



Meatballs al Forno

NIBBLES

Marinated Olives New recipe VG	1.99	Mini Breadsticks New VG	1.99
Tasty little Mediterranean treats		Basil flavoured breadsticks	

STARTERS

Dough Balls VG	4.79	Cheeseburger Dough Balls	5.99
Fresh from the oven, with a garlic and herb dip		Filled with beef, cheese and pickles, with our dipping burger sauce. Great balls of flavour!	
Garlic Pizza Bread VG	3.99	Fully Loaded Potato Skins	5.49
Baked and loaded with herbs		Crispy potato skins filled to the brim	
Add mozzarella for 0.50 V		Choose from Cheese & chive V /	
Add vegan mozzarella alternative for 0.50 VG		Bacon, cheese & chive	
Sticky Chicken Wings	5.99	Vegan Loaded Skins New VG	5.49
Served with sour cream and coated in your choice of sauce		Fully loaded with vegetables, tomato sauce and vegan cheese alternative and served with a vegan mayo	
Choose from BBQ Nashville Hot			
Nashville Chicken FeelGood	5.99	Mushroom Bruschetta V	5.49
Marinated in Nashville Hot sauce with cucumber, roasted pepper and sour cream		Toasted ciabatta topped with creamy garlic mushrooms, onion and mushroom sauce, finished with cheese and fresh herbs	
Southern Fried Chicken	5.99	Bruschetta Napoli FeelGood V	4.49
Tender chicken strips with a BBQ sauce dip		Toasted ciabatta bread topped with tomato, red onion, basil and pesto	
Meatballs al Forno New	5.99	Garlic Prawns New	6.99
Soft flavoursome lemon and herb pork meatballs in a rich tomato and chilli sauce, topped with mozzarella and baked in our oven. Served with ciabatta bread		Garlic and herb butter prawns butterflied and served with lemon and ciabatta bread to soak up all the flavour	
Add hot soft spicy 'nduja sausage for 1.00		Mozzarella & Tomato Salad New FeelGood V	4.99
Mozzarella Sticks V	5.49	Torn mozzarella, cherry tomatoes and rocket tumbled in basil pesto and finished with a sweet Italian balsamic glaze	
Crispy sticks of melting mozzarella, with Neapolitan tomato sauce. Cheesy does it			
Calamari	6.79		
Served with garlic mayo and lemon			

SHARING STARTERS

Sticky Wings Feast - Great for 2-3 people	11.49	Meat Feast - Great for 3-4 people	11.99
Wings coated in your choice of sauce, served with sour cream and blue cheese dips		Tender chicken bites, BBQ ribs, cheese and bacon topped garlic ciabatta, loaded potato skins, plus sour cream and dips. Feast on this!	
Choose from BBQ Nashville Hot			
Dough Ball Delight V - Great for 2-3 people	8.99	Chicken Variety - Great for 3-4 people	15.99
A double serving of oven fresh dough balls, with garlic & herb, Neapolitan tomato and pesto dips. Grab some extra dough!		Southern fried chicken, skewers and BBQ wings, served with onion rings, garlic ciabatta and dips. A chicken lover's dream	

FeelGood a lighter option – starters under 400 calories and mains under 650 V Vegetarian VG Vegan

If you have an allergy please discuss with your server before ordering.
Gluten Free versions of many of our dishes are available on request. Please ask your server for our Gluten Free menu.

BURGERS

Served with fries

100% Irish Beef

Classic Beef 8.99
6oz* burger with mayo and garnish. No frills, all flavour

Classic Cheese 9.99
All of the above plus Monterey Jack cheese

The House Special 9.99
6oz* burger with our signature burger sauce, fried onions and gherkin. A true Frankie's special

New York Deli 15.49
6oz* burger with Monterey Jack cheese, pastrami, sauerkraut, gherkin, mayo and deli mustard. Our very own skyscraper

Double Bacon Cheese 14.49
Two 6oz* burgers with two lots of bacon, mayo and Monterey Jack cheese. Double. Of. Everything!

Black & Blue New 14.79
6oz* burger patty seasoned with Cajun spice and topped with Italian Dolcelatte blue cheese, onion rings, gherkins and mayo

Bacon Cheese 11.49
6oz* burger with lettuce, tomato, mayo, streaky bacon and Monterey Jack cheese

Veggie

The Smoky Beet VG 9.99
Soya, beetroot, & tomato patty plus lettuce and gherkin. With vegan mayo (naturally)

Viva la Vegan VG 9.99
Vegan 1/4 pounder, lettuce, tomato, red onions, gherkin and vegan burger sauce
Add vegan melted cheese for 1.00 New



Chicken BLT

Chicken

Classic Chicken 9.99
Simply the breast, with mayo

Chicken BLT New 12.99
Grilled chicken breast topped with chopped lettuce and tomato tossed in a basil pesto mayo, finished with crispy bacon

Crispy BBQ Chicken 11.69
Breaded buttermilk chicken breast with red onions, mayo, lettuce and BBQ sauce

Nashville Hot Chicken 13.29
Breaded buttermilk chicken breast with Monterey Jack cheese, gherkin, lettuce, Nashville Hot sauce and mayo

Fancy a beer?

Peroni Nastro Azzurro 5.1% 330ml	4.89
Peroni Libera 0.0% 330ml	3.69
Brooklyn Lager 5.2% 355ml	4.89

Remove bun and Swap fries for Salad or Corn FeelGood

DO IT YOUR WAY

Add toppings		Double up ⁺
1.00 each	1.79 each	2.29 each
Streaky bacon	Mac 'n' cheese	Beef patty
Monterey Jack cheese	Onion rings	Grilled chicken
Vegan melted cheese		Crispy chicken
		Vegan patty

BIG-UP YOUR FRIES

Upgrade for 50p	Upgrade for 2.99
Sweet potato fries VG	Cajun Cheese Fries V
	Bacon & Cheese Fries
	Chilli Cheese Fries
	Vegan Cheese Fries New VG

Black & Blue



PASTA

- Chicken & Mushroom Penne

Tender chicken breast in a creamy white wine and mushroom sauce, tossed with penne

9.99
- Classic Beef Lasagne FeelGood

Just like Mamma used to make

9.99
- Spaghetti Pomodoro V

Spaghetti and garlic tossed in Neapolitan tomato sauce with basil and mozzarella

7.99
- With a smaller portion and salad FeelGood

6.49
- Ultimate Mac 'N' Cheese V

Macaroni cheese topped with a cheesy crumb. The ultimate comfort food

9.49
- Add bacon or spicy 'nduja sausage for 1.00

9.49
- Spaghetti Bolognese

Rich beef Bolognese sauce over spaghetti. Classic!

9.99
- Frankie's Classic Meatballs

Pork & beef meatballs in a beef Bolognese and Neapolitan tomato sauce with penne pasta, basil and mozzarella

12.99
- Cannelloni New V

Pasta tubes filled with creamy Italian ricotta and spinach, baked until bubbling hot with béchamel sauce, tomato and mozzarella cheese

10.49
- Penne Arrabiata VG

Roasted red peppers, red onion, green chillies and olives in a spicy tomato and garlic sauce. An Italian favourite

8.99

- King Prawn Risotto

Creamy risotto and juicy prawns with seasonal green vegetables and a courgette & prosecco sauce

13.99
- Tortellini 'Nduja New

Pasta parcels filled with spicy Italian sausage and a soft burrata cheese, in a creamy cheese sauce finished with rocket

12.49
- Spaghetti Carbonara

Spaghetti tossed in a creamy sauce with crispy bacon

9.99
- Add chicken for 1.50

9.99

Not on a date?

Tuck into our garlic bread for 3.99



Cannelloni

FRANKIE'S SUPER DEAL

24.99

Choose any three pasta dishes and your favourite 10" pizza to share. Hope you're hungry!

Tortellini 'Nduja





Italian Hot

PIZZA

Classic

	10"	15"
Pepperoni	9.99	14.99
Pepperoni and mozzarella <i>Go hotter with green chillies (on us)</i>		
Four Cheeses New V	9.99	14.99
Creamy Italian Dolcelatte blue cheese, mozzarella, Italian hard cheese and cheddar. Finished with rocket		
BBQ Chicken	9.99	14.99
Slices of tender chicken, mozzarella, chives and BBQ sauce		
Margherita V	7.99	12.99
Tomato and mozzarella. Nice and simple <i>Ask for our vegan mozzarella alternative</i> VG		
Italian Hot New	11.99	16.99
Soft spicy hot 'nduja sausage with pepperoni slices, chilli and mozzarella. Finished with rocket and basil pesto		
The Hawaiian	8.99	13.99
Ham, mozzarella and juicy pineapple. Aloha!		
Pollo Peppadew New	11.99	16.99
Cajun dusted chicken with sweet Peppadew® peppers, red onion, mozzarella and tomato		
New York Giant	11.89	16.89
Pork & beef meatballs, mozzarella, chicken, bacon, ham, pepperoni, red pepper and red onion, on a BBQ base		

DO IT YOUR WAY

Extra toppings

1.29 each

Mushroom
Pineapple
Mozzarella

1.79 each

Pepperoni
Ham
Bacon

Calzone

Meatball Feast	12.79
Pork & beef meatballs, pepperoni, chicken, red onion, red pepper, mozzarella and BBQ sauce	

Skinny full taste, half the dough

Skinny Veggie FeelGood V	9.99
Red onion, red peppers, mushrooms, olives, green chillies, mozzarella and rocket. Served with side salad <i>Ask for our vegan mozzarella alternative</i> VG <i>Add Chicken for 0.50</i> FeelGood <i>Add Prawn for 1.00</i> FeelGood	



New York Giant

Something green on the side?

Get a fresh mixed leaf salad with cucumber, tomato and red onions for only 3.49



SALADS

- Classic Caesar

FeelGood

9.49

Baby gem lettuce, croutons and Gran Levanto cheese smothered in Caesar dressing. Hail Caesar!
Add grilled chicken breast for 2.00
- Seared Steakhouse

New recipe FeelGood

12.79

Juicy 7oz* rump steak sliced over mixed salad with green beans, tomato, onion, basil, fresh mint and chilli dressing
- Nashville Chicken

FeelGood

10.69

Chicken breast marinated in Nashville Hot sauce with salad and sour cream
- Mediterranean

FeelGood VG

10.99

Couscous, bulgar wheat, black lentils, butternut squash, green beans, broccoli and spring onion with a vinaigrette dressing
Add salmon fillet* for 2.50
Add grilled chicken breast for 2.00
- Rialto

New

12.99

Salmon fillet* with green beans, tomato, cucumber, onion, free-range egg and mixed leaves in a creamy buttermilk ranch dressing with lemon

- Dolce Vita

New

12.29

Torn chicken, crispy bacon, Italian Dolcelatte blue cheese and lettuce in a creamy blue cheese dressing
- Capra

New

10.99

Tangy goat's cheese with sweet Peppadew® peppers, tomatoes, croutons and mixed leaves, in a creamy buttermilk ranch dressing

WRAPS

Served with fries and 'slaw

- Cajun Chicken Wrap

10.89

Golden fried chicken with lettuce, red onion, cheese, rocket and Cajun mayo
- BBQ Cheese Chicken Wrap

11.39

Golden fried chicken with BBQ sauce, cheese, red onion, rocket and lettuce

Swap your fries for Salad or Corn

FeelGood



HOT DOGS

Served with fries

	Reg 6"	Footlong 12"
Classic	7.49	9.99
With ketchup and mustard		
Wrapped	8.79	11.29
Bacon wrapped hot dog topped with cheddar cheese		
Chilli Cheese	8.99	11.49
Topped with rich beef chilli and cheddar cheese		
Philly Steak	9.39	11.89
Philled to the brim with steak, red onion, red peppers and cheddar cheese		

GRILLS

New York BBQ Chicken 13.99
Chicken breast topped with bacon, cheese and BBQ sauce with onion rings, fries, 'slaw and corn on the cob

Smoky BBQ Ribs
Falling-off-the-bone tender pork ribs smothered in BBQ sauce, served with fries, 'slaw and corn on the cob
Choose from
Whole rack of ribs 15.99
Half rack of ribs 11.69

Ultimate Mixed Grill 19.99
7oz* rump steak, chicken breast, half rack of ribs, BBQ wings, mushrooms, tomato, onion rings and fries
Choose from Garlic & herb | Spicy peppercorn

BBQ Chicken & Ribs 16.99
Half roast chicken, half rack of ribs, BBQ sauce, fries, 'slaw and corn on the cob

Half Roast Chicken **New recipe** 14.99
Served with garlic mayo and with your choice of fries or Mediterranean salad in a vinaigrette dressing
Choose from Lemon & herb | BBQ | Nashville Hot

Chicken Parmigiana 12.99
Crispy chicken topped with ham, cheese and Neapolitan tomato sauce, served over spaghetti with a side
Choose from Green vegetables | Salad | Fries

Steak from British & Irish farms

Steak & Fries 12.99
7oz* rump steak, sautéed mushrooms, roasted tomato, onion rings and fries
Choose from Garlic & herb | Spicy peppercorn




Sirloin Steak 16.99
8oz* sirloin steak, sautéed mushrooms, roasted tomato, onion rings and fries
Choose from Garlic & herb | Spicy peppercorn

Fish


Salmon Fillet† 13.99
Served with a jacket potato & sour cream, peas, broccoli, green beans and pesto

Fish & Chips 10.99
Prime fillet of cod† in golden batter, served with fries, peas and tartar sauce

SIDES


Garlic Pizza Bread  3.99
Green Vegetables  3.29
Side Salad  3.49
Sweet Potato Fries  3.99
Fries  3.49
'Slaw  2.99
Onion Rings  3.69
Corn on the Cob  2.99
Jacket Potato 3.99
Choose from Bacon, sour cream & chive | Cheese, sour cream & chive 

Loaded fries

Cajun Cheese Fries  4.29
Cajun spice and warm cheese sauce

Bacon & Cheese Fries 4.99
Crispy bacon and warm cheese sauce

Chilli Cheese Fries 4.99
Rich beef chilli, sour cream, warm cheese sauce & fresh green chilli

Vegan Cheese Fries **New**  4.99
Warm vegan cheese sauce with chilli flakes

Chilli Cheese Fries

Bacon & Cheese Fries