

 90 cm high (fit for 35 cm width portraits)
$1 x * 00105$
0

## Macramé Portrait Holder

## KNOTS USED

Lark's head knot
Diagonal double half hitch knot
Square knot
(see at the end step by step tutorials for these knots)

## BEFORE STARTING

Cut the following:
$5 \times 500 \mathrm{~cm}$ rope colour 00105

## STEPS

STEP 1. Use a cork base to work your piece on. Fold the 5 meters cords it in half ( $2,5 \mathrm{~m}$ each side) and make a lark's head knot. Do the same to the 5 cords you have left.


STEP 2. Separate 6 cords each side, start from the left to the right and use the first vertical cord as the filler cord, make diagonal half hitch knots, tying each cord 2 times slightly below its neighbour. Do the same to the right side. in the end unite both sides in the middle.


Step 3: Repeat step 2 by adding a second row to each side. Knots should be as tight as possible.


Step 4: Separate the cords in half (6 each side). With our left hand grab the cord in the right and use it as our filler cord and make diagonal half hitch knots (same as in step 2). Do the same to the right side.


Step 5: Repeat step 3 and make a second row on each side. This will form the first cross.


Step 6: Repeat step 2-5 two times more.


Step 7: To insert the frame (not bigger than 35 cm ) start by placing frame backwards on a table and the macrame in the same way on top of the frame and centered. Grab the cords at the ends and pass them under the top corner. Pass the left cords behind the central cords and the right ones on top and make a square knot.
With the same cords at the ends we will pass them under the lower corners of our frame and in the center of our frame make another Square knot. This procedure will hold your frame.


Step 1: Fold one strand (consisting of a filler strand and a working strand) in half and place the loop on top of a cord, a rod or a ring.
Step 2: Fold the loop down the back
Step 3: Pull the ends of the strand through the loop and pull tightly.


## SQUARE KNOT - SQUARE KNOT BAND

Step 1: The 4 filler and working strands are arranged parallel, the working strands $A$ and $D$ are on the outside and the filler strands $B / C$ are in the middle.
Step 2: Place $D$ from right to left over $B / C$ and under $A$.
Step 3: Bring A from left to right under B/C.
Step 4: Pull A from the back to the front though the loop created by D.
Step 5: Carefully pull A and D tightly.
The first basic knot is finished $=1$ half square knot.
Step 6: Place D from left to right over B/C and under A.
Step 7: Bring A from right to left under B/C
Pull A from the back to the front though the loop created by D.
Carefully pull A and D tightly.
The second basic knot is finished $=1$ square knot.


Step 1


Step 5


Step 2


Step 6


Step 3


Step 4


Step 7

