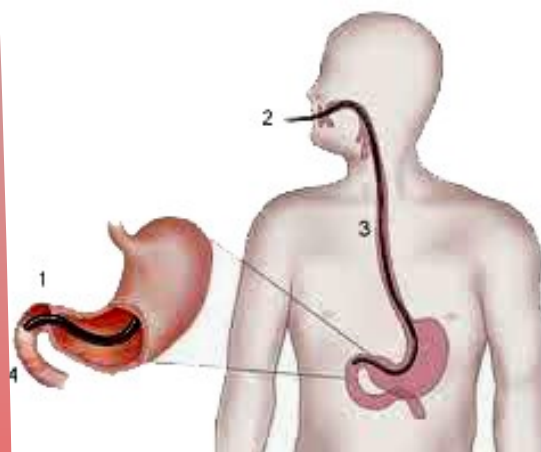


# GASTROSCOPY



Febrúar 1998/GG,GK, JFJ.  
Endursk. í feb. 2012/GG/TV  
Ensk þýðing: Túlkamiðstöðin 2021/kg  
rmbæk10b

**HVE Akranes**  
Sími 432 1000  
[www.hve.is](http://www.hve.is)

**Heilbrigðisstofnun Vesturlands**  
**Akranesi**  
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## Gastroscopy

### **What is examined?**

The oesophagus, stomach and duodenum.

### **What does the preparation involve?**

Fasting for 5 hours before the procedure, i.e., no solid foods, water is permitted up until 2 hours before the procedure. Do not smoke for at least 8 hours before the examination.

If you are on any anticoagulants (Warfarin/Kóvar, Hjartamagnýl/Aspirin or Plavix), inform us at least 3 days before the procedure. Bring information about all of your medication with you when you come in for the procedure.

### **What happens during the procedure?**

You will lie on your left side. If you have dentures, they will have to be removed during the procedure. A local anaesthetic is sprayed into the throat. An intravenous sedative is often administered before the procedure begins.

A mouthpiece is put into the mouth, and a flexible tube is guided down. You will be asked to swallow while the tube is going through the throat. A tissue sample may be taken painlessly during the procedure. The examination takes about 3-5 minutes.

### **Is it painful?**

It is usually not painful, although the examination might cause some discomfort to the throat. Some discomfort might be felt in the stomach because of air which is used during the procedure for a better view.

### **What about aftercare?**

If you are in the hospital, you will be brought to your room on your bed. If not, you will have to stay at the hospital for about an hour after the procedure.

You are **not allowed to drive a car** for 4 hours after the procedure because of the medication.

**Attention! Because of the local anaesthetic to the throat, you must not eat for about an hour after the procedure.**

### **Was anything found during the procedure?**

You will be informed about the results immediately after the examination. Results from any tissue samples which might be taken will take about a week.

### **Where does the procedure take place?**

The procedure takes place at the Endoscopy Department (speglunardeild) which is located on the 1<sup>st</sup> floor of the Health Care Institute of West Iceland (HVE) in Akranes.

**If you need any further information or if you need to reschedule your appointment, you can contact the department at 432 1040.**

You have an appointment for a gastroscopy.

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Best regards,  
Employees of the Endoscopy Department,  
HVE Akranes.

