Nutrition Guide

Dinner & Desserts

Best Farmhouse Dinners			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bob Evans Wildfire Meatloaf	Includes: Meatloaf Slice, Wildfire Sauce, Crispy Fried Onions, Mashed Potatoes		740	460	51	19	1	150	1420	40	4	8	30
	Add An Extra Slice of Meatloaf		430	230	26	11	1	125	770	22	3	6	27
Down-Home Country Fried Steak	Includes: Farmhouse Style Steak, Country Gravy, Mashed Potatoes, Green Beans		730	410	45	17	1	85	1890	58	7	2	25
Fork-Tender Pot Roast	Includes: Slow Roasted Pot Roast, Carrots, Caramelized Onions, Mashed Potatoes, Beef Gravy, Green Onions		950	550	62	21	1.5	145	2340	62	11	25	38
Fork-Tender Pot Roast *Savor Size*	Includes: Slow Roasted Pot Roast, Carrots, Caramelized Onions, Mashed Potatoes, Beef Gravy, Green Onions		620	390	44	14	1	85	1390	37	6	13	20
Heartland Chicken Pot Pie	Includes: Whole Chicken Pot Pie, Coleslaw		1430	780	87	30	0.5	175	2390	106	7	24	51
Herb Rubbed Turkey & Dressing	Includes: Slow Roasted Turkey, Bread & Celery Dressing, Gravy, Mashed Potatoes, Carrots, Cranberry Relish		820	360	40	15	0.5	120	2680	81	6	28	37
Herb Rubbed Turkey & Dressing *Savor Size*			650	290	32	13	0.5	80	2250	67	3	18	23
Craveable Classics			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Great Alaskan Cod	Includes A Collosal Alaskan Cod Filet, Tartar Sauce		640	360	39	7	0	110	1050	39	4	2	32
	*Plus, Choose Two Sides:	Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3
		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2
		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
Lemon Sole	Includes two sole fillets		380	160	18	2	0	100	680	25	0	2	28
	*Plus, Choose Two Sides:	Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3
		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2
		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
Grilled to Perfection Chicken	Includes Two Grilled Chicken Breasts		270	50	4	1	0	150	1040	2	0	2	55

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	*Plus, Choose Two Sides:	Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3
		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2
		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
Homestyle Boneless Fried Chicken Breast	Includes: 2 Homestyle Boneless Fried Chicken Breasts		580	240	27	6	0	205	1650	19	0	0	66
	*Plus, Choose Two Sides:	Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3
		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2
		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
Homestyle Fried Chicken Tenders	Includes: Three Homestyle Fried Chicken Tenders		640	320	36	13	0	105	1260	46	3	0	34
	*Plus, Choose Two Sides:	Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3

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		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2
		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
	*Add a Sauce:	Bob Evans Wildfire	50	0	0	0	0	0	220	13	0	5	0
		Honey Mustard	120	100	11	1.5	0	10	150	5	0	5	0
		Ranch	100	90	10	2	0	10	210	<1	0	<1	0
		Buffalo	60	50	6	1	0	5	700	1	0	0	0
Breaded Shrimp	Includes: 8 Breaded Shrimp, Lemon, Cocktail Sauce		350	25	2.5	0	0	110	1890	65	3	8	18
		Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3
		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2
		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
Sirloin and Shrimp	Includes: USDA Choice Sirloin and Shrimp, Cocktail Sauce		710	320	36	11	0	155	1960	39	2	8	53
		Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3
		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2

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		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
USDA Choice Sirloin	Includes: USDA Choice Sirloin, Grilled Onions and Mushrooms		660	400	45	12	0	100	920	10	3	6	47
		Bob Evans Signature Coleslaw	200	130	14	2	0	10	250	19	2	17	<1
		Bread & Celery Dressing	340	140	15	5	0	20	1000	42	2	6	7
		Broccoli	110	90	10	3	0	10	110	5	0	0	3
		Carrots	90	40	4.5	1.5	0	5	115	13	3	10	<1
		Corn	170	90	10	30	0	10	90	20	2	2	3
		Cornmeal Mush with Butter	120	50	6	1	0	0	200	16	2	1	<1
		French Fries	330	130	14	2.5	0	0	480	47	4	0	0
		Green Beans w/ Ham	30	15	1.5	0	0	<5	460	4	2	0	2
		Hashbrowns	220	110	12	2	1.5	0	160	28	3	1	2
		Homefries	250	150	17	2.5	0.5	0	690	24	1	2	3
		Macaroni & Cheese	250	110	12	5	0	25	910	25	2	4	11
		Mashed Potatoes & Chicken Gravy	210	120	14	7	0	30	830	19	2	2	3
		Mashed Potatoes & Country Gravy	170	90	10	6	0	25	560	17	2	2	3
	*Load Your Side (Bacon, Cheddar, Sour Cream, Green Onions)		240	180	20	10	0	55	560	2	0	<1	13
Add Soup or Side Salad + Cookie, Sundae, or Fruit			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Make it A Three Course Meal:	Pick One:	Cheddar Baked Potato (includes 2 Saltine Crackers)	210	110	12	6	0	35	900	16	<1	2	9
		Chicken-N-Noodles (includes 2 Saltine Crackers)	150	70	7	1.5	1	30	560	13	<1	<1	7

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		Farmhouse Garden Side Salad (no dressing)	110	40	4.5	2	0	10	180	13	5	3	6
		Hearty Beef Vegetable (includes 2 Saltine Crackers)	120	25	2.5	0.5	0	15	620	18	2	4	7
	*Plus, Choose One:	Caramel Sundae	170	50	6	3	0	20	135	30	0	10	3
		Chococlate Chunk Cookies	530	230	26	13	0	35	370	68	3	41	6
		Chococlate Sundae	190	70	8	4.5	0	20	55	30	<1	21	3
Farm Values			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chicken-N-Noodles Deep Dish Dinner			620	300	33	15	2	105	2320	54	3	4	26
Herb-Rubbed Turkey & Dressing	Includes: Slow Roasted Turkey Breast, Mashed Potatoes & Chicken Gravy, Cranberry Orange Relish, Bread & Celery Dressing		650	290	32	13	0.5	80	2250	67	3	18	23
Grilled Chicken	Includes: Mashed Potatoes and Chicken Gravy, Broccoli		320	210	24	10	0	40	940	24	2	2	6
	Plus	Grilled Chicken	140	25	2	0.5	0	75	520	1	0	1	27
Homestyle Fried Chicken	Includes: Mashed Potatoes and Chicken Gravy, Corn		380	210	24	37	0	40	920	39	4	4	6
	Plus	Homestyle Fried Chicken	290	240	120	3	0	100	820	10	0	0	33
Farmhouse Sides			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Baked Potato			330	100	12	4	0	15	120	51	4	2	6
Bob Evans Signature Coleslaw			200	130	14	2	0	10	250	19	2	17	<1
Bread & Celery Dressing			340	140	15	5	0	20	1000	42	2	6	7
Broccoli			110	90	10	3	0	10	110	5	0	0	3
Carrots			90	40	4.5	1.5	0	5	115	13	3	10	<1
French Fries			330	130	14	2.5	0	0	480	47	4	0	0
Hashbrowns			220	110	12	2	1.5	0	160	28	3	1	2
Homefries			250	150	17	2.5	0.5	0	690	24	1	2	3
Load Your Side With:	Bacon		90	65	7	2	0	18	373	<1	0	0	6
	Cheddar Cheese		110	85	10	5	0	29	182	<1	0	<1	7
	Green Onions		0	0	<1	0	0	0	<1	<1	<1	<1	<1
	Sour Cream		30	30	3	2	0	9	8	<1	0	<1	<1
Macaroni & Cheese			250	110	12	5	0	25	910	25	2	4	11
Mashed Potatoes & Chicken Gravy			210	120	14	7	0	30	830	19	2	2	3
Mashed Potatoes & Country Gravy			170	90	10	6	0	25	560	17	2	2	3
Desserts			Calories	Cal.from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Bakery, Cherry Pie	Slice		610	290	31	18	0	0	420	75	2	41	4
	Whole Pie		2940	1300	142	60	1	0	2480	398	11	194	20
Chocolate Peanut Butter Pie	Slice		680	370	41	20	0	45	420	74	3	56	7
Topped With Reese's	Whole Pie		4010	2260	252	123	2	270	2510	411	16	320	40
Double-Crust Apple Pie	Slice		530	210	24	10	0	0	410	77	3	47	3
	Whole Pie		2990	1270	141	60	1.5	0	2490	410	16	231	16

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