

1 COURSE LUNCH

6.99

2 courses 9.49 | 3 courses 11.99

Starters

Dough Balls **VG**

Fresh from the oven, with a garlic & herb dip

Mozzarella Sticks **V**

Crispy sticks of melting mozzarella, with Neapolitan tomato sauce. Cheesy does it!

Fully Loaded Potato Skins

Crispy potato skins filled to the brim
Choose from: Cheese & chive **V** | Bacon, cheese & chive

Mushroom Bruschetta **V** **New**

Toasted ciabatta topped with creamy garlic mushrooms, onion and mushroom sauce, finished with cheese and fresh herbs

Garlic Pizza Bread **VG**

Baked and loaded with herbs

Southern Fried Chicken

Tender chicken strips with a BBQ sauce dip

FeelGood Tuscan Soup **VG** **New**

A hearty soup of tomato, mixed vegetables, beans and mixed herbs. Served with toasted ciabatta and garlic & herb dip

Mushroom Bruschetta



Mains

Pizza & Pasta

Chicken & Mushroom Penne

Tender chicken breast in a creamy white wine and mushroom sauce, tossed with penne

FeelGood Classic Beef Lasagne

Just like Mama used to make

Skinny Chicken Pizza



The BIG gulp

Unlimited refills for 2.99 on regular sodas

Margherita Pizza **V**

10" tomato and mozzarella. Nice and simple

Pepperoni Pizza

10" pepperoni and mozzarella. **Go hotter** with green chillies (on us)

FeelGood Skinny Chicken Pizza

Chicken, ham, mushroom, mozzarella and thyme. Great taste, less calories

Spaghetti Bolognese

Rich beef Bolognese sauce over spaghetti. Classic!


Spaghetti Carbonara

Spaghetti tossed in cheese sauce with crispy bacon

Ultimate Mac 'N' Cheese **V**

Macaroni cheese topped with a cheesy crumb. The ultimate comfort food

FeelGood A lighter option, with starters under 400 calories, mains under 650 calories, and desserts under 350 calories

V Vegetarian **VG** Vegan  Our high protein options

If you have an allergy please discuss with your server before ordering.

Gluten Free versions of many of our dishes are available on request. Please ask your server for more details!

Burgers & Favourites

All served with fries

Classic Cheese Burger

6oz* burger with mayo, garnish and Monterey Jack cheese

The House Special Burger

6oz* burger with our signature burger sauce, fried onions and gherkin

Classic Chicken Burger

Simply the breast, with mayo

Classic Hot Dog

American style 6" pork Bockwurst in a soft bun with ketchup and mustard

Add Onion Rings **V** for 1.79



Fish & Chips

Prime fillet of cod* in golden batter, served with fries, peas and tartar sauce

Viva la Vegan **VG** **New**

Vegan 1/4 pounder, lettuce, tomato, red onions, gherkin and vegan burger sauce

NEW

Big-up your fries

Swap for sweet potato fries for free or add loaded fries for 2.99

Choose from

- Cajun Cheese Fries **V**
- Bacon & Cheese Fries
- Chilli Cheese Fries
- Pizza Fries



Wraps & Salad

FeelGood Nashville Chicken Skewers

Chicken breast marinated in Nashville Hot sauce with salad and sour cream

Cajun Chicken Wrap

Golden fried chicken with lettuce, red onion, cheese, rocket and Cajun mayo. Served with fries and 'slaw

Goat's Cheese & Avocado Wrap **V**

With red peppers, rocket, lettuce and balsamic glaze. Served with fries and 'slaw

BBQ Steak Wrap

Juicy sliced rump steak with BBQ sauce, cheese, red onion and lettuce. Served with fries and 'slaw

FeelGood

Chicken, Bacon & Avocado Salad

Served over dressed leaves, tomatoes and red onion

FeelGood Mediterranean Salad **VG**

Couscous, bulgar wheat, black lentils, butternut squash, green beans, broccoli, radish and spring onion with a vinaigrette dressing

BBQ Cheese Chicken Wrap

With cheddar cheese, red onion and lettuce. Served with fries and 'slaw

BBQ Cheese Chicken



Desserts

FeelGood Ice cream **V**

Two scoops of your favourite flavour

Choose from Vanilla | Strawberry |

Chocolate | Brownies & Cream |

Coconut Delight **VG**

Vegan Choc-Chip **VG**

Straight Up Waffle **V**

Cinnamon sugar and caramel crunch, served with maple syrup.

Freshly baked in-house

Brownies & Ice Cream **V**

Warm chocolate brownies served with whipped cream, vanilla ice cream and chocolate sauce

FeelGood Fruit Salad **V**

With natural yoghurt

FeelGood Sorbet **VG**

Two scoops of your favourite flavour

Choose from Lemon | Mango

Brownies & Ice Cream



Available Monday to Friday 12 - 5pm