

Nutrition Guide

Shareables, Sides, Bakery

Made to Share

		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Hand-Breaded Chicken Tenders	4 Hand Breaded Tenders	360	120	13	2.5	0	105	650	18	0	0	42
	Choice of Sauce:	Bob Evans Wildfire	50	0	0	0	0	220	13	0	5	0
		Buffalo Wing Sauce	30	25	2.5	0	0	1170	2	<1	<1	0
		Honey Mustard	140	120	13	2	0	15	180	7	0	7
		Ranch	140	140	15	2.5	0	15	340	1	0	<1
		Black Pepper Maple Honey	110	0	0	0	0	15	27	0	24	0

Blue Ribbon Bacon	Bacon, tossed in sauce.	420	210	23	8	0	65	1110	29	0	25	22
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Cowboy Fries	Includes: French Fries, Sausage Gravy, Cheddar Cheese	710	350	39	14	0	40	1350	76	6	1	11
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Cinnabiscuits	Includes: Cinna-biscuits, Icing	700	200	21	13	0	<5	1450	124	2	74	8
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Onion Rings	Includes: 8 Onion Rings and Ranch Dressing	1030	570	63	11	0.5	15	2070	103	7	12	13
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Fried Pickles	Includes: Fried Pickles and Double Dippin Sauce	560	360	40	7	0	50	3700	42	5	1	7
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Bakery/Dessert

		Calories	Cal. from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Strawberry Supreme Pie	Slice	550	330	36	21	1	70	320	51	2	30	5
	Whole Pie	3310	1950	217	129	5	410	1990	312	11	192	30

Turtle Cheesecake	Slice	640	370	41	23	1	70	370	61	2	37	6
	Whole Pie	3640	2230	248	127	5	425	2200	327	9	200	35

Reese's Peanut Butter Pie	Slice	670	380	43	24	0	0	520	67	5	49	10
	Whole Pie	3830	2280	253	143	15	10	3100	357	26	269	57

Chocolate Chip Cookie Dough Pie	Slice	Includes: Pie, Ice Cream, Chocolate Sauce		810	430	38	19	0	120	65	113	3	76	10
	Whole Pie			3730	2080	183	86	2.5	555	0	503	14	304	42

Holy Cow Chocolate Cake	Includes: Chocolate Cow, Chocolate Cake, Whipped Topping, Chocolate Sauce, Powdered Sugar, Ice Cream		610	250	29	14	0	50	610	86	<1	67	8
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Double-Crust Apple Pie	Slice	Includes: Caramel Drizzle		600	250	28	12	0	0	250	82	3	45	4
	Whole Pie			3200	1500	168	72	0	0	1500	492	18	270	24

Ice Cream Sundae	Includes: Vanilla Ice Cream, Chocolate and Caramel Sauces, Whipped Topping, Pecans		430	230	24	12	0	60	190	53	1	40	6
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Kid Sundae	Includes: Vanilla Ice Cream, Chocolate Sauce, Whipped Topping		200	60	8	5	0	20	55	28	<1	20	3
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Chocolate Chunk Cookie	Cookie (1)		440	0	17	9	0	<5	360	69	2	37	5
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A La Mode (Addition to Slice of Pie)	One Scoop Vanilla Ice Cream		140	80	8	5	0	30	55	16	0	13	2
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Fresh Baked Breads

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Biscuits	Includes: Biscuits (2), Whipped Butter Blend		510	280	31	16	1	15	1520	53	1	3	7			

Dinner Rolls	Includes: Dinner Rolls (2), Whipped Butter Blend		370	150	17	5	0	25	470	50	2	8	7
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Banana Nut Bread	Slices (2)	260	80	8	1.5	0	0	350	30	2	24	4
	Loaf	1610	470	52	9	0	0	2190	185	11	152	23

Blueberry Bread, Glazed	Slices (2)	170	70	8	1.5	0	0	220	16	<1	15	2
	Loaf	1750	700	78	13	1	<5	2160	162	5	148	20

Multigrain Wheat Toast	Slices (2) Dry	300	0	3	0	0	0	320	56	10	12	12
	Slices (2) with Margarine	310	15	4.5	0	0	0	340	56	10	12	12

Nutrition Guide

Shareables, Sides, Bakery

Farmhouse Sides		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
French Fries		330	130	14	2.5	0	0	500	47	4	0	0
Shredded Hash Browns		200	100	12	2	0	0	110	22	2	<1	2
Golden Brown Home Fries		180	90	10	2	0	0	15	21	2	2	2
Load 'Em Up: (French Fries, Shredded Hash Browns, Golden Brown Home Fries Only)	Bacon	90	65	7	2	0	18	373	<1	0	0	6
	Cheddar Cheese	110	85	10	5	0	29	182	<1	0	<1	7
	Sour Cream	30	30	3	2	0	9	8	<1	0	<1	<1
	Green Onions	0	0	0	0	0	0	0	0	0	0	0
Bob Evans Signature Coleslaw		170	110	12	2	0	10	210	16	1	14	<1
Bread & Celery Dressing		340	140	15	5	0	20	1000	42	2	6	7
Broccoli (Buttered)		110	90	10	3	0	10	110	5	0	0	3
Carrots		90	40	4.5	1.5	0	5	115	13	3	10	<1
Corn		170	90	10	30	0	10	90	20	2	2	3
Green Beans with Ham		30	15	1.5	0	0	<5	460	4	2	0	2
Macaroni & Cheese		260	90	10	5	0	25	940	31	1	5	9
Mashed Potatoes & Chicken Gravy		160	80	9	3.5	0	15	920	18	1	1	3
Fresh-Cut Fruit (Apples, Blueberries, Banana, Strawberries)		80	0	0	0	0	0	0	20	3	12	1
Premium Sides		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Chessy Potato Bake		410	120	14	8	0	40	460	60	4	3	13
Onion Rings (5)		560	270	30	5	0	0	1080	63	4	7	8
French Fries	French Fries, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream	510	410	47	25	0	125	630	7	<1	6	16
Mashed Potatoes	Mashed Potatoes, Bacon Pieces, Cheddar Cheese, Green Onions & Sour Cream	250	160	18	9	0	45	710	17	1	3	7
Sausage Gravy and Biscuits		Calories	Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Sausage Gravy and Biscuits (Cup)		680	300	39	20	1	25	2400	68	2	4	13
Sausage Gravy and Biscuits (Bowl)		930	390	56	27	1	45	3390	84	2	5	19

* 2,000 calories a day is used for general nutrition advice, but calorie needs vary