

Be my  
Valentine

2 courses from

**14.99**


3 courses from

**17.99**

## Starters

### Cheesy Garlic Bread

Perfectly baked and topped with mozzarella cheese

Ask for our vegan cheese alternative 

### Calamari

Served with garlic mayo and lemon

### Southern Fried Chicken

Tender chicken strips with a BBQ sauce dip



### Mozzarella & Tomato Salad

Torn mozzarella, cherry tomatoes and rocket tumbled in basil pesto and finished with a sweet Italian balsamic glaze

### Meatballs Al Forno

Soft flavoursome lemon & herb pork meatballs in a rich tomato and chilli sauce, topped with mozzarella and baked in our oven. Served with Ciabatta bread

### Plantballs Italiano

Flavoursome vegan balls made with oats, broad bean & pea protein, served in a spicy tomato sauce with vegan mozzarella alternative and rocket

## Mains

### Viva La Vegan Burger

Vegan 1/4 pounder, lettuce, tomato, red onions, gherkin and vegan burger sauce, served with fries

### The House Special Burger

6oz\* burger with our signature burger sauce, fried onions and gherkin. A true Frankie's special, served with fries



### Carbonara

Creamy carbonara sauce with garlic and crispy bacon, topped with fresh parsley and grated Italian hard cheese  
**Choose from Penne | Spaghetti**

### Pollo Pepperoni Romana

A twist on your old favourite: spicy tomato sauce with pepperoni, roasted peppers & bacon. Topped with Cajun chicken, rocket & Italian hard cheese  
**Choose from Penne | Spaghetti**







## Mains cont.

### Mediterranean Lasagne

Layers of grilled Mediterranean vegetables with pasta, dairy-free white sauce, vegan cheese & tomato

### Mediterranean Salad

Couscous, bulgar wheat, black lentils, butternut squash, green beans, broccoli and spring onion with a vinaigrette dressing

### 10" Italian Hot Pizza

Soft spicy hot 'nduja sausage with pepperoni slices, chilli and mozzarella. Finished with rocket and basil pesto



### 10" Verduze Pizza

Roasted courgettes, pepper and torn vegan balls made with oats, broad bean & pea protein, topped with vegan mozzarella alternative and fresh parsley on a tomato sauce

### Chicken Parmigiana

Crispy chicken topped with ham, cheese and Neapolitan tomato sauce, served over spaghetti with a side

**Choose from** Salad | Fries | Green vegetables

### Steak & Fries

7oz\* rump steak, sautéed mushrooms, roasted tomato, onion rings and fries

**Choose from** Garlic and herb | Spicy peppercorn sauce

## Desserts


### Chocomisu

Vegan sponge soaked in a coffee & brandy syrup, layered with chocolate and coffee vegan cream, and dusted with cocoa powder

### Brownies & Ice Cream

Served warm with whipped cream, vanilla ice cream and chocolate sauce

### Ice Cream (3 scoops)

**Choose from** Vanilla | Strawberry | Chocolate | Brownies & Cream | Vegan Choc-Chip 

### Hot Cookie

Warm soft cookie dough with mino Rolos topped with ice cream



### Toblerone® Cheesecake

Creamy cheesecake topped with Toblerone® chocolate. Served with vanilla ice cream

### No-Cheesecake

Unbelievably creamy vanilla vegan cheesecake on a crumbly biscuit base with blueberry coulis and vegan choc-chip ice cream