



**TACO BELL**

## ALLERGENS

<b>PROTEINS</b>	<b>GLUTEN</b>	<b>DAIRY</b>	<b>LACTOSE</b>	<b>EGG</b>	<b>LEMON</b>	<b>CELERY</b>	<b>SOYA</b>	<b>NUTS</b>	<b>FISH &amp; SHELLFISH</b>
Seasoned Beef <small>CONTAINS MALTODEXTRIN, WHICH IS GLUTEN-FREE.*</small>									
Grilled Chicken <small>CONTAINS MALTODEXTRIN, WHICH IS GLUTEN-FREE.*</small>						*			
Pulled Oats® spicy	*								
Crispy Chicken	*	*	*	*					
<b>SAUCES</b>	<b>GLUTEN</b>	<b>DAIRY</b>	<b>LACTOSE</b>	<b>EGG</b>	<b>LEMON</b>	<b>CELERY</b>	<b>SOYA</b>	<b>NUTS</b>	<b>FISH &amp; SHELLFISH</b>
Mild									
Fire									
Nacho Cheese Sauce		*	*						
Guacamole									
Sour Cream		*							
Pico de Gallo									
CaliRanch sauce		*		*	*				
Creamy Jalapeno sauce		*	*	*					
Ketchup						*			
<b>SIDES</b>	<b>GLUTEN</b>	<b>DAIRY</b>	<b>LACTOSE</b>	<b>EGG</b>	<b>LEMON</b>	<b>CELERY</b>	<b>SOYA</b>	<b>NUTS</b>	<b>FISH &amp; SHELLFISH</b>
Seasoned Fries									
Seasoned Nachos									
Side Salad									
<b>ITEMS (without the protein and side)</b>	<b>GLUTEN</b>	<b>DAIRY</b>	<b>LACTOSE</b>	<b>EGG</b>	<b>LEMON</b>	<b>CELERY</b>	<b>SOYA</b>	<b>NUTS</b>	<b>FISH &amp; SHELLFISH</b>
2 Tacos Supreme <small>CAN BE PREPARED WITH GLUTEN-FREE INGREDIENTS</small>	*	*	*						
Quesadilla	*	*	*	*					
Crunchwrap Supreme	*	*	*						
Naked Burrito Bowl		*	*						
Fresh Burrito	*	*	*						
Grilled Stuft Burrito	*	*	*						
Chalupa Supreme	*	*	*						
Vegan Burrito	*								
Cheesy Gordita Crunch	*	*	*						
Cheesy Topped Fries / Nachos		*	*						
Cheese Quesadilla	*	*	*	*					
Mexi Melt <small>CAN BE PREPARED WITH GLUTEN-FREE INGREDIENTS</small>	*	*	*						
Spicy Chicken Griller	*	*							
Beefy Nacho Griller	*	*	*						
Vegan Griller	*								
Cheesy Roll Up	*	*	*						
Crunchy Taco		*	*						
Soft Taco <small>CAN BE PREPARED WITH GLUTEN-FREE INGREDIENTS</small>	*	*	*						
Nachos Supreme		*	*						
Fully Loaded Fries		*	*						
Crispy Chicken with CaliRanch sauce	*	*	*	*	*				
<b>DESSERTS</b>	<b>GLUTEN</b>	<b>DAIRY</b>	<b>LACTOSE</b>	<b>EGG</b>	<b>LEMON</b>	<b>CELERY</b>	<b>SOYA</b>	<b>NUTS</b>	<b>FISH &amp; SHELLFISH</b>
Cinnamon Twists	*								
Churro with Chocolate Sauce	*	*	*	*			*	*	
Freeze (all flavors)					*				

All menu items are made to order, so we can customize products to meet your preferences and dietary restrictions. If there's something you can't eat or don't want to, let us know and we'll help you find the right thing for you.

\*All of our products may contain small amounts of nuts, peanuts or gluten. All fried products may be prepared in the same cooking oil as chicken, cheese or fish products. Our products don't contain lupin, mustard or sesame.

Updated 2/2021