

# Kids' Gluten Free

## Meal Bundle 7.49

Choose a main, 2 sides, dessert and a drink

### 1 Mains

#### Mini Grilled Chicken Skewers (4 pieces)



#### Pasta

Delicious gluten free fusilli pasta

Choose from Carbonara | Bolognese | Tomato

#### Sticky BBQ Pork Ribs

#### Slider Burger

Served with lettuce and ketchup in a gluten free bun

Choose from Chicken | Beef  
Add cheese for free

### Starters 0.99 each

Tomato Soup

Veggie Skewers

Cherry tomato, cucumber and pepper



### 2 Sides

Choose 2 from:

Mash Potato

Corn On The Cob

Baked Beans

Peas

Mixed Salad



### 3 Desserts

#### Fruit Skewers With Choco Dip

Fresh fruit pieces with chocolate dipping sauce

#### Pip® Organic Rainbow Lolly

Fruit lolly with cheeky hidden veg



#### Pip® Organic Tropical Lolly

All fruit, no added sugar

Sorbet (2 scoops)

Choose from Mango | Lemon



#### Brownies & Ice Cream

Gluten free brownie served warmed with whipped cream, ice cream and chocolate sauce

### 4 Drinks

#### Fruity Kids' Softails

##### Fruity Sunrise

Orange juice, apple juice and grenadine

##### Apple Twilight

Apple juice and blackcurrant

##### Tutti Sunset

Orange juice, raspberry syrup, grenadine and lemonade

#### Fruit Juices

Get fizzy with a dash of sparkling water

Choose flavour from:

Orange | Apple | Cranberry | Pineapple

#### Milk

Choose flavour from:

Plain | Strawberry | Chocolate

#### Squash

Choose flavour from:

Blackcurrant | Orange

#### Fancy something different?

For an extra 1.49

Honest Organic Kids Berry | Tropical | Apple

Pip Organic Juice Strawberry & Blackcurrant

Innocent Smoothie Peaches & Passion Fruits



A range of sodas are available, please ask

**Have an allergy? Visit [www.frankieandbennys.com/allergy](http://www.frankieandbennys.com/allergy) for full allergen information**



Not all ingredients are listed in descriptions. Available for children up to the age of 11 years. Contains a portion of vegetables or fruit. These dishes are suitable for vegetarians, however we do not have a dedicated preparation or cooking area within our kitchen for vegetarian food. These dishes are not made with any animal products. Gluten free means foods that contain gluten at a level of no more than 20 parts per million. All dishes on this menu are subject to ingredient availability. There is a small possibility that allergen traces, other than gluten, may be found in any menu item. We advise you to speak to a member of staff if you have any food allergies or intolerances. Full allergen information can be found at [www.frankieandbennys.com/allergy-information](http://www.frankieandbennys.com/allergy-information). Service is at your discretion. However, an optional 10% will be added to the bill for parties of ten or more people, which will be passed directly to your server. Our prices include VAT at the current rate. Frankie & Benny's, 5-7 Marshalsea Road, Borough, London SE11EP FB19064-KIDSGF1&2