



**TACO BELL™**

# ALLERGENS

## PROTEINS

	GLUTEN	DAIRY	LACTOSE	EGG	LEMON	CELERY	SOYA	NUTS	FISH & SHELLFISH
Pulled Pork									
Seasoned Beef*									
Grilled Chicken*						*			
Pulled Oats® spicy	*								

## SAUCES

	GLUTEN	DAIRY	LACTOSE	EGG	LEMON	CELERY	SOYA	NUTS	FISH & SHELLFISH
Mild									
Medium									
Fire									
Nacho Cheese Sauce		*	*						
Guacamole									
Sour Cream		*							
Pico de Gallo									
Ketchup						*			

## SIDES

	GLUTEN	DAIRY	LACTOSE	EGG	LEMON	CELERY	SOYA	NUTS	FISH & SHELLFISH
Seasoned Fries									
Seasoned Nachos									
Side Salad									

## ITEMS (without the side and sauce)

	GLUTEN	DAIRY	LACTOSE	EGG	LEMON	CELERY	SOYA	NUTS	FISH & SHELLFISH
2 Tacos Supreme <small>CAN BE PREPARED WITH GLUTEN-FREE INGREDIENTS</small>	*	*	*						
Quesadilla	*	*	*						
Crunchwrap Supreme	*	*	*						
Naked Burrito Bowl	*	*	*						
Fresh Burrito	*	*	*						
Grilled Stuft Burrito	*	*	*						
Chalupa Supreme	*	*	*						
Vegan Burrito	*								
Night Vegan Burrito	*								
Cheesy Topped Fries		*	*						
Cheesy Topped Nachos		*	*						
Mexi Melt <small>CAN BE PREPARED WITH GLUTEN-FREE INGREDIENTS</small>	*	*	*						
Spicy Chicken Griller	*	*							
Beefy Nacho Griller	*	*	*						
Cheesy Roll Up	*	*	*						
Crunchy Taco		*	*						
Soft Taco <small>CAN BE PREPARED WITH GLUTEN-FREE INGREDIENTS</small>	*	*	*						
Nachos Supreme		*	*						
Fully Loaded Fries		*	*						

## DESSERTS

	GLUTEN	DAIRY	LACTOSE	EGG	LEMON	CELERY	SOYA	NUTS	FISH & SHELLFISH
Cinnamon Twists	*						*		
Churro with Chocolate Sauce	*	*	*						
Freeze (all flavors)					*				

\* Contains maltodextrin, which is gluten-free.

All menu items are made to order, so we can customize products to meet your preferences and dietary restrictions. If there's something you can't eat or don't want to, let us know and we'll help you find the right thing for you.

All of our products may contain small amounts of nuts, peanuts or gluten. All fried products may be prepared in the same cooking oil as chicken, cheese or fish products.