

## Grade 4 Scope and Sequence

Lesson	Concepts	Objectives—Students will be able to:
<p><b>Lesson 1: Keeping Yourself Safe</b></p>	<p>When you're on your own or just with friends, you are responsible for your own safety.</p> <p>It's important to know what to do and who to contact in case of emergency.</p> <p>Ways to Stay Safe:</p> <ul style="list-style-type: none"> <li>• Recognize: Is it safe?</li> <li>• Report: Tell an adult.</li> <li>• Refuse: Say words that mean no.</li> </ul>	<ul style="list-style-type: none"> <li>• Apply the Ways to Stay Safe in response to scenarios</li> </ul>
<p><b>Lesson 2: Always Ask First</b></p>	<p>Always ask a parent or the person in charge first before going somewhere, doing something, or accepting something from someone. (Always Ask First Rule)</p> <p>Following the Always Ask First Rule helps you stay safe.</p> <p>If you are on your own, waiting until you can ask first will help you keep yourself safe.</p>	<ul style="list-style-type: none"> <li>• Identify how to apply the Always Ask First Rule in response to scenarios</li> <li>• Identify how to use the Ways to Stay Safe in response to scenarios</li> </ul>
<p><b>Lesson 3: Unsafe and Unwanted Touches</b></p>	<p>Your body belongs to you.</p> <p>Unsafe touches are never okay.</p> <p>Paying attention to uncomfortable feelings in your body can help you recognize unwanted touches.</p> <p>You can refuse any unwanted touch, even if it's safe.</p>	<ul style="list-style-type: none"> <li>• Understand the difference between unsafe and unwanted touches</li> <li>• Identify and refuse unsafe and unwanted touches in response to scenarios</li> </ul>

<p><b>Lesson 4: The Private Body Parts Rule</b></p>	<p>Using the Ways to Stay Safe helps you stay safe if someone breaks the Private Body Parts Rule.</p> <p>The Private Body Parts Rule is: Private body parts are private. No one should ever:</p> <ol style="list-style-type: none"> <li>1. Touch yours, except a doctor or nurse</li> <li>2. Ask to see yours, except a doctor or nurse</li> <li>3. Make you look at his or hers, or anyone else's</li> </ol> <p>And never touch anyone else's.</p>	<ul style="list-style-type: none"> <li>• Understand all parts of the Private Body Parts Rule</li> <li>• Recognize when someone is breaking the Private Body Parts Rule</li> <li>• Report the broken Private Body Parts Rule in response to scenarios</li> </ul>
<p><b>Lesson 5: Practicing the Ways to Stay Safe</b></p>	<p>Never keep secrets about someone breaking the Private Body Parts Rule.</p> <p>It's never your fault if someone else breaks the Private Body Parts Rule.</p> <p>Breaking the Private Body Parts Rule is wrong. People who break it may do things to keep it secret.</p>	<ul style="list-style-type: none"> <li>• Identify what people who break the Private Body Parts Rule do to keep it secret</li> <li>• Report broken Private Body Parts Rules in response to scenarios</li> </ul>
<p><b>Lesson 6: Reviewing Safety Skills</b></p>	<p>Using the Ways to Stay Safe and following the Always Ask First Rule will help keep you safe.</p> <p>Private body parts are private. They belong to you.</p> <p>Never keep secrets about broken rules.</p>	<ul style="list-style-type: none"> <li>• Recognize when a person has broken the Private Body Parts Rule</li> <li>• Apply the Ways to Stay Safe and the Always Ask First Rule to scenarios from <i>Hannah Keeps Herself Safe</i></li> </ul>