#### FREQUENTLY ASKED QUESTIONS:

#### **Q.** What is TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup>?

TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup> is an effective, powerful, and unique weight management tool that leverages clinically studied ingredients to help you combat overpowering cravings and take your workouts to the next level. To help you control cravings, reduce body fat and maximize your workouts, this premium liquid shot is the transformative supplement you need to reach your goals!

Control your transformation with TRi-M\*L\*T!

# Q. How is TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup> hormone-targeting?



The key components in TRi-M<sup>\*</sup>L<sup>\*</sup>T focus on three of your body transformation hormones – PYY, Leptin, and Ghrelin. These hormones provide support for body transformation.

PYY: PYY enhances the body's utilization of fat stores for energy, reducing fatigue during exercise and supporting optimal performance during high-intensity workouts. It also increases ketones, improves cognition, reduces appetite, and enhances muscle protection.

Leptin: Leptin is an appetite suppressant - a hormone your adipose tissue (body fat) releases that helps your body maintain a healthy weight on a long-term basis. It does this by regulating hunger by providing the sensation of satiety.

Ghrelin: Ghrelin, known as "The Hunger Hormone," stimulates appetite by increasing when the stomach is empty and decreasing after a meal, leading to consuming more food, calories, and fat storage. TRi-M\*L\*T's key ingredients like CitriSlim, Inulin, and Fucoxanthin work to decrease Gghrelin levels, promoting long-term satiety.

# Q. What are the benefits of TRi-M\*L\*T™?

The ingredients in TRi-M\*L\*T may:

- Support healthy Leptin, Ghrelin, and PYY
- Curb appetite to reduce caloric intake
- Promote hormone-supported weight management
- Decrease body fat and improve body composition
- Promote emotional and mental support
- Reduce fat absorption
- Boost energy and support metabolism

### Q. How is TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup> different from M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup>?

TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup> incorporates the acronym "TRi," representing the three primary hormones supported in the product, Leptin, Ghrelin, and PYY, which play a crucial role in facilitating body transformation. Within TRi-M\*L\*T. the essential ingredients that drive hormone support in the formula collectively represent SomaTech™. SomaTech is New U Life's one-of-a-kind scientific approach that includes research and development, key ingredient blends, and products that address hormone imbalances that lead to unwanted aging. M\*L\*T, although highly effective in supporting transformation, does not contain this powerful SomaTech blend. These products may be used together to help control cravings and fuel your transformation.

#### **Q**∎ How do I use this TRi-M\*L\*T™

As a dietary supplement, consume one sachet daily. TRi-M\*L\*T™ is best taken in the morning prior to a meal to optimize the absorption of nutrients. Shake the sachet prior to drinking. Take five days on and two days off. Product does not need to be mixed with water.



#### Q. Can I use TRi-M\*L\*T™ with SomaDerm® or other New U Life products?

Absolutely! All our products are designed to be able to be used together for overall hormone support. In fact, when used in concert with SomaDerm, the benefits of TRi-M\*L\*T may be amplified.

### Q. Can TRi-M\*L\*T™ help with weight loss?

Active ingredients provide hormone-targeting metabolism support and regulate feelings of hunger, which also provide satiety, resulting in reduced cravings. They also help to increase exercise performance, to help you take your workouts to the next level, resulting in an increase of caloric expenditure. Weight loss is most likely achieved when calories consumed are less than calories burned. TRi-M\*L\*T is key to helping your body get to this state.

# Q. What is the best time to take TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup>

We recommend that you take this first thing in the morning prior to a meal or with a meal to obtain the best results.

### Q. Is TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup> similar to a pre-workout?

In short, no. Although this unique formula is designed to support physical performance during your workouts, it does not contain caffeine, which is typical of most pre-workouts. Many users find that using this product prior to a workout has amplified their results.

#### **Q**∎ How often can I use TRi-M\*L\*T™?

Use this product once daily. Five days on and two days off.

### Q. Will TRi-M<sup>\*</sup>L<sup>\*</sup>T<sup>™</sup> make me tired after it wears off?

This product will not make you tired after the ingredients are metabolized in your body. Feelings of tiredness are typically the result of caffeine wearing off. There is no caffeine in TRi-M<sup>\*</sup>L<sup>\*</sup>T. In fact, TRi-M<sup>\*</sup>L<sup>\*</sup>T features key ingredients that help your body produce more sustainable energy.

# Q. Why is it important to add supplements to support my hormones and whole-body health plans?

As your body ages, your hormone-based biological functions tend to need additional support. In addition to a healthy diet and exercise, using TRi-M\*L\*T as part of your plan can help your body function at a more youthful level, helping you reach your body transformation goals. This happens through optimizing hormone communication in the processes related to body transformation.

# **Q.** Does TRi-M\*L\*T™ come in more than one flavor?

Not at this time.

# **Q.** Does it cause you to get jitters or jittery?

This product does not contain high amounts of stimulants such as caffeine that can cause jitteriness, anxiety, and difficulty sleeping. Most users feel smooth, consistent energy throughout the day.

