

## Letter of Medical Necessity

**Date:** (MM/DD/YYYY) \_\_\_\_\_

**To:** (Insurance company) \_\_\_\_\_

**From:** (Physician name) \_\_\_\_\_

### **Subject: Request for coverage/reimbursement Kate Farms® Standard 1.0 chocolate, Standard 1.0 vanilla**

I am requesting insurance coverage and reimbursement for my patient, (Name) \_\_\_\_\_, (DOB as MM/DD/YYYY) \_\_\_\_\_, for whom I have prescribed the use of Kate Farms Standard 1.0 chocolate or vanilla. Based on this patient's clinical history, and diagnosis of (medical condition/diagnosis) \_\_\_\_\_, I have determined that the formula indicated above is medically necessary.

My patient's current measurements are: (weight) \_\_\_\_\_, (height) \_\_\_\_\_, (BMI/BMI percentile (pediatrics) \_\_\_\_\_), and history of weight loss. The pertinent labs that support the use of this product include: (list out any lab work or delete this section if not applicable) \_\_\_\_\_. The potential health of this patient will decline if this formula is not covered, and could result in (List out health outcomes associated with denial) \_\_\_\_\_.

The unique formulation of Kate Farms Standard 1.0 provides a complete nutrition profile for those patients ages 1 years and up through adulthood and may be the *sole source of nutrition* for this patient to be taken orally or via a feeding tube.

Clinical malnutrition is becoming a growing problem in our country, and more than 50% of those adults who are hospitalized, are estimated to be malnourished.<sup>1</sup> Estimations for pediatric malnutrition have been reported to be between 6-51%. It is known that with the diagnosis of malnutrition in pediatric patients, comes a three-fold increase in overall hospital cost. With malnutrition comes a two-and-a-half time increase in hospital length of stay, increase in comorbidities, and 3.5-fold increase in home care needs following discharge.<sup>2</sup>

Since Kate Farms Standard 1.0 can be taken orally or via a feeding tube, it can support the nutritional management of patients with malnutrition and chronic conditions to help decrease overall health care costs. Literature on the use of nutritional supplements in adult hospitalized patients has displayed an overall decrease in readmission (6.7%), overall episode cost (21.6% decrease), and in length of stay (21% decrease).<sup>3</sup>

In addition to the above, to date, my patient has *failed* to tolerate conventional cow milk, soy-based, hydrolysate and/or amino-acid based formulas including: (insert failed formulas here) \_\_\_\_\_ as evidenced by (include only those which are applicable: failure to meet weight gain goals, \_\_\_\_\_

emesis, diarrhea, constipation, heart burn/GERD, bloating, excessive gas, stomach aches/pains, increased mucus production)

\_\_\_\_\_. Kate Farms® products are specifically designed to meet the nutritional needs of patients with intestinal inflammation, severe cow milk protein, multiple food protein allergies and/or are unable to tolerate conventional cow milk, soy-based, hydrolysate formulas and/or amino-acid based formula. The composition of Kate Farms Standard 1.0 is made without gluten, dairy, soy, corn, and nuts. Kate Farms products are formulated with organic pea protein and a complete amino-acid profile, include organic ingredients and are fortified with evidence-based protein-free phytochemical extracts to support the body's ability to fight inflammation and oxidation.<sup>4</sup> Kate Farms products are manufactured by Kate Farms and are ideally suited for patients with compromised gastrointestinal function and/or food allergy-related symptoms.

For the above-outlined medical reasons, I am prescribing the following:

**Kate Farms** Standard 1.0: Vanilla, Chocolate (Circle flavor(s))

Based on my patient's current medical condition, I am prescribing \_\_\_\_\_ CALORIES, kcal / \_\_\_\_\_ OUNCES per day. This equates to (number of 325 mL Tetrapack cartons) \_\_\_\_\_ Tetrapack cartons daily.

Your approval of this request for assistance with medical care and reimbursement of the formula would have a significant positive impact on this patient's health.

Sincerely,

\_\_\_\_\_  
*Signature of prescribing MD, PA-C, ARNP*

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Printed Name of prescribing MD, PA-C, ARNP*

\_\_\_\_\_  
*Title*

\_\_\_\_\_  
*Title – Center/Hospital/Institution/Practice*

Encouraged Enclosures to be attached: Current Growth Chart, Letter of Dictation, Reports, Prescription

*Kate Farms, Inc. is providing this template to assist medical providers in communicating with insurance companies when a medical provider determines that Kate Farms' products should be part of a patient's care. Kate Farms, Inc. does not evaluate individual patients and does not participate in the determination of what constitutes proper care. Health Care providers should evaluate each of their patients to determine the best treatment for the patient's condition, which may include prescribing Kate Farms' products.*

- 1 Robinson, MK., Trujillo, EB., Mogensen, KM., Rounds, J., McManus K., Jacobs, DO. (2003). Improving nutritional screening of hospitalized patients: the role of prealbumin. *Journal of Parenteral and Enteral Nutrition*;27(6):389-395.
- 2 Abdelhadi, R., Bouma, S., Bairdain, S., Wolff, J., Legro, A., et al. (2016). Characteristics of Hospitalized Children with a Diagnosis of Malnutrition. *J Parenteral and Enteral Nutr*;40(5):623-635.
- 3 Bauer, JD., Isenring, E., Torma, J., Horsely, P., Martineau, J. (2007). Nutritional Status of patients who have fallen in an acute care setting. *J Human Nutrition and Dietetics*;20(6):558-564.
- 4 Nemzer, B., Chang, T., Xie, Z., Pietrzkowski, Z., Reyes, T., & Ou, B. (2014). Decrease of free radical concentrations in humans following consumption of a high antioxidant capacity natural product. *Food Science & Nutrition*, 2(6), 647–654. <http://doi.org/10.1002/fsn3.146>