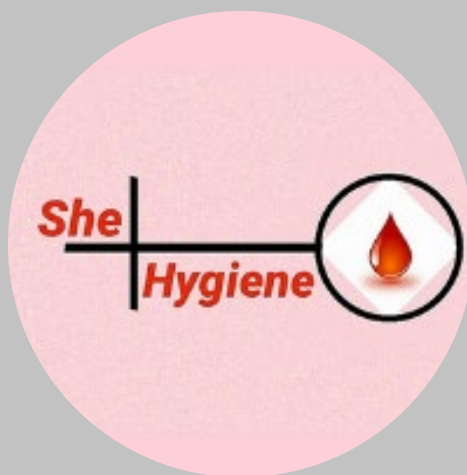




# WRT MIRROR

“Earth provides enough to satisfy every man’s needs, but not every man’s greed.”

— Mahatma Gandhi



# ABOUT THE INITIATIVES

## 01

### HELPING HANDS

The pandemic has been not the most kind to us, but it has been even worse for the deprived people and therefore our initiative birthed out of the need to make their lives better by providing them resources for entertainment and education like books, clothes footwear, board games etc.

## 02

### SUNDAY4SECUREDUTURE

S4SF is a movement to encourage youth all around the world to take at least one climate action every Sunday, keeping in mind "We do not inherit the earth from our ancestors; we borrow it from our children"

## 03

### SHE HYGIENE

She Hygiene is our social initiatives that aims to fulfill the need of underprivileged menstruating females by providing them with eco-friendly sanitary pads on a monthly basis.

# SUNDAY4SECURED FUTURE

There have been four drives in the month of June. We planted roughly 51 trees this month. We also took part in Yamuna cleaning campaigns, when we scrubbed the River Yamuna's banks and worked with several other organisations to clean the whole Kalindi Kunj bank. Many more people have been inspired to join us in preserving the environment as a consequence of our campaigns. The neighborhood's residents have expressed gratitude for our efforts to improve their surroundings.



# SHE HYGIENE

We gave out 207 biodegradable sanitary pads and educated girls about the importance of menstrual hygiene. Teenage girls should take care of their menstrual hygiene and wellbeing. Girls continue to be unaware of this basic, physiological, and normal function of their bodies since period hygiene concerns have never been openly discussed in the past. To eradicate the stigma associated with menstruation cleaning, we have always endeavored and will continue to do so.



# HELPING HANDS

"Only in giving you are able to receive more than you already have."

We Rise Together Team supplied footwear to the most needy people as a result of one helping hand drive. By gathering shoes, board games, foot wear, and other items in reusable condition, we would always endeavour to support the most vulnerable individuals. Helping more and more people is our top objective, and we'll keep doing so. We'll constantly attempt to assist those in need.



# MY FIRST PERIOD

We Rise Together Foundation launched a new series called "My First Period" in the month of June as part of its ongoing effort to eradicate the stigma associated with menstrual hygiene. It is a live series where we speak with well-known ladies about their first period's history and learn more about menstrual cycles. Yogita Singh was the first guest on We Rise Together Foundation's Instagram Live event, "My #FirstPeriod". Ms. Singh is a knowledgeable media figure and the creator of the talk programme Manthan.

Ananya Bishnoi joins us for the second episode of My First Period. She is a 13-year-old Instagram content creator who is a skilled swimmer and Table Tennis player.



## MY FIRST PERIOD



### Episode 1

Tuesday, June 21  
7 pm IST

**Ms. Yogita Singh**

Cognizant media personality  
and founder of chat show  
Manthan



## MY FIRST PERIOD



### Episode 2

Tuesday, June 28  
7 pm IST

**Ananya Bishnoi**

13 Year Old  
Content Creator  
Swimmer And  
Table Tennis Player



# THANK YOU!

*"The only way forward, if we are going to improve the quality of the environment, is to get everybody involved."*

-Richard Rogers

**Author – Aadi Babbar**