

Nutrition Guide

updated November 2018

All Day Breakfast

			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
The Farmer's Choice Breakfast													
The Farmer's Choice- Double Meat Farmer	Choice of Farm Fresh Eggs:	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of 2 Breakfast Meats:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
	*Plus, Choice of Griddle Item:	Brioche French Toast (served w/ butter & syrup)	830	220	25	8	0.5	220	840	134	3	22	19
		Hotcakes (served w/ butter & syrup)	1150	250	28	9	0.5	10	1910	209	4	39	17
The Farmer's Choice - Fruitful Farmer	Choice of Farm Fresh Eggs:	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
	*Plus, Choice of Griddle Item:	Hotcakes (w/ strawberries, bananas, syrup, powdered sugar)	970	130	14	5	0	0	1390	201	6	40	13
		Brioche French Toast (w/ strawberries, bananas, syrup, powdered sugar)	620	80	9	2.5	0	105	440	128	4	22	11
The Farmer's Choice- Original	Choice of Farm Fresh Eggs:	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	*Plus, Choice of Side:	Grits (w/ butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
	*Plus, Choice of Griddle Item:	Brioche French Toast (served w/ butter & syrup)	830	220	25	8	0.5	220	840	134	3	22	17
		Hotcakes (served w/ butter & syrup)	1150	250	28	9	0.5	10	1910	209	4	39	19

Nutrition Guide

updated November 2018

All Day Breakfast

Bob's Specialties		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob's Big Griddle Stack	Includes: Bacon, Sausage, American Cheese, 1 Egg, 2 French Toast Griddled Biscuits, Honey, Powdered Sugar	1180	710	78	32	1.5	415	2840	73	3	20	47
	*Plus, Choice of Side:											
	Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
	Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Ham Biscuit Benedict	Includes: Biscuit, Hickory-Smoked Ham, Hollandaise Sauce, Green Onions, Fresh Fruit	440	210	23	13	0.5	50	1740	43	2	16	16
	*Plus, Choice of Farm Fresh Eggs (2):											
	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
	Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
	Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:											
	Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
	Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Pot Roast Hash	Includes: Cheddar Cheese, Green Onions, Home Fries, Pot Roast	580	350	39	14	1.5	95	1280	28	4	3	30
	*Plus, Choice of Farm Fresh Eggs (2):											
	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
	Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
	Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
Sunshine Skillet	Includes: Omelet Shell, Bob Evans Sausage, Country Gravy, Cheddar Cheese, Homefries	760	530	59	16	0.5	475	1410	27	3	2	30
The Everything Breakfast	Includes: Bob Evans Sausage, Ham, Hardwood-Smoked Bacon, 3 Scrambled Eggs, Tomatoes, Cheddar Cheese, Hollandaise Sauce, Green Onions, Hashbrowns, Griddled Biscuit	1130	660	73	31	0	725	2850	63	5	6	57
Hearty Farm Breakfast		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Country-Fried Steak & Farm-Fresh Eggs	Includes: Country Fried Steak, Country Gravy	540	300	33	10	<1	55	929	38	4	<1	20
	*Plus, Choice of Farm Fresh Eggs (2):											
	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
	Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
	Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:											
	Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
	Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Fresh Start Combo	Includes: 2 Egg Whites, 2 Silver Dollar Multigrain Hotcakes, 2 Turkey Sausage Links, Fresh Fruit	540	130	15	4.5	0	60	1600	63	3	20	37
Homestead Breakfast	Includes: Sausage Gravy	225	140	16	9	0	20	816	14	0	2	8
	*Plus, Choice of Farm Fresh Eggs (2):											
	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
	Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
	Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:											
	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
	*Plus, Choice of Side:											
	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
	Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
	Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3

Nutrition Guide

updated November 2018

All Day Breakfast

		Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Rise & Shine	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
	*Plus, Choice of Side:	Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
		Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
	Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3	
Sirloin Steak & Farm-Fresh Eggs	Includes: Sirloin Steak		390	185	20	9	0	102	850	3	0	0	44
	*Plus, Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Side:	Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Made-To-Order Omelets													
Border Scramble	Includes: Bob Evans Sausage, Diced Tomatoes, Homefries, Jalapenos, Monterey Jack Cheese, Omelet Shell, Onions, Ranchero Sauce, Scallions, Sour Cream		620	500	56	60	0	645	1310	12	2	5	37
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Goat Cheese Veggie Omelet	Includes: Omelet Shell, Broccoli, Sautéed Onions, Mushrooms, Red & Green Bell Peppers, Cheddar Cheese, Goat Cheese, Diced Tomatoes, Green Onion		850	650	73	27	2	645	890	12	2	5	37
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3
Western Omelet	Includes: Omelet Shell, Smoked Ham, Sautéed Onions, Red & Green Bell Peppers, Cheddar		650	450	50	17	0	635	1590	11	1	5	40
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3

Nutrition Guide

updated November 2018

All Day Breakfast

Build Your Own Omelet	Choose Your Eggs:	Farm Fresh Eggs	310	220	24	8	0	575	390	3	0	<1	20
		Egg Whites	80	0	0	0	0	0	0	300	1	0	1
	Choose Two:	American Cheese	110	80	9	5	0	30	470	1	0	<1	5
		Bacon	220	160	18	6	0	45	900	<1	0	0	15
		Baby Spinach (without oil)*	0	0	0	0	0	0	10	<1	0	0	0
		Bob Evans Sausage	140	110	12	4.5	0	40	290	<1	0	0	9
		Cheddar Cheese	90	70	8	4.5	0	25	150	0	0	0	5
		Diced Ham	70	15	1.5	1	0	25	990	2	0	2	12
		Diced Tomatoes (without oil)*	0	0	0	0	0	0	0	<1	0	<1	0
		Goat Cheese	130	90	11	7	0	30	150	0	0	0	8
		Jalapenos (without oil)*	0	0	0	0	0	0	130	0	0	0	0
		Monterey Jack	110	80	9	5	0	25	170	0	0	0	7
		Mushrooms	60	60	6	1.5	1.5	0	70	1	0	<1	<1
		Onions (without oil)*	10	0	0	0	0	0	0	3	0	1	0
		Red & Green Bell Peppers (without oil)*	5	0	0	0	0	0	0	1	<1	<1	0
		Swiss	80	50	6	4	0	20	15	1	0	0	6
	* Grill Oil - added to grilled vegetables	130	130	14	2	0	0	0	0	0	0	0	
Choose One Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2	
	Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2	
	Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3	
From The Griddle			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Belgian Waffle	Includes: Waffle, Butter, Syrup		630	220	25	8	0.5	30	890	98	<1	1	6
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Brioche French Toast	Includes: 2 Slices Brioche French Toast, Butter, Syrup, Powdered Sugar		830	220	25	8	0.5	220	840	134	3	22	19
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18
Buttermilk Hotcakes	Includes: 4 Buttermilk Hotcakes, Butter, Syrup		1150	250	28	9	0.5	10	1910	209	4	39	17
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18

Nutrition Guide

updated November 2018

All Day Breakfast

Cinnamon Supreme Hotcakes	Includes: 4 Cinnamon Chip Hotcakes, Cream Cheese Icing, Whipped Topping, Powdered Sugar		1070	240	26	12	0.5	<5	1810	190	5	72	17
*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)		190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)		320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon		190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18
Double Blueberry Hotcakes	Includes: 4 Blueberry Hotcakes, Blueberry Topping, Whipped Topping, Powdered Sugar		1090	210	23	10	0	0	1900	203	6	78	17
*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)		190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)		320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon		190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18
Double Chocolate Hotcakes	Includes: 4 Chocolate Chip Hotcakes, Chocolate Chips, Chocolate Sauce, Whipped Topping,		1120	240	27	13	0	0	1820	199	6	74	18
*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)		190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)		320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon		190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18
Multigrain Hotcakes	Includes: 4 Multigrain Hotcakes, Butter, Syrup		1200	270	31	10	0.5	10	1910	214	5	41	18
*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)		190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)		320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon		190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18
Breakfast Meat			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob Evans Sausage Links (3)			190	140	16	6	0	25	310	0	0	0	9
Bob Evans Sausage Patties (2)			320	230	26	10	0	90	630	2	1	0	19
Hardwood-Smoked Bacon			190	130	14	4.5	0	40	670	<1	0	0	13
Hickory-Smoked Ham			100	25	2.5	1	0	35	1440	2	0	2	17
Turkey Sausage Links			140	60	7	2	0	60	810	2	<1	0	18
Breakfast Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Grits (with butter)			240	180	21	7	0	25	280	13	<1	0	2
Hash Browns			220	110	12	2	1.5	0	160	28	3	1	2
Home Fries			250	150	17	2.5	0.5	0	690	24	2	2	3
Farm Values			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Brioche French Toast	Includes: 2 Slices Brioche French Toast, Butter, Syrup, Powdered Sugar		830	220	25	8	0.5	220	840	134	3	22	19
Buttermilk Hotcakes	Includes: 4 Buttermilk Hotcakes, Butter, Syrup		1150	250	28	9	0.5	10	1910	209	4	39	17
Classic Breakfast	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	*Plus, Choice of Griddle Item:	Brioche French Toast (served w/ butter & syrup)	830	220	25	8	0.5	220	840	134	3	22	17
		Hotcakes (served w/ butter & syrup)	1150	250	28	9	0.5	10	1910	209	4	39	19

Nutrition Guide

updated November 2018

All Day Breakfast

Country Biscuit Breakfast	Includes: Buttermilk Biscuit, Bob Evans Sausage, Country Gravy, Cheddar Cheese		520	320	36	17	0	80	1340	29	1	2	22	
*Plus, Choice of Farm Fresh Egg (1):	Egg Whites	Freshly Cracked	60	0	0	0	0	0	200	<1	0	<1	12	
		Scrambled	200	150	16	4	0	370	140	<1	0	0	13	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	*Plus Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2	
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2	
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3	
Earlybird	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19	
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13	
Golden Cornmeal Mush	Includes: 3 Slices of Mush, Butter		440	240	27	6	0	10	690	48	5	3	3	
	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	190	140	16	6	0	25	310	0	0	0	9	
		Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19	
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13	
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17	
Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18		
Mini Sampler	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2	
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2	
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3	
	*Plus, Choice of Breakfast Meat:	Bob Evans Sausage Patties (2)	320	230	26	10	0	90	630	2	1	0	19	
		Hardwood-Smoked Bacon	190	130	14	4.5	0	40	670	<1	0	0	13	
		Turkey Sausage Links	140	60	7	2	0	60	810	2	<1	0	18	
	Multigrain Hotcakes	Includes: 4 Multigrain Hotcakes, Butter, Syrup		1200	270	31	10	0.5	10	1910	214	5	41	18
Sunrise	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	200	150	16	4	0	370	140	<1	0	0	13	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	*Plus, Choice of Side:	Grits (with butter)	240	180	21	7	0	25	280	13	<1	0	2	
		Hashbrowns	200	110	12	2	1.5	0	160	28	3	1	2	
		Homefries	250	150	17	2.5	0.5	0	690	24	2	2	3	
Farmhouse Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Cup of Grits	Includes: Grits and Butter		240	180	21	7	0	25	280	13	<1	0	2	
Load Your Side With:	Bacon		90	65	7	2	0	18	373	<1	0	0	6	
	Cheddar Cheese		110	85	10	5	0	29	182	<1	0	<1	7	
	Green Onions		0	0	<1	0	0	0	<1	<1	<1	<1	<1	
	Sour Cream		30	30	3	2	0	9	8	<1	0	<1	<1	
Quaker Steel-Cut Oatmeal	Bowl	Includes Oatmeal, Brown Sugar, Milk		230	35	4	1	0	<5	300	41	4	12	8

Nutrition Guide

updated November 2018

All Day Breakfast

	Cup	Includes Oatmeal, Brown Sugar, Milk	150	25	2.5	1	0	<5	180	28	2	12	5
	*Plus, Choice of:	Dried Cranberries	40	0	<1	<1	0	0	<1	12	<1	9	<1
		Honey-Roasted Pecans	80	<1	<1	<1	0	0	2.81	20	<1	15	<1
Premium Breakfast Meats	Bob Evans Sausage Links (3)		190	140	16	6	0	25	310	0	0	0	9
	Bob Evans Sausage Patties (2)		320	230	26	10	0	90	630	2	1	0	19
	Hardwood-Smoked Bacon		190	130	14	4.5	0	40	670	<1	0	0	13
	Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Turkey Sausage Links		140	60	7	2	0	60	810	2	<1	0	18
Sausage Gravy	Bowl		460	290	33	19	0	40	1660	29	0	4	17
	Cup		220	140	16	9	0	20	820	14	0	2	8
Sides	Cornmeal Mush (1)		120	50	6	1	0	0	200	16	2	1	<1
	Fresh-Cut Fruit		60	0	0	0	0	0	5	14	1	12	<1
	Golden-Brown Home Fries		250	150	17	2.5	0.5	0	690	24	2	2	3
	Shredded Hashbrowns		200	110	12	2	1.5	0	160	28	3	1	2
Griddle Toppings/Inclusions			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Blueberries (hotcakes only)			30	0	0	0	0	0	0	6	1	4	0
Blueberry Topping			140	0	0	0	0	0	115	35	<1	29	0
Choc. Chips (hotcakes only)			70	35	4.5	2.5	0	0	0	9	<1	8	<1
Pecans (hotcakes only)			110	80	9	1	0	0	60	6	1	4	1
Strawberry Topping			70	0	0	0	0	0	0	18	2	15	<1