



Service for victims of sexual assault, Landspítali – the National University Hospital in Fossvogur

Telephone: 543 2000

More information (in Icelandic) on <u>www.landspitali.is/</u> <u>bradamottokur</u>, click Fossvogur.

It is best to call before your arrival, but you can also come directly to the *Neyðarmóttaka* or ask the police for assistance.

Completely confidential

The service at the emergency room is:

- For those who have been sexually assaulted (rape or attempted rape)
- Free of charge
- Unrelated to whether you choose to file charges or not
- A prioritized service available at all times (24/7)
- A matter of choice it is up to you whether you accept all the services available or specific parts of it

It is important to seek help as soon as possible to increase the likelihood of finding evidence if charges are filed.

The service that is offered is a matter of choice

It is important not to bathe, not to launder or throw away clothes, pads, tampons, condoms or other possible evidence before examination and collection of specimens.

Counseling and support

- A nurse will meet you at arrival and offer counseling and support.

Medical examination

- The purpose is to ensure your wellbeing, treat injuries and protect against infections and pregnancy.

Forensic medical examination

- A detailed medical examination to find biological samples, evidence, evaluate, register and photograph injuries.

Assistance of a lawyer/ legal representative

- Information is provided about how cases are processed in the judicial system, irrespective of whether you plan to press charges or not.

- A legal representative is present when a report is given, prepares a claim for damages and follows through with the case.

Psychological support

- Ongoing psychological support and counseling is provided for you based on your needs. Treatment in the aftermath of the trauma is offered when recommended.

Others that can help:





Stígamót (Education and Counseling Center for Survivors of Sexual Abuse and Violence) Tel: 562 6868/ 800 6868

Kvennaathvarfið (The women's shelter) Tel: 561 1205

Barnahús (The Children's House) Tel: 530 2500

Hjálparsími Rauða krossins (Red Cross Help Line) Tel: 1717

Neyðarlínan (The 112 National Emergency Number), Tel: 112



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