

Compounded Semaglutide Self-Injection Guide

[Link to instructional video](#)

Supplies

- **Medication** – Semaglutide vial
- **Syringe and needle** - ensure proper size for subcutaneous injections
- **Alcohol wipes** - for a sterile injection site
- **Sharps container** - for safe disposal of used needles

Dosing

Note: Injections amounts are measured in UNITS.

Semaglutide 0.25mg/dose — inject 5 units*

**Important: There is no 5-unit line on the syringe. Please fill approximately half of 10 units.*



Semaglutide 0.5mg/dose — inject 10 units



Semaglutide 1.0mg/dose — inject 20 units

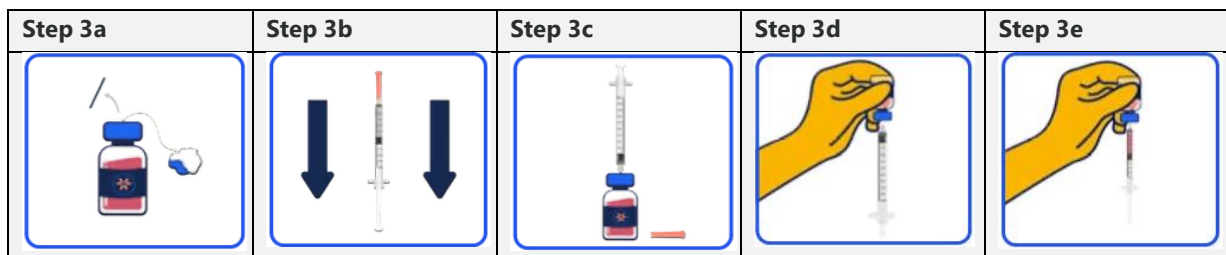


Semaglutide 1.7mg/ dose — inject 34 units



Preparation

1. **Wash your hands thoroughly**
2. **Confirm the correct medication**
3. **Prepare the medication for injection:**
 - a. Turn the vial upright and clean rubber stopper with alcohol swab
 - b. Draw up a dose of the prescribed UNITS (see above) with air
 - c. Put needle in vial and inject air in vial
 - d. While needle is in vial, turn it upside down
 - e. Draw out the prescribed UNITS (see above) into the syringe
 - f. Turn the vial upright and remove the needle from the vial



Injection

- **Choose the injection site** — subcutaneous injections are primarily injected into the abdomen or optionally the upper/outer thigh.
- **Sterilize the site** — Use an alcohol swab to clean the chosen area.
- **Skin pinch** — Pinch a fold of skin between thumb and forefinger.
- **Needle insertion** — insert the needle at a 90-degree angle.
- **Needle removal** — withdraw the needle gently.
- **Dispose of sharps** — safely discard used needle and syringe in a sharps container.

Note: For personalized guidance or concerns, consult a healthcare professional. Always adhere to prescribed dosage and guidelines for optimal results in self-administration. If you have any further questions or concerns, please let us know.