse Garden Side Salad (No Dressing)			110	40	4.5	2	0	10	180	13	5	3	6
1/2 Slow Roasted Pot Roast Dip (With Beef Gravy)			580	340	38	15	2.5	80	1470	30	3	4	28
1/2 All American BLT			340	155	17.5	4.5	0	30	870	32	1	6	14
1/2 Legendary Turkey Sandwich			400	150	18	7	0	55	1080	31	6	7	29
Chicken-N-Noodles (includes 2 Saltine Crackers)			120	50	5	1	0	30	560	13	<1	<1	7
Cheddar Baked Potato (includes 2 Saltine Crackers)			210	110	12	6	0	35	900	16	<1	2	9
Sausage Chili (includes 2 Saltine Crackers)			280	150	16	7	0	40	660	23	4	6	11

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Farmhouse Kitchen Chicken				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Honey Butter Chicken & Biscuit Dinner		Includes: Two Fried Chicken Breasts, Biscuit, Honey, Whipped Butter Blend		930	190	48	16	0	220	2460	57	<1	13	70	
Hand-Breaded Fried Chicken Breasts		Includes: Two Fried Chicken Breasts		580	240	27	6	0	205	1650	19	0	0	66	
Lemon Garlic Grilled Chicken		Includes: Two Grilled Chicken Breasts, Garlic Butter & Grilled Lemon Half		530	250	23	9	0	190	1490	7	<1	3	69	
Hand-Breaded Chicken Tenders		Includes: Five Fried Chicken Strips		410	150	17	4.5	0	115	15	19	1	0	44	
		Choice of Sauce:	Bob Evans Wildfire	50	0	0	0	0	0	220	13	0	5	0	
			Buffalo Wing Sauce	30	25	2.5	0	0	0	1170	2	<1	<1	0	
			Honey Mustard	140	120	13	2	0	15	180	7	0	7	0	
			Ranch	140	140	15	2.5	0	15	340	1	0	<1	<1	
			Black Pepper Maple Honey	110	0	0	0	0	0	15	27	0	24	0	
Grilled to Perfection Chicken		Includes: Two Grilled Chicken Breasts		340	60	5	1.5	0	190	1290	3	0	2	69	
Comfort Food Classics with: Choice of Bread. <i>Not Included In the Nutrition Calculations Below</i>				Served	Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Fork-Tender Pot Roast		Includes: Slow Roasted Pot Roast, Carrots, Caramelized Onions, Mashed Potatoes, Beef Gravy and Green Onions		740	320	42	14	1	100	2220	61	10	24	32	
Chicken-N-Noodles Deep-Dish		Includes: Chicken and Noodles, Mashed Potatoes, Biscuit, Gravy		480	220	25	11	1.5	30	2100	53	3	4	11	
Slow Roasted Turkey & Dressing		Includes: Slow Roasted Turkey, Bread & Celery Dressing, Gravy, Mashed Potatoes, Carrots, Cranberry Relish		820	170	41	12	0.5	90	3220	81	6	23	34	
Country-Fried Steak Platter		Includes: 2 Country Fried Steaks, Green Beans and Mashed Potatoes and Country Gravy		1300	690	76	25	1.5	120	3600	110	11	3	46	
New Dinner Combos				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Lemon Garlic Chicken and Steak Tips Combo		Grilled Chicken, garlic Butter, grilled Lemon, Beef Steak Tips, Sauteed Mushrooms, Caramelized Onions, Green Onions, Loaded Mashed Potatoes and Broccoli		1040	600	102	40	14	185	2270	35	4	8	61	
Southern Country Combo		Includes: Honey Butter Chicken, Biscuit, Country Fried Steak and Gravy, Loaded mashed Potatoes and Broccoli		1410	620	88	34	1	155	2850	106	7	11	52	
Steak Tip and Shrimp Combo		Includes: Fried Shrimp, USDA Choice Beef Steak Tips, Grilled Onions, Mushrooms, Green Onions, Loaded Mashed Potatoes, Broccoli, Cocktail Sauce,		930	400	83	31	14	165	2890	75	5	16	38	

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Taste of the Farm Trio	Includes: Slow Roasted Turkey, Gravy, Dressing, Cranberry Relish, Ham Steak, Pot Roast, Caramelized Onions, Mashed Potatoes, Beef Gravy and Green Onions	1670	610	72	21	1.5	175	6910	172	10	36	85
Sizzling Steak and Seafood		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Steak Tip Dinner	Includes: USDA Choice Beef Steak Tips, Grilled Onions, Mushrooms, Green Onions	310	230	54	19	13	40	570	5	1	2	16
Fish Fry Platter	Includes: 3 Alaskan Cod Fillet, Onio Rings, Dill Tartar Sauce, Lemon Wedge	440	170	19	3.5	0	80	1350	38	2	2	30
Fried Shrimp	Includes: Eight Shrimp, Cocktail Sauce and Lemon	350	25	2.5	0	0	110	1890	65	3	8	18
Chopped Steak with Mushrooms and Onions	Includes: Beef Patty, Mashed Potatoes with Chicken Gravy, Broccoli, Mushrooms, Caramelized Onions and Green Onions	610	390	44	12	1.5	125	830	17	3	6	35

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Upgrade to a 3 Courses				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
	Pick One:	Cheddar Baked Potato (includes 2 Crackers)	210	110	12	6	0	35	900	16	<1	2	9	
		Chicken-N-Noodles (includes 2 Crackers)	120	50	5	1	0	30	560	13	<1	<1	7	
		Farmhouse Garden Side Salad (No Dressing)	100	50	6	3	0	15	180	7	1	1	5	
	Pick One:	Sundae	400	210	22	11	0	55	170	50	<1	40	5	
		Double-Crust Apple Pie	580	250	28	12	0	0	250	80	3	45	4	
		Double Crust Apple Pie A La Mode	700	310	34	15	0	20	290	92	3	56	6	
		Holy Cow Chocolate Cake	610	250	29	14	0	50	610	86	<1	67	8	
		Chocolate Chunk Cookie	520	220	24	12	0	20	380	72	4	36	4	
		Peanut Butter Pie, Slice	640	370	41	23	0	0	510	64	5	46	9	
Farmhouse Sides			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
French Fries			330	130	14	2.5	0	0	480	47	4	0	0	
Shredded Hash Browns			180	60	7	1	0	0	10	28	3	1	2	
Golden Brown Home Fries			180	90	10	2.5	0	0	15	21	2	2	2	
Bob Evans Signature Coleslaw			170	110	12	2	0	10	210	16	1	14	<1	
Bread & Celery Dressing			410	110	22	5	0	20	1570	46	3	4	7	
Broccoli (Buttered)			110	90	10	3	0	10	110	5	0	0	3	
Carrots			90	40	4.5	1.5	0	5	115	13	3	10	<1	
Corn (Buttered)			170	90	10	30	0	10	90	20	2	2	3	
Green Beans with Ham			30	15	1.5	0	0	<5	460	4	2	0	2	
Macaroni & Cheese			250	110	12	5	0	25	910	25	2	4	11	
Mashed Potatoes & Chicken Gravy			160	80	9	3.5	0	15	920	18	1	1	3	
Fresh-Cut Fruit (Apples, Blueberries, Strawberries, Bananas)			70	0	0	0	0	0	0	18	2	10	<1	
Premium Sides			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Onion Rings (5)			560	270	30	5	0	0	1080	63	4	7	8	
Loaded French Fries	French Fries, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream		510	410	47	25	0	125	630	7	<1	6	16	
Loaded Mashed Potatoes	Mashed Potatoes, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream		250	160	18	9	0	45	710	17	1	3	7	
Dinner Bell Plates			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Served with: Choice of Bread. Not Included In the Nutrition Calculations Below														
Hand-Breaded Chicken Tenders	Includes: Fried Chicken Tenders, Mashed Potatoes and Chicken Gravy, Corn		580	180	29	9	0	90	1020	52	4	4	33	
Down-Home Country Fried Steak	Includes: Farmhouse Style Steak, Country Gravy, Mashed Potatoes, Green Beans		740	380	41	14	1	65	2440	67	7	2	25	

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Grilled Chicken Breast	Includes: Grilled Chicken, Mashed Potatoes and Chicken Gravy, Broccoli	440	110	21	7	0	115	1680	25	1	3	40
Lemon Garlic Grilled Chicken	Includes: Grilled Chicken Breast, Garlic Butter, Grilled Lemon Half, Home Fries and Broccoli	560	210	32	10	0	100	880	31	3	4	40
Smaller Portion Turkey & Dressing	Includes: Slow Roasted Turkey Breast, Mashed Potatoes & Chicken Gravy, Cranberry Relish, Bread & Celery Dressing	650	150	34	10	0	60	2820	67	4	13	21
Hickory-Smoked Ham Steaks	Includes: Ham, Mashed Potatoes and Chicken Gravy, Green Beans	370	110	11	5	0	85	4150	29	3	7	39
Hand-Breaded Chicken Breast	Includes: Fried Chicken Breast, Mashed Potatoes and Chicken Gravy, Corn	600	80	31	9	0	115	1750	50	4	4	36
Freshly Baked Breads		Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Biscuits (2) with Whipped Butter Blend		510	280	31	16	1	15	1520	53	1	3	7
Banana Nut Bread		260	80	8	1.5	0	0	350	30	2	24	4
Dinner Rolls (2) (After 11 AM) with Whipped Butter Blend		370	150	17	5	0	25	470	50	2	8	7

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary