

Traveling with a prosthesis.

To make your journey easier, we've created a step-by-step checklist to help you prepare with confidence and travel with peace of mind.

In general:

☐ Check for good health, function, and comfort.

- Examine your residual limb carefully for changes (shape/volume/pressure points).
- Check the liner and/or knee cap for fit, tears, or holes.
- Check the condition of the foam cover or protector.
- If necessary, make an appointment with your prosthetic limb center to rule out any potential risk factors in advance.

☐ Fill out your prosthesis passport.

- You will receive your prosthesis passport from your orthopaedic technician.
- Always carry this with you, especially when traveling abroad.
- Your prosthesis passport ensures we can treat you in an emergency and makes airport security checks faster and easier.

☐ Find out about orthopedic care centers in your destination country in advance.

- You may be able to use our locator to find an Ottobock.care clinic in your destination country or city. These collaborative care teams offer the personal touch of a local clinic and the support of our global network.
- If an Ottobock.care clinic is not immediately available at your destination, don't worry. Our prosthetic support guarantee is valid worldwide.
- Contact information for Ottobock's worldwide subsidiary network and care clinics is available at corporate.ottobock.com.

☐ Fully charge your prosthesis before traveling.

- While you may be able to find places to charge your prosthesis during your journey, it's better to leave home with it fully charged.
- If you think you may need to charge during your travels, you can often find public charging stations on a map (for example, airport maps).

Packlist:

☐ Spare Parts & Repair Tools.

- Prosthesis passport.
- Extra parts: socket valve, liner, stump socks or knee cap.
- Dressing spray or any aids, you normally use.
- Old liner pieces (for volume adjustments).
- Strong adhesive tape and a small repair kit (for quick fixes).

☐ Skin & Wound Care.

- Wound disinfectant.
- Hydrocolloid plasters.
- Antibacterial soap.
- Lanolin and protective wound cream.
- Any other medicated or skincare products you need.
- Cushioning materials to help you stay more comfortable during long flights or when sitting for extended periods.

☐ Power & Charging.

- Charger and power supply for your prosthesis.
- Plug adapters (check the outlet type in your destination country).
- Power bank for charging on the go.

Important Tip

Keep all essential prosthetic supplies and chargers in your carry-on luggage, so they're easy to reach and won't get lost in transit.