

Nutrition Guide

Made to Share					Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Hand-Breaded Chicken Tenders	4 Hand breaded tenders				330	120	14	3.5	0	95	10	15	1	0	36
	Choice of Sauce:	Bob Evans Wildfire			50	0	0	0	0	0	220	13	0	5	0
		Buffalo Wing Sauce			30	25	2.5	0	0	0	1170	2	<1	<1	0
		Honey Mustard			140	120	13	2	0	15	180	7	0	7	0
		Ranch			140	140	15	2.5	0	15	340	1	0	<1	<1
		Black Pepper Maple Honey			110	0	0	0	0	0	15	27	0	24	0
Blue Ribbon Bacon	Bacon, tossed in sauce.				420	210	23	8	0	65	1110	29	0	25	22
Cowboy Fries	Includes: French Fries, Sausage Gravy, Cheddar Cheese				710	350	39	14	0	40	1350	76	6	1	11
Cinnabiscuits	Includes: Cinna-biscuits, Icing				700	200	21	13	0	<5	1450	124	2	74	8
Onion Rings	Includes: 8 Onion Rings and Ranch Dressing				1030	570	63	11	0.5	15	2070	103	7	12	13
Fresh New Breakfast					Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
The Big Wrangler Breakfast	Includes: Ham, Bacon, Biscuits, Home Fries, Sausage Gravy, Cheddar Cheese, Green Onions				920	460	58	24	1	85	2790	67	3	6	32
	Choice of Farm Fresh Eggs (2):	Egg Whites			60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked			180	110	13	4	0	405	150	2	1	0	15
		Scrambled			160	110	11	3.5	0	420	280	1	0	0	14
Honey Butter Chicken and French Toast	Includes: Brioche French Toast, Hand-Breaded Chicken, Honey, Whipped Butter Blend, Powdered Sugar				970	70	34	9	0	295	1780	116	<1	45	50
Sunrise Savers					Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
The Classic Breakfast	Choice of Farm Fresh Eggs (2):	Egg Whites			60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked			180	110	13	4	0	405	150	2	1	0	15
		Scrambled			160	110	11	3.5	0	420	280	1	0	0	14
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)			320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)			260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)			190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham			100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)			160	110	12	3	0	90	700	2	<1	0	16
	Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)			510	280	31	16	1	15	1520	53	1	3	7
		Banana Nut Bread			260	80	8	1.5	0	0	350	30	2	24	4
Banana Berry Oatmeal	Bowl Includes: Oatmeal, Blueberries, Blueberry Sauce, Honey-Roasted Pecans Banana, Milk				360	60	7	1	0	<5	290	69	6	36	8
	Served With:	Banana Nut Bread			260	80	8	1.5	0	0	350	30	2	24	4
Griddle Stacker	Includes: Sausage patty, American cheese, bacon, fried egg, two mini hotcakes and powdered sugar				710	330	37	15	0.5	245	1730	65	2	18	29
	Served With:	Black Pepper Maple Honey			110	0	0	0	0	0	15	27	0	24	0
	Served With a Choice of Side:	Hashbrowns			180	60	7	1	0	0	10	28	3	1	2
		Home fries			180	90	10	2.5	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)			70	0	0	0	0	0	0	18	2	10	<1
Sausage Gravy and Biscuits	Choice of:	Sausage Gravy (Cup)			240	90	17	7	0	25	960	15	0	1	6

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	Choice of:	Sausage Gravy (Bowl))	490	190	34	14	0	45	1950	31	0	0	12
	Includes:	Biscuits (2)	440	200	22	13	0	0	1440	53	1	3	7
Country Biscuit Breakfast	Includes: Biscuit, Bob Evans Sausage, Country Gravy, Cheddar Cheese		520	320	36	17	0	80	1340	29	1	2	22
	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Served With a Choice of Side:	Hashbrowns	180	60	7	1	0	0	10	28	3	1	2
		Home fries	180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1
Sunrise	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Served With a Choice of Side:	Hashbrowns	180	60	7	1	0	0	10	28	3	1	2
		Home fries	180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1
	Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7
		Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24	4

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Buttermilk Biscuit Sandwich	Includes: Biscuit, American Cheese, Egg		400	240	26	13	0	225	1070	28	1	2	14
	Choose Meat:	Bacon	130	90	9	3	0	30	450	0	0	0	9
		Sausage	160	120	13	5	0	45	310	1	<1	0	10
	Served With a Choice of Side:	Hashbrowns	180	60	7	1	0	0	10	28	3	1	2
		Home fries	180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1
Brioche French Toast	Includes: Brioche French Toast Slices (2), & Powdered Sugar		530	70	8	2	0	170	870	98	<1	34	17
	Served with:	Whipped Butter Blend	90	0	10	3.5	0	5	95	0	0	0	0
		Pancake Syrup	190	45	0	0	0	0	55	47	0	22	5
The Mini Sampler	Includes: Biscuit (with Whipped Butter Blend)		270	100	16	8	0.5	<5	770	27	<1	2	4
	Choice of Farm Fresh Egg (1):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Choice of Breakfast Meat:	Bob Evans Sausage Links (2)	210	170	19	6	0	0	390	0	0	0	9
		Hardwood-Smoked Bacon (2)	190	130	14	4.5	0	40	670	<1	0	0	13
		Chicken Sausage Link (1)	90	50	6	1.5	0	45	350	1	0	0	8
	Served With:	Hashbrowns	180	60	7	1	0	0	10	28	3	1	2
		Home fries	180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1
Buttermilk Hotcakes	Includes: Four Buttermilk Hotcakes		860	170	18	6	0	0	1780	156	4	39	17
	Served with:	Whipped Butter Blend	90	0	10	3.5	0	5	95	0	0	0	0
		Pancake Syrup	190	45	0	0	0	0	55	47	0	22	5
Bowl of Rolled Oat Oatmeal	Includes: Oatmeal, Brown Sugar, Milk		180	25	2.5	1	0	<5	230	34	4	12	6
	Choice of Add--Ins:	Diced Cranberries	40	0	<1	<1	0	0	<1	12	<1	9	<1
		Honey Roasted Pecans	140	110	12	1	0	0	75	8	2	5	1

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All-Day Breakfast

Griddle Goodness			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Caramel Apple Hotcakes	Includes: Buttermilk Hotcakes (4), Roasted Apples, Caramel sauce, Powdered Sugar, Whipped Topping		1070	180	20	8	0	5	1870	203	7	74	18
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
	Served with:	Whipped Butter Blend	90	0	10	3.5	0	5	95	0	0	0	0
		Pancake Syrup	190	45	0	0	0	0	55	47	0	22	5
Caramel Apple French Toast	Includes: Brioche French Toast Slices (2), Roasted Apples, Caramel Sauce, Powdered Sugar, Whipped Topping		730	80	10	3.5	0	175	950	143	4	67	18
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
	Served with:	Whipped Butter Blend	90	0	10	3.5	0	5	95	0	0	0	0
		Pancake Syrup	190	45	0	0	0	0	55	47	0	22	5
Double Chocolate Hotcakes	Includes: Chocolate Chip Hotcakes (4), Chocolate Chips, Chocolate Sauce,		1120	240	27	13	0	0	1820	199	6	74	18
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
Buttermilk Hotcakes	Includes: Buttermilk Hotcakes (4)		860	170	18	6	0	0	1780	156	4	39	17
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
	Served with:	Whipped Butter Blend	90	0	10	3.5	0	5	95	0	0	0	0
		Pancake Syrup	190	45	0	0	0	0	55	47	0	22	5
Brioche French Toast	Includes: Brioche French Toast Slices (2), & Powdered Sugar		530	70	8	2	0	170	870	98	<1	34	17
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
	Served with:	Whipped Butter Blend	90	0	10	3.5	0	5	95	0	0	0	0
		Pancake Syrup	190	45	0	0	0	0	55	47	0	22	5

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Farm-Fresh Combos				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Farmhand Biscuit Sandwich Platter	Includes: Bacon Breakfast Sandwich, Sausage Breakfast sandwich, Sausage			1290	660	89	39	1.5	510	3820	72	3	5	49
	Served with Choice of Side:	Hashbrowns		180	60	7	1	0	0	10	28	3	1	2
		Home fries		180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)		70	0	0	0	0	0	0	18	2	10	<1
The Whole Hog	Choice of Farm Fresh Eggs (2):	Egg Whites		60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked		180	110	13	4	0	405	150	2	1	0	15
		Scrambled		160	110	11	3.5	0	420	280	1	0	0	14
	Includes Breakfast Meats:	Bob Evans Sausage Links (2)		210	170	19	6	0	0	390	0	0	0	9
		Bob Evans Sausage Patties (2)		260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (2)		130	90	9	3	0	30	450	0	0	0	9
		Hickory-Smoked Ham		100	25	2.5	1	0	35	1440	2	0	2	17
	Includes Griddle Items:	Brioche French Toast (1) with Whipped Butter and Pancake Syrup		510	70	15	4.5	0	90	570	85	0	34	9
		Hotcake (1) with Whipped Butter and Pancake Syrup		460	80	15	5	0	5	580	77	1	27	4
	Served with Choice of Side:	Hashbrowns		180	60	7	1	0	0	10	28	3	1	2
		Home fries		180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)		70	0	0	0	0	0	0	18	2	10	<1
Steak Tips and Eggs	Includes: Steak Tips, Caramelized Onions, Mushrooms, Green Onions			310	230	54	19	13	40	590	5	1	2	16
	Choice of Farm Fresh Eggs (2):	Egg Whites		60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked		180	110	13	4	0	405	150	2	1	0	15
		Scrambled		160	110	11	3.5	0	420	280	1	0	0	14
	Served with Choice of Side:	Hashbrowns		180	60	7	1	0	0	10	28	3	1	2
		Home fries		180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)		70	0	0	0	0	0	0	18	2	10	<1
	Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)		510	280	31	16	1	15	1520	53	1	3	7
		Banana Nut Bread		260	80	8	1.5	0	0	350	30	2	24	4
Country-Fried Steak & Eggs	Includes: Country Fried Steak, Country Gravy			540	300	33	10	0	55	929	38	4	<1	20
	Choice of Farm Fresh Eggs (2):	Egg Whites		60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked		180	110	13	4	0	405	150	2	1	0	15
		Scrambled		160	110	11	3.5	0	420	280	1	0	0	14
	Served with Choice of Side:	Hashbrowns		180	60	7	1	0	0	10	28	3	1	2
		Home fries		180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)		70	0	0	0	0	0	0	18	2	10	<1
	Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)		510	280	31	16	1	15	1520	53	1	3	7
		Banana Nut Bread		260	80	8	1.5	0	0	350	30	2	24	4

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Rise & Shine	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Choice of Breakfast Meat:	Bob Evans Sausage Links (2)	210	170	19	6	0	0	390	0	0	0	9
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
	Served with Choice of Side:	Hashbrowns	180	60	7	1	0	0	10	28	3	1	2
		Home fries	180	90	10	2	0	0	15	21	2	2	2
Fresh-Cut Fruit (Apples, Blueberries, Bananas)		70	0	0	0	0	0	0	18	2	10	<1	
Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7	
		Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24	4
Big Egg Breakfast	Choice of Farm Fresh Eggs (3):	Egg Whites	90	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	270	110	13	4	0	405	150	2	1	0	15
		Scrambled	240	110	11	3.5	0	420	280	1	0	0	14
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
	Served with Choice of Side:	Hashbrowns	250	120	13	2.5	0	0	370	29	4	0	2
		Home fries	180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1
	Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7
			Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24
Big Griddle Stacker	Includes: Sausage patty, American cheese, bacon, fried egg, two mini hotcakes and powdered sugar		710	330	37	15	0.5	245	1730	65	2	18	29
	Served With:	Black Pepper Maple Honey	110	0	0	0	0	0	15	27	0	24	0
	Served With:	Hashbrowns	180	60	7	1	0	0	10	28	3	1	2
		Home fries	180	90	10	2.5	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1

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Bowls and Skillets				Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
The Everything Breakfast	Includes: Biscuit, Ham, Hollandaise Sauce, Sausage, Bacon, Scrambled Eggs,			1500	980	109	44	1	630	3530	63	5	5	64
Sunshine Skillet	Includes: Eggs, Bob Evans Sausage, Country Gravy, Cheddar Cheese, Home fries			640	430	49	15	0	460	930	22	1	2	28
	Served with Choice of		Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7
	Bread:		Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24	4

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Farmer's Choice			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Double Meat Farmer's Choice	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Choice of Any Two:	Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
	Choice of Griddle Item:	Brioche French Toast (1) (with Whipped Butter Blend and Syrup)	820	110	19	6	0	175	1020	145	<1	56	17
		Hotcakes (3) Served w/ Whipped Butter Blend & Syrup	940	220	24	8	0	15	1480	170	3	29	13
Homestead Farmer's Choice	Includes: Sausage Gravy & Biscuits		680	300	39	20	1	25	2400	68	2	4	13
	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16

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Banana Berry Farmer's Choice	Includes: Blueberry Pancakes (3) (w/ Whipped Butter Blend and Syrup) and Banana		1010	220	25	8	0	15	1480	188	6	40	13	
	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14	
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17	
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13	
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17	
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16	
Farmer's Choice	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14	
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17	
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13	
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17	
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16	
	Choice of Griddle Item:	Brioche French Toast (1) (with Whipped Butter Blend and Syrup)	530	70	15	4.5	0	90	580	113	2	34	9	
		Hotcakes (Served w/ Whipped Butter Blend & Syrup)	940	220	24	8	0	15	1480	170	3	29	13	
Caramel Apple Farmer's Choice	Choice of Griddle Item:	Buttermilk Hotcakes (3), Roasted Apples, Caramel Sauce, Powdered Sugar, Whipped Topping	850	140	16	6	0	5	1420	164	6	65	13	
		Brioch French Toast (2), Roasted Apples, Caramel Sauce, Powdered Sugar, Whipped Topping	730	80	10	3.5	0	175	950	143	4	67	18	
	Choice of Farm Fresh Eggs (2):	Egg Whites	60	0	0	0	0	0	200	<1	0	<1	12	
		Freshly Cracked	180	110	13	4	0	405	150	2	1	0	15	
		Scrambled	160	110	11	3.5	0	420	280	1	0	0	14	
	Choice of Breakfast Meat:	Bob Evans Sausage Links (3)	320	260	29	10	0	0	590	<1	0	0	14	
		Bob Evans Sausage Patties (2)	260	180	21	8	0	45	600	0	0	0	17	
		Hardwood-Smoked Bacon (3)	190	130	14	4.5	0	40	670	<1	0	0	13	
		Hickory-Smoked Ham	100	25	2.5	1	0	35	1440	2	0	2	17	
		Chicken Sausage Links (2)	180	110	12	3	0	90	700	2	<1	0	16	
	Served with:	Whipped Butter Blend	90	0	10	3.5	0	5	95	0	0	0	0	
		Pancake Syrup	190	45	0	0	0	0	55	47	0	22	5	
Three-Egg Omelets			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	
Rio Grande Omelet		Includes: Eggs, Sausage Peppers, Caramelized Onions, Provolone Cheddar Cheese, Salsa & Sour Cream		850	630	71	26	0	660	1260	13	2	5	41
Steak Tip Omelet		Includes: Eggs, Steak Tips, Peppers, Caramelized Onions, Mushrooms, Cheddar Cheese, Green Onions		750	520	75	25	7	685	1530	17	3	8	40
Western Omelet		Includes: Eggs, Ham, Sauteed Onions & Bell Peppers, Cheddar Cheese		630	420	46	16	0	690	1620	12	1	6	42

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Fresh Start Omelet	Includes: Eggs, Chicken Sausage, Mushrooms, Spinach, Caramelized Onions, Tomatoes, Provolone and Feta Cheese	670	460	51	18	0	705	1200	11	2	4	42

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Build Your Own 3-Egg Omelet	Choose Eggs:	Freshly Cracked	310	220	24	8	0	575	390	3	0	<1	20
		Egg Whites	80	0	0	0	0	0	300	1	0	1	19
	Choose Two:	American Cheese	110	80	9	5	0	30	470	1	0	<1	5
		Chicken Sausage, Diced	80	45	5	1	0	40	310	<1	0	0	7
		Feta Cheese	50	35	4	2.5	0	15	210	<1	0	0	3
		Hardwood Smoked Bacon	220	160	18	6	0	45	900	<1	0	0	15
		Spinach (without Oil)*	0	0	0	0	0	0	10	<1	0	0	0
		Bob Evans Farm Fresh Sausage	140	110	12	4.5	0	40	290	<1	0	0	9
		Real Cheddar Cheese	90	70	8	4.5	0	25	150	0	0	0	5
		Hickory Smoked Ham	70	15	1.5	1	0	25	990	2	0	2	12
		Diced Tomatoes (without Oil)*	0	0	0	0	0	0	0	<1	0	<1	0
		Mushrooms	60	60	6	1.5	0	0	70	1	0	0	0
		Onions (without Oil)*	10	0	0	0	0	0	0	3	0	1	0
		Real Provolone Cheese	70	50	6	3.5	0	15	180	0	0	0	5
		Red & Green Bell Peppers (without Oil)*	5	0	0	0	0	0	0	1	<1	<1	0
		* Grill Oil - added to grilled vegetables	70	70	8	1	0	0	0	0	0	0	0
	Served with Choice of Side:	Hashbrowns	180	60	7	1	0	0	10	28	3	1	2
		Home fries	180	90	10	2	0	0	15	21	2	2	2
		Fresh-Cut Fruit (Apples, Blueberries, Bananas)	70	0	0	0	0	0	0	18	2	10	<1
	Served with Choice of Bread:	Biscuits (2) (with Whipped Butter Blend)	510	280	31	16	1	15	1520	53	1	3	7
		Banana Nut Bread	260	80	8	1.5	0	0	350	30	2	24	4

Addition			Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Salsa			35	0	3.5	0	0	0	580	7	2	4	1
Farm-Famous Breakfast Meat			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob Evans Sausage Links (3)			320	260	29	10	0	0	590	<1	0	0	14
Bob Evans Sausage Patties (2)			260	180	21	8	0	45	600	0	0	0	17
Hardwood-Smoked Bacon (3)			190	130	14	4.5	0	40	670	<1	0	0	13
Hickory-Smoked Ham			100	25	2.5	1	0	35	1440	2	0	2	17
Chicken Sausage Links (2)			180	110	12	3	0	90	700	2	<1	0	16
Freshly Baked Breads			Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Biscuits		Includes: Biscuits (2), Whipped Butter Blend	510	280	31	16	1	15	1520	53	1	3	7
Banana Nut Bread			260	80	8	1.5	0	0	350	30	2	24	4
Pumpkin Bread			370	120	13	2	0	35	490	59	2	29	5
Dinner Rolls (After 11:00 AM)		Includes: Dinner Rolls (2), Whipped Butter Blend	370	150	17	5	0	25	470	50	2	8	7

* 2,000 calories a day is used for general nutrition advice, but calorie