

How to Watch the 2026 Winter Paralympics

A Complete Viewing Guide

The Paralympics are more than a global sporting event, they're a celebration of elite performance, innovation, and the fast-growing world of [adaptive sports](#). With the 2026 Winter Paralympic Games heading to Italy, fans around the world will have more ways than ever to tune in, follow their favorite athletes, and experience the action.

Whether you're a longtime Paralympics fan or watching for the first time, here's everything you need to know about how to watch the 2026 Winter Paralympics, what sports to follow, and which athletes to keep on your radar.

When and Where Are the 2026 Winter Paralympics?

The [Milano Cortina 2026 Winter Paralympic Games](#) will take place across northern Italy, with events hosted in Milan, Cortina d'Ampezzo, and surrounding alpine venues. These Games will bring the world's best adaptive winter athletes together to compete on some of the most iconic snow and ice stages in the world.

For a full, up-to-date competition calendar, [the official schedule overview is available on the Milano Cortina 2026 website](#).

How to Watch the Winter Paralympics in the U.S.

Streaming & Broadcast Coverage

In the United States, the primary home for Paralympic coverage will be Peacock, NBCUniversal's streaming platform. Peacock will offer live streams, replays, highlight packages, and curated Paralympics content throughout the Games.

You can find the latest viewing details at [the Peacock Paralympics streaming hub](#).

Coverage typically includes:

- Live and on-demand event streaming
- Daily highlight recaps
- Athlete-focused features and storytelling
- Accessible viewing options across devices

Outside the U.S., broadcast partners and streaming options may vary by country. The best place to confirm local coverage is [the official Paralympic website](#).

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Adaptive Sports to Watch at the Winter Paralympics

The Winter Paralympics showcase some of the most dynamic adaptive sports on snow and ice. Events to watch in 2026 include:



Para Alpine Skiing

Speed, precision, and technical mastery on steep alpine courses



Para Snowboard

High-energy racing and banked slalom events



Para Nordio Skiing

Endurance-driven cross-country and biathlon competitions

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Wheelchair Curling

Strategy-heavy matches with incredible accuracy and teamwork



Para Ice Hockey

One of the most fast-paced and physical events of the Games

Athletes to Know: Stars of the 2026 Games

Noah Elliot

A standout in para snowboarding, Noah Elliott is known for his power, consistency, and competitive edge on the world stage. As one of Team USA's top winter adaptive athletes, he's a must-watch as the snowboarding events unfold.



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Oksana Masters

A multi-sport Paralympian and global ambassador for adaptive sports, Oksana Masters represents the very best of the Paralympic movement. Her career spans both Summer and Winter Paralympics, and her advocacy, resilience, and performance continue to inspire athletes and fans worldwide.

Stay Connected Before the Opening Ceremony

As the 2026 Games approach, keep an eye on:

- Official athlete announcements and team rosters
- Event schedules and broadcast updates
- Behind-the-scenes stories from training camps and qualification events

Bookmark these official resources for the most accurate information:

- Peacock Paralympics coverage: <https://www.peacocktv.com/sports/olympics/paralympics>
- Milano Cortina 2026 Paralympics hub: <https://www.paralympic.org/milano-cortina-2026>

The countdown to Milano Cortina 2026 has begun, and the world of adaptive sports is ready to take center stage.