4

## DISTRACTION THE DIRTY DOZEN

"OK
darling.
I'll pick up
the chicken
on my way
home."

80%
of mistakes in aviation involve
HUMAN FACTORS and if not detected could lead to accidents

1. LACK OF COM

2. COMPLACENCY

3. LACK OF KNOV

4. DISTRACTION

5. LACK OF TEAM

6. FATIGUE

7. LACK OF RESO

8. PRESSURE

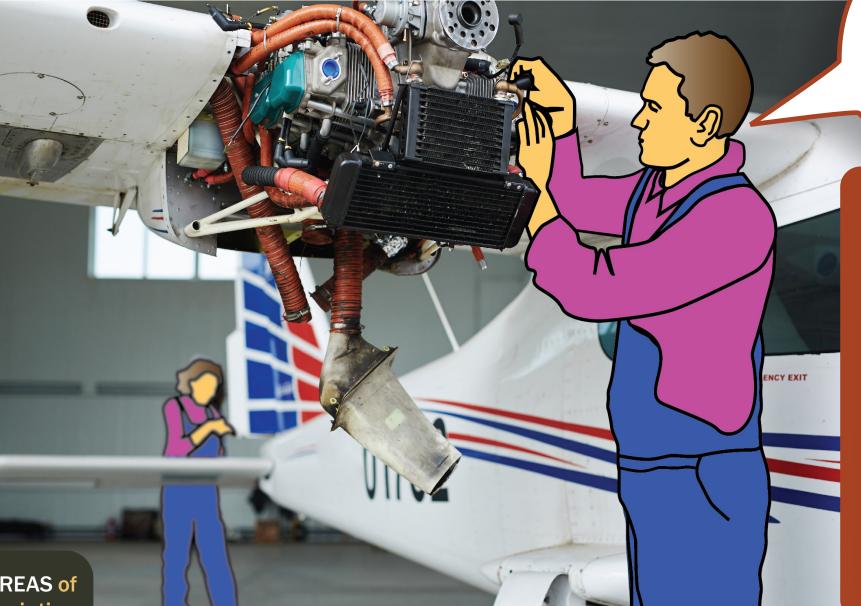
9. LACK OF ASSE

10. STRESS

11. LACK OF AWAR

12. NORMS

This refers to ALL AREAS of activity related to aviation



## **DISTRACTION**COUNTERMEASURES

- √ Treat interruptions as red flags & go back to the beginning of the checklist.
- √ Use checklists or check sheets.
- Ensure uncompleted work is briefed & clearly marked.
- **√** 1 Aviate 2 Navigate 3 Communicate.
- ✓ Manage workload to the extent possible, to reduce workload at the critical stages.
- √ Maintain Situational Awareness.































































