



Is life passing you by... while you wait to see a doctor?

It can take up to 26 days (about 3 and a half weeks) to see a physician¹. That's nearly a month of anxiety and isolation while you wait and potentially get worse. Think about the family activities and unforgettable moments you might miss because you're not feeling well enough to go. Then, once you finally see a doctor, they could refer you to someone else, which might mean even more waiting.

How you can get back to living

When people wait weeks to see a doctor, it can affect their social life and their work. It can also lead them to choose higher-cost care when they feel like they can't wait any longer. Accolade physicians are available for same-day appointments, including urgent, preventive, and chronic care services.* That means they can close the gap between needing care and getting care. So, people spend less time waiting and more time living.



***80%**
of the time, members get same-day appointments

[1] <https://www.statnews.com/2023/05/02/doctor-appointment-wait-times-solutions/>

Visit [Accolade.com](https://www.accolade.com)

To learn how you can give your employees connected, caring healthcare experiences that don't require them to watch as life goes on around them.

Why you need an appointment

Common reasons people need a primary care doctor include:

- Skin disorders
- Breathing problems
- Chronic neck or back pain
- Gastrointestinal issues
- Mental health conditions

What you're missing while you wait

If you don't feel well, you might avoid people and events, such as:

- School plays
- Family reunions
- Retirement parties
- Graduations
- Weddings