



You're not the only parent who searches “pediatric therapist near me” at 2am

What you're going through may be new to you, but it's not new to us.



When you know it's time, Brightline is the right place

- When it's hurt feelings or a scraped knee, you're the first and best person to care for them.
- But when it comes to managing symptoms or getting diagnoses for things like depression, anxiety, ADHD, OCD, or autism, it's easy to feel unsure of how to help.
- **It's also really hard to recognize – and sometimes, admit – that something feels different.**



You know your child better than anyone

And still, you're up
at night wondering:



- ＊ Why does my child seem so angry/sad/worried?
- ＊ Are they a quiet child or are they hiding something?
- ＊ Is it a series of bad days or a bigger emotional problem?
- ＊ Is it another hard semester of classes or are they just unable to focus?
- ＊ Is it the wrong group of friends or is my child the one who can't seem to nurture healthy relationships?
- ＊ Is this just the tip of the iceberg?

With Brightline, you unlock access to:

- Psychological testing and diagnoses
- Diagnostic evaluations and follow-up sessions
- Care plans and measured progress
- Digital interventions between sessions
- Evidence-based methods and data-driven results
- Hybrid in-person and online care for individualized treatment
- Focused programs that address specific concerns like anxiety, OCD, and ADHD

Why Brightline?

**Because while we haven't walked in your shoes,
we have a well-worn pair just like them.**

Originally, Brightline was created for our own families. So, we know exactly how it feels to spend hours, days, and weeks reading reviews, comparing, and hunting down the right therapeutic fit for a child (especially when you're not even sure what's going on).

When your child needs mental health support, you want to find them the right path – one paved with experienced pediatric therapists and psychiatrists who have been trained to help families heal, grow, and reach their goals.

That's what Brightline delivers – evidence-based treatment, data-driven results, and a focus on what your family is experiencing.

When the right help is within reach, the weight starts to lift

Brightline's hybrid in-person and online care starts with one of four focus areas:

- Psychological testing and treatment
- General therapy or psychiatry and medication management
- Anxiety and Obsessive Compulsive Disorders Programs
- ADHD and Disruptive Behaviors Programs





Brightline | New York, Connecticut, New Jersey

In-person and online care in Brooklyn Heights, Columbus Circle, and Lake Success
(with more locations to come)

Brightline | Massachusetts, Washington

Online therapy and psychiatry only at this time

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