



ottobock.

exopulse suit.
Fibromyalgia.

Meet the suit.

Relief where you really need it: almost everywhere.

It's an innovative new way to manage fibromyalgia symptoms.

With this complex condition, finding the right treatment approach can be a journey. If you're struggling with persistent symptoms and need a new way to manage them, now's the time to try a new approach: the **exopulse suit**. It's a wearable assistive device that provides clinically proven relief throughout the body. And with the latest updates to its innovative design, it delivers those results with more comfort and personalization.



Proven results that keep improving.

Clinically tested by patients just like you.

Regular use makes a big difference for most users.

In a recent study, nearly 64 % of users (2 out of 3) said their overall health had improved after just two weeks of everyday stimulation.¹

After one month of daily use, almost 79 % of users (4 out of 5) said their overall health had continued improving.¹



A recent study shows:



Less pain, fatigue, and more

With regular daily use, the suit can help relieve both physical and psychological symptoms of fibromyalgia.¹



Real relief in 2 weeks

After just 14 daily sessions, users report significantly improved pain, fatigue, and quality of life.¹



Results in 60 minutes

Some suit users say they feel significantly less pain after a single one-hour session in the suit.²



Even more at 4 weeks

A month of daily near-full body stimulation can help further relieve pain and fatigue, as well as fibromyalgia-related depression and anxiety.²

Targeted, tailored approach.

How neuromodulation helps relieve fibromyalgia symptoms.

It's a new way to use a trusted pain management technique.

Neuromodulation is a form of gentle electrical stimulation that can help manage pain and other fibromyalgia-related symptoms. It helps reduce pain by activating nervous system mechanisms that modulate the transmission of pain signals. These “pain gates” may help block debilitating symptoms before they reach the central nervous system.



Every journey with fibromyalgia is unique.

Here's how the suit is designed to fit seamlessly into yours.



Personalized approach

The suit's 50 embedded electrodes deliver precise stimulation that can be customized to your needs.



Complementary care

In most cases the suit can be used alongside standard therapies for fibromyalgia. The suit works right alongside them.



Non-invasive approach

No need for uncomfortable, invasive procedures to begin using the suit. Just slip it on and hit “start.”



Latest updates.

New design, new features & new possibilities.



Take a closer look at the newly redesigned suit:

- 1 Even more precision:** The new suit now has an optimized array of 50 enlarged, combined electrodes. This configuration makes it even easier to ensure that every electrode is well positioned, every time.
- 2 Even more comfort:** Both the jacket and pants are now made from a stretchier single-layer material that's even easier to put on and wear. The garments also have fewer zippers and shorter, more comfortable sleeves and pant legs.
- 3 Even more customization:** The suit now has an intuitive user app that enables you to fine-tune the stimulation whenever you need. You can adjust and personalize it with just a couple of taps.
- 4 Even more user-friendly:** The redesigned, Bluetooth-enabled control units make the suit even easier to set up, activate, and adjust. And forget about hunting for fresh batteries: Both units are fully rechargeable.

The app gives you even more control.

- Activate, control, and adjust the device with ease.
- The intuitive new user app enables you to make personalized adjustment to the suit's stimulation.





Elisa's Story.

“The suit has been a lifeline.”

For this busy mum and dedicated nurse, discovering the suit was a turning point in her struggle with fibromyalgia. It was “a moment of hope in the darkness” that helped her discover a whole new treatment path, one that’s led her back to the thriving life she wants.

Frequently asked questions.

Have there been any side effects to wearing the suit?

Skin irritation and burns beneath the electrodes have been reported with the use of transcutaneous stimulators.

Can the suit be used alongside standard fibromyalgia treatments?

In most cases, yes, the suit can be used alongside standard therapies for fibromyalgia, including common treatments like medication, physiotherapy, and cognitive behavioral therapy (CBT). You may want to consult your doctor to ensure that this is the case for you.

What kind of material is the suit made of?

The jacket and pants are constructed from comfortable, stretchy, washable synthetic materials (polyamide/elastane blend). The garments contain no animal products or fibers.

Is the suit typically covered by insurance and/or reimbursed by national health systems?

At this time, no, the suit is not covered by insurance or national health systems. It is currently available on a cash-pay basis while we work to obtain health insurance coverage.

Has the suit been evaluated in any independent clinical studies?

The suit's effectiveness has been evaluated in multiple clinical research programs, including both independent and Ottobock-sponsored studies.

If you'd like to learn more about the results of these studies, please contact an Ottobock representative.



Machine washable

The jacket and pants may be cleaned up to 60 times in a home washer.



Do NOT wash control units.

This may void the suit's two-year warranty.

Contraindications.

Do NOT use the suit:

- Together with electronic life-support equipment, e.g. cardiac demand pacemakers, or highfrequency operation equipment
- Together with ECG-equipment

There is a risk of the suit disturbing the function of the above-mentioned types of equipment.

Do NOT use the suit without consulting a doctor if any of the following apply:

- Cardiac diseases or other types of related conditions
- Cancer
- Infectious diseases
- Fever
- Epilepsy
- Skin disease, rashes or other skin problems
- Usage together with another medical device

i Usage in connection with the preceding scenarios or conditions can expose the user to unnecessary risk and is therefore at the user's own risk.





Ready to unlock your energy?

Schedule a trial fitting and see if the suit can help relieve your fibromyalgia symptoms. Get started at **www.ottobock.com**.

Indication and usage related to fibromyalgia:

The **exopulse suit** is intended to provide pain relief in patients with fibromyalgia, and other neurological disorders which may cause such type of symptoms. The suit should be used for 60 minutes every day, unless a healthcare professional recommends otherwise. In most cases, you can continue any drug, physical, psychiatric, or other therapy you may be using to manage your fibromyalgia, while also adding the suit to your treatment regimen.

References:

1. Mattar JG, Chalah MA, Querchefani N, Sorel M, Le Guilloux J, Lefaucheur JP, Abi Lahoud GN, Ayache SS. The effect of the EXOPULSE Mollii Suit on pain and fibromyalgia-related symptoms-A randomized sham-controlled crossover trial. Eur J Pain. 2024 Sep 18. doi: 10.1002/ejp.4729. Epub ahead of print. PMID: 39291602.
2. Riachi N, Chalah MA, Ahdab R, Arshad F, Ayache SS. Effects of the TENS device, Exopulse Mollii Suit, on pain related to fibromyalgia: An open-label study. Neurophysiol Clin. 2023 Aug;53(4):102863.

Notification: The information contained in this document is only intended for an audience outside the United States. Please note that the products described herein are not FDA approved. Not all products and services are registered or available for sale in all countries.

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