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DISTRACTION THE DIRTY DOZEN

80%
of mistakes in aviation involve **HUMAN FACTORS** and if not detected could lead to accidents

1. LACK OF COMMUNICATION
2. COMPLACENCY
3. LACK OF KNOWLEDGE
- 4. DISTRACTION**
5. LACK OF TEAMWORK
6. FATIGUE
7. LACK OF RESOURCES
8. PRESSURE
9. LACK OF ASSERTIVENESS
10. STRESS
11. LACK OF AWARENESS
12. NORMS

This refers to ALL AREAS of activity related to aviation



“OK darling. I’ll pick up the chicken on my way home.”

- ## DISTRACTION COUNTERMEASURES
- ✓ Treat interruptions as red flags & go back to the beginning of the checklist.
 - ✓ Use checklists or check sheets.
 - ✓ Ensure uncompleted work is briefed & clearly marked.
 - ✓ 1 Aviate - 2 Navigate - 3 Communicate.
 - ✓ Manage workload to the extent possible, to reduce workload at the critical stages.
 - ✓ Maintain Situational Awareness.