



# Zero Waste Checklist for When You're Out & About



*A little planning goes a long way when you're out and about so you can dodge any waste that comes your way. Implement as many of these small changes as you can throughout the month.*

Bring your own to-go container to a restaurant

Carpool to work with a coworker

Shop for clothes at a secondhand store

Bring your own bags to the grocery store

Bring your lunch to work for a week

Take public transportation instead of driving

Shop the bulk section for pantry staples

Opt for snapshots over souvenirs on a trip

Order your coffee "for here" in a mug

Ditch the printer and go paperless at work

**Have you saved money by being zero waste?**  Yes!  Not Really

## **Observations:**

*What are your thoughts after incorporating these new habits? How much money do you anticipate saving in the long run by skipping disposable items? Jot down any notes below.*