

How to...

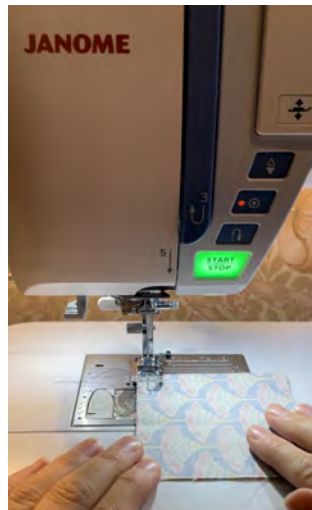
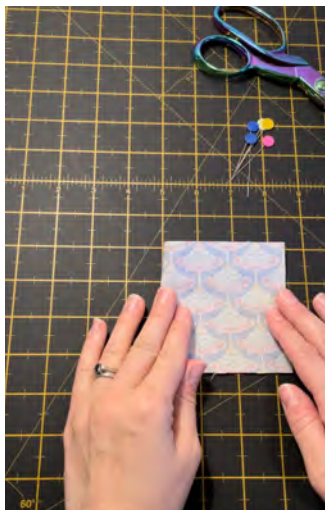
# Make your own Fabric Weights

## You will need:

Scraps of fabric  
Filling - e.g. uncooked rice or beads  
Thread  
Hand sewing needle  
Pins  
Ruler  
Scissors or Rotary Cutter  
Sewing Machine (optional)

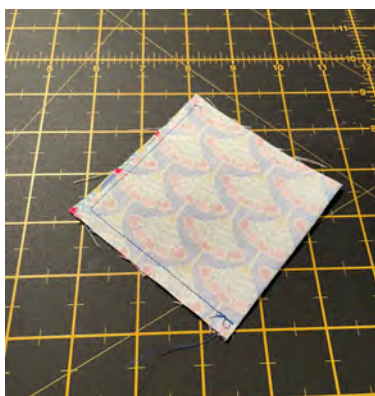
## Step one

Cut a rectangle of fabric measuring 18 x 9cm.



## Step Two

Fold the rectangle of fabric in half so that the right sides are together. Use your sewing machine to sew along the bottom and the side. Trim the seams.



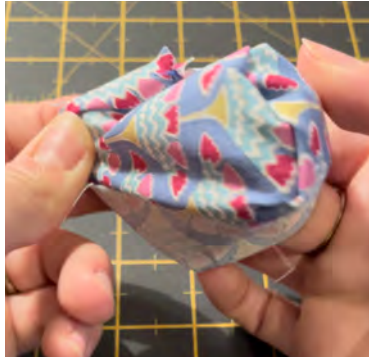
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## Step three

Turn your sewing out and fill with rice or beads. Make sure to fill about two thirds full. Be careful not to overfill it as it will be hard to sew up. The filling will need to be able to move about.



## Step four

Fold the raw edge over so that it is inside and press with your finger.



## Step five

Pin the top of the pattern weight so that the side seam is in the middle. By doing this, the top edge will run at right angles to the bottom edge.



## Step six

Add a little tab to the top of the seam using a scrap of fabric or piece of ribbon.

## Step seven

Sew up the seam using slip stitch to finish.



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