



Identifying gaps and needs to strengthen psychosocial wellbeing

Launch of new *The First 1 000 Days in the Nordics* –report

Our new report *The First 1 000 Days in the Nordics: Identifying Gaps and Needs to Strengthen Psychosocial Wellbeing* will be published on 11 May 2026.

Objectives and Content

The webinar offers decision-makers, developers, and officials an opportunity to explore and hear about effective ways to meet families' support needs in the Nordic countries during the first 1000 days of a child's life.

The report highlights:

- **Key support needs for families**
- **Effective methods for addressing these needs**
- **Intervention gaps**
- **Information gaps**
- **Development directions for Nordic collaboration**

It brings together current research, expert insights, and proven interventions to strengthen psychosocial support for families from pregnancy until the child's second birthday. The findings may inform the next phase of Nordic cooperation and help countries adapt recommendations to their national contexts.

The webinar is intended for professionals, developers, experts, and decision-makers in perinatal services from all Nordic countries.

The report is part of the work of the *Nordic Network about the child's first 1000 days – a healthy start in life* which aims to promote knowledge sharing and collaboration that support children's development and well-being from pregnancy to two years of age in all Nordic countries. In 2026 Denmark holds the chair of the network. The report was funded by the Nordic Council of Ministers and coordinated in Finland by Itla.

If you have questions about the webinar, don't hesitate to contact me!

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Programme 11 May 2026

13.00 Welcome!

13.05 Key Findings of the Report *The First 1 000 Days in the Nordics: Identifying Gaps and Needs to Strengthen Psychosocial Wellbeing*

13.35 Public Comments

13.40 Panel Discussion: Representatives from each Nordic country

14.15 Public Comments

15.25 Closing Remarks

15.30 Webinar Ends

Event Time Zones

14.00–15.30 (Finland)

13.00–14.30 (Norway, Sweden, Denmark)

11.00–12.30 (Iceland)

Join us in building a more impactful and equitable start to life in the Nordics!

[Register here](#)



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