INJOY maxx-Workouts

Montag

10:30 – 11:00
INJOY maxx-R

17:45 – 18:15
AbnehmClub *

18:15 – 19:00
INJOY maxx-A

19:15 – 20:15
INJOY maxx-S
Pilates

Dienstag

9:30 – 10:00
INJOY maxx-A

17:30 – 18:00
INJOY maxx-A
Indoor-Cycling

18:30 – 19:00
INJOY maxx-M

Mittwoch

17:45 – 18:15
Rücken Club *

18:15 – 18:45
INJOY maxx-R

18:45 – 19:15
AbnehmClub *

19:15 – 19:45
INJOY maxx-A

Donnerstag

10:30 – 11:30
INJOY maxx-S
Pilates

18:00 – 18:45
INJOY maxx-Function

19:15 – 20:00
INJOY maxx-B

Freitag

9:30 – 10:15
INJOY maxx-B

17:00 – 17:45
INJOY maxx-K
Indoor-Cycling

18:30 – 19:00
INJOY maxx-K

* Spezial-Kurse
ständig hinzubuchbar

INJOY
HEALTH- AND FITNESSCLUBS