



Meatballs al Forno

## NIBBLES

<b>Marinated Olives</b> <span>New recipe</span> <span>VG</span>	1.99	<b>Mini Breadsticks</b> <span>New</span> <span>VG</span>	1.99
Tasty little Mediterranean treats		Basil flavoured breadsticks	

## STARTERS

<b>Dough Balls</b> <span>VG</span>	4.89	<b>Calamari</b>	6.89
Fresh from the oven, with a garlic and herb dip		Served with garlic mayo and lemon	
<b>Garlic Pizza Bread</b> <span>VG</span>	3.99	<b>Fully Loaded Potato Skins</b>	5.59
Baked and loaded with herbs		Crispy potato skins filled to the brim	
<b>Add mozzarella for 0.50</b> <span>V</span>		<b>Choose from</b> <i>Cheese &amp; chive</i> <span>V</span> /	
<b>Add vegan mozzarella alternative for 0.50</b> <span>VG</span>		<i>Bacon, cheese &amp; chive</i>	
<b>Sticky Chicken Wings</b>	5.99	<b>Vegan Loaded Skins</b> <span>New</span> <span>VG</span>	5.59
Served with sour cream and coated in your choice of sauce		Fully loaded with vegetables, tomato sauce and vegan cheese alternative and served with a vegan mayo	
<b>Choose from</b> <i>BBQ</i>   <i>Nashville Hot</i>			
<b>Nashville Chicken</b> <span>FeelGood</span>	5.99	<b>Mushroom Bruschetta</b> <span>V</span>	5.59
Marinated in Nashville Hot sauce with cucumber, roasted pepper and sour cream		Toasted ciabatta topped with creamy garlic mushrooms, onion and mushroom sauce, finished with cheese and fresh herbs	
<b>Southern Fried Chicken</b>	5.99	<b>Bruschetta Napoli</b> <span>FeelGood</span> <span>V</span>	4.59
Tender chicken strips with a BBQ sauce dip		Toasted ciabatta bread topped with tomato, red onion, basil and pesto	
<b>Meatballs al Forno</b> <span>New</span>	6.29	<b>Garlic Prawns</b> <span>New</span>	6.99
Soft flavoursome lemon and herb pork meatballs in a rich tomato and chilli sauce, topped with mozzarella and baked in our oven. Served with ciabatta bread		Garlic and herb butter prawns butterflied and served with lemon and ciabatta bread to soak up all the flavour	
<b>Add hot soft spicy 'nduja sausage for 1.00</b>			
<b>Mozzarella Sticks</b> <span>V</span>	5.59	<b>Mozzarella &amp; Tomato Salad</b> <span>New</span> <span>FeelGood</span> <span>V</span>	4.99
Crispy sticks of melting mozzarella, with Neapolitan tomato sauce. Cheesy does it		Torn mozzarella, cherry tomatoes and rocket tumbled in basil pesto and finished with a sweet Italian balsamic glaze	

## SHARING STARTERS

<b>Sticky Wings Feast</b> - Great for 2-3 people	11.89	<b>Meat Feast</b> - Great for 3-4 people	12.39
Wings coated in your choice of sauce, served with sour cream and blue cheese dips		Tender chicken bites, BBQ ribs, cheese and bacon topped garlic ciabatta, loaded potato skins, plus sour cream and dips. Feast on this!	
<b>Choose from</b> <i>BBQ</i>   <i>Nashville Hot</i>			
<b>Dough Ball Delight</b> <span>V</span> - Great for 2-3 people	9.49	<b>Chicken Variety</b> - Great for 3-4 people	16.49
A double serving of oven fresh dough balls, with garlic & herb, Neapolitan tomato and pesto dips. Grab some extra dough!		Southern fried chicken, skewers and BBQ wings, served with onion rings, garlic ciabatta and dips. A chicken lover's dream	

**FeelGood** A lighter option - with starters under 400 calories and mains under 650 V Vegetarian VG Vegan

If you have an allergy please discuss with your server before ordering.  
Gluten Free versions of many of our dishes are available on request. Please ask your server for our Gluten Free menu.

# BURGERS

Served with fries

## 100% Irish Beef

**Classic Beef** 8.99  
6oz\* burger with mayo and garnish. No frills, all flavour

**Classic Cheese** 9.99  
All of the above plus Monterey Jack cheese

**The House Special** 10.29  
6oz\* burger with our signature burger sauce, fried onions and gherkin. A true Frankie's special

**New York Deli** 15.59  
6oz\* burger with Monterey Jack cheese, pastrami, sauerkraut, gherkin, mayo and deli mustard. Our very own skyscraper

**Double Bacon Cheese** 14.69  
Two 6oz\* burgers with two lots of bacon, mayo and Monterey Jack cheese. Double. Of. Everything!

**Black & Blue** New 14.89  
6oz\* burger patty seasoned with Cajun spice and topped with Italian Dolcelatte blue cheese, onion rings, gherkins and mayo

**Bacon Cheese** 11.69  
6oz\* burger with lettuce, tomato, mayo, streaky bacon and Monterey Jack cheese

## Veggie

**The Smoky Beet** VG 9.99  
Soya, beetroot, & tomato patty plus lettuce and gherkin. With vegan mayo (naturally)

**Viva la Vegan** VG 9.99  
Vegan 1/4 pounder, lettuce, tomato, red onions, gherkin and vegan burger sauce  
*Add vegan melted cheese for 1.00* New



Chicken BLT

## Chicken

**Classic Chicken** 9.99  
Simply the breast, with mayo

**Chicken BLT** New 12.99  
Grilled chicken breast topped with chopped lettuce and tomato tossed in a basil pesto mayo, finished with crispy bacon

**Crispy BBQ Chicken** 11.79  
Breaded buttermilk chicken breast with red onions, mayo, lettuce and BBQ sauce

**Nashville Hot Chicken** 13.49  
Breaded buttermilk chicken breast with Monterey Jack cheese, gherkin, lettuce, Nashville Hot sauce and mayo

## Fancy a beer?

Peroni Nastro Azzurro 5.1% 330ml	4.99
Peroni Libera 0.0% 330ml	3.69
Brooklyn Lager 5.2% 355ml	4.99

Remove bun and Swap fries for Salad or Corn FeelGood

## DO IT YOUR WAY

Add toppings		Double up <sup>+</sup>
<b>1.00 each</b>	<b>1.79 each</b>	<b>2.29 each</b>
Streaky bacon	Mac 'n' cheese	Beef patty
Monterey Jack cheese	Onion rings	Grilled chicken
Vegan melted cheese		Crispy chicken
		Vegan patty

## BIG-UP YOUR FRIES

Upgrade for 0.50	Upgrade for 2.99
Sweet potato fries <span>VG</span>	Cajun Cheese Fries <span>V</span>
	Bacon & Cheese Fries
	Chilli Cheese Fries
	Vegan Cheese Fries <span>New</span> <span>VG</span>

Black & Blue





# PASTA

### Chicken & Mushroom Penne

Tender chicken breast in a creamy white wine and mushroom sauce, tossed with penne

### Classic Beef Lasagne FeelGood

Just like Mamma used to make

### Spaghetti Pomodoro V

Spaghetti and garlic tossed in Neapolitan tomato sauce with basil and mozzarella

*With a smaller portion and salad FeelGood*

### Ultimate Mac 'N' Cheese V

Macaroni cheese topped with a cheesy crumb. The ultimate comfort food

*Add bacon or spicy 'nduja sausage for 1.00*

### Spaghetti Bolognese

Rich beef Bolognese sauce over spaghetti. Classic!

### Frankie's Classic Meatballs

Pork & beef meatballs in a beef Bolognese and Neapolitan tomato sauce with penne pasta, basil and mozzarella

### Cannelloni New V

Pasta tubes filled with creamy Italian ricotta and spinach, baked until bubbling hot with béchamel sauce, tomato and mozzarella cheese

### Penne Arrabiata VG

Roasted red peppers, red onion, green chillies and olives in a spicy tomato and garlic sauce. An Italian favourite

9.99

### King Prawn Risotto

Creamy risotto and juicy prawns with seasonal green vegetables and a courgette & prosecco sauce

13.99

10.29

### Tortelloni 'Nduja New

Pasta parcels filled with spicy Italian sausage and a soft burrata cheese, in a creamy cheese sauce finished with rocket

12.59

8.29

### Spaghetti Carbonara

Spaghetti tossed in a creamy sauce with crispy bacon  
*Add chicken for 1.50*

9.99

6.99

9.59

9.99

12.99

10.59

8.99

### Not on a date?

Tuck into our garlic bread for 3.99



Tortelloni 'Nduja

## FRANKIE'S SUPER DEAL

24.99

Choose any three pasta dishes and your favourite 10" pizza to share. Hope you're hungry!

Frankie's Classic Meatballs







Italian Hot

PIZZA

Classic	10"	15"
<b>Pepperoni</b> Pepperoni and mozzarella <i>Go hotter with green chillies (on us)</i>	9.99	14.99
<b>Four Cheeses</b> <span>New</span> <span>V</span> Creamy Italian Dolcelatte blue cheese, mozzarella, Italian hard cheese and cheddar. Finished with rocket	9.99	14.99
<b>BBQ Chicken</b> Slices of tender chicken, mozzarella, chives and BBQ sauce	9.99	14.99
<b>Margherita</b> <span>V</span> Tomato and mozzarella. Nice and simple <i>Ask for our vegan mozzarella alternative</i> <span>VG</span>	8.29	13.29
<b>Italian Hot</b> <span>New</span> Soft spicy hot 'nduja sausage with pepperoni slices, chilli and mozzarella. Finished with rocket and basil pesto	11.99	16.99
<b>The Hawaiian</b> Ham, mozzarella and juicy pineapple. Aloha!	8.99	13.99
<b>Pollo Peppadew</b> <span>New</span> Cajun dusted chicken with sweet Peppadew® peppers, red onion, mozzarella, tomato and rocket.	11.99	16.99
<b>New York Giant</b> Pork & beef meatballs, mozzarella, chicken, bacon, ham, pepperoni, red pepper and red onion, on a BBQ base	11.99	16.99
<b>Kansas City BBQ</b> <span>VG</span> Vegan chicken strips, BBQ sauce, vegan mozzarella alternative, red onions and chives	9.99	14.99

Something green on the side?

Get a fresh mixed leaf salad with cucumber, tomato and red onions for only 3.59

Calzone

**Meatball Feast** 12.89  
Pork & beef meatballs, pepperoni, chicken, red onion, red pepper, mozzarella and BBQ sauce

Skinny full taste, half the dough

**Skinny Veggie** FeelGood V 9.99  
Red onion, red peppers, mushrooms, olives, green chillies, mozzarella and rocket. Served with side salad  
*Ask for our vegan mozzarella alternative* VG  
*Add Chicken for 0.75* FeelGood  
*Add Prawn for 1.00* FeelGood



New York Giant

DO IT YOUR WAY

Extra toppings

1.29 each	1.79 each
Mushroom	Pepperoni
Pineapple	Ham
Mozzarella	Bacon





# SALADS

<b>Classic Caesar</b> <span>FeelGood</span> Baby gem lettuce, croutons and Gran Levanto cheese smothered in Caesar dressing. Hail Caesar! <i>Add grilled chicken breast for 2.00</i>	<b>9.59</b>	<b>Mediterranean</b> <span>FeelGood</span> <span>VG</span> Couscous, bulgar wheat, black lentils, butternut squash, green beans, broccoli and spring onion with a vinaigrette dressing <i>Add salmon fillet* for 2.50</i> <i>Add grilled chicken breast for 2.00</i>	<b>10.99</b>
<b>Seared Steakhouse</b> <span>New recipe</span> <span>FeelGood</span> Juicy 7oz* rump steak sliced over mixed salad with green beans, tomato, onion, basil, fresh mint and chilli dressing	<b>12.89</b>	<b>Dolce Vita</b> <span>New</span> Torn chicken, crispy bacon, Italian Dolcelatte blue cheese and lettuce in a creamy blue cheese dressing	<b>12.39</b>
<b>Nashville Chicken</b> <span>FeelGood</span> Chicken breast marinated in Nashville Hot sauce with salad and sour cream	<b>10.89</b>	<b>Capra</b> <span>New</span> <span>V</span> Tangy goat's cheese with sweet Peppadew® peppers, tomatoes, croutons and mixed leaves, in a creamy buttermilk ranch dressing	<b>10.99</b>
<b>Rialto</b> <span>New</span> Salmon fillet* with green beans, tomato, cucumber, onion, free-range egg and mixed leaves in a creamy buttermilk ranch dressing with lemon	<b>12.99</b>		

## WRAPS

Served with fries and 'slaw

**Cajun Chicken Wrap**  
Golden fried chicken with lettuce, red onion, cheese, rocket and Cajun mayo

**BBQ Cheese Chicken Wrap**  
Golden fried chicken with BBQ sauce, cheese, red onion, rocket and lettuce

**Swap your fries for Salad or Corn** FeelGood



# HOT DOGS

Served with fries

	Reg 6"	Footlong 12"		Reg 6"	Footlong 12"
<b>Classic</b> With ketchup and mustard	<b>7.79</b>	<b>10.29</b>	<b>Philly Steak</b> Philled to the brim with steak, red onion, red peppers and cheddar cheese	<b>9.69</b>	<b>12.19</b>
<b>Wrapped</b> Bacon wrapped hot dog topped with cheddar cheese	<b>8.99</b>	<b>11.49</b>	<b>Not Dog</b> <span>VG</span> American style vegan sausage, fried onions and tomato ketchup	<b>7.69</b>	
<b>Chilli Cheese</b> <span>New</span> Topped with rich beef chilli and cheddar cheese	<b>9.19</b>	<b>11.69</b>			



# GRILLS

New York BBQ Chicken

14.29

Chicken breast topped with bacon, cheese and BBQ sauce with onion rings, fries, 'slaw and corn on the cob

Smoky BBQ Ribs

Falling-off-the-bone tender pork ribs smothered in BBQ sauce, served with fries, 'slaw and corn on the cob

Choose from

Whole rack of ribs

15.99

Half rack of ribs

11.89

Ultimate Mixed Grill

19.99

7oz\* rump steak, chicken breast, half rack of ribs, BBQ wings, mushrooms, tomato, onion rings and fries  
Choose from Garlic & herb | Spicy peppercorn

BBQ Chicken & Ribs

16.99

Half roast chicken, half rack of ribs, BBQ sauce, fries, 'slaw and corn on the cob

Half Roast Chicken

New recipe

14.99

Served with garlic mayo and with your choice of fries or Mediterranean salad in a vinaigrette dressing  
Choose from Lemon & herb | BBQ | Nashville Hot

Chicken Parmigiana

13.29

Crispy chicken topped with ham, cheese and Neapolitan tomato sauce, served over spaghetti with a side  
Choose from Green vegetables | Salad | Fries

Steak from British & Irish farms

Steak & Fries

12.99

7oz\* rump steak, sautéed mushrooms, roasted tomato, onion rings and fries  
Choose from Garlic & herb | Spicy peppercorn

Sirloin Steak

16.99

8oz\* sirloin steak, sautéed mushrooms, roasted tomato, onion rings and fries  
Choose from Garlic & herb | Spicy peppercorn

Fish

Salmon Fillet†

14.29

Served with a jacket potato & sour cream, peas, broccoli, green beans and pesto

Fish & Chips

10.99

Prime fillet of cod† in golden batter, served with fries, peas and tartar sauce



Half Roast Chicken

# SIDES

Garlic Pizza Bread

VG

3.99

Green Vegetables

V

3.49

Side Salad

VG

3.59

Sweet Potato Fries

VG

3.99

Fries

VG

3.49

'Slaw

V

2.99

Onion Rings

V

3.89

Corn on the Cob

V

2.99

Jacket Potato

3.99

Choose from Bacon, sour cream & chive | Cheese, sour cream & chive

V

Loaded fries

Cajun Cheese Fries

V

4.29

Cajun spice and warm cheese sauce

Bacon & Cheese Fries

4.99

Crispy bacon and warm cheese sauce

Chilli Cheese Fries

4.99

Rich beef chilli, sour cream, warm cheese sauce & fresh green chilli

Vegan Cheese Fries

New

VG

4.99

Warm vegan cheese sauce with chilli flakes