

Cheer on Ezra Frech on Dancing with the Stars

The ballroom is officially open, and Paralympic champion [Ezra Frech](#) is trading the track for the dance floor on Season 35 of *Dancing with the Stars*!

Ezra is competing alongside professional dancer Daniella Karagach (AKA The Ferrari), taking on a new challenge each week as they perform live for the judges and viewers at home.

Where to watch

Dancing with the Stars airs Tuesdays at 7 p.m. CT live on ABC and Disney+.

Episodes are also available on demand on Disney+ shortly after the live broadcast and the following day on [Hulu](#) and [ABC.com](#).



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How to vote for Ezra

Viewer votes play an important role in keeping Ezra and Daniella in the competition, and there are two ways to show your support during the live voting window:

- Vote online: Visit the [official Dancing with the Stars voting page](#) and cast up to 10 votes for Ezra and Daniella.
- Vote by text: Text EZRA to 21523. Each text counts as one vote, up to 10 votes per voting window.

That means eligible viewers can cast up to 20 votes for Ezra each week across the two voting methods. Voting is only open during the live Eastern/Central simulcast, beginning at 7 p.m. CT and closing shortly after the final competitive dance.

Follow along and show your support

From becoming a Paralympic gold medalist to taking on one of television's biggest dance competitions, Ezra continues to bring disability representation to new stages and audiences.

Tune in Tuesdays, cast your votes and help keep Ezra dancing!

