

# secondSTEP Crosswalk

Committee for Children's Second Step middle school program aims to prevent new threats to students such as cyber bullying and sexual harassment. The activities at each level:

- **Empathy and Communication:** focuses on working in groups, disagreeing respectfully, negotiating and compromising, and giving and getting support
- **Bullying Prevention:** focuses on recognizing bullying, cyber bullying, and sexual harassment
- **Emotion Management:** focuses on understanding anger, staying in control, and coping with stress
- **Substance Abuse Prevention:** focuses on myths and facts, norms and attitudes, and making good decisions

Use this Program Alignment Chart to help identify key *Ink About It* activities that complement and support the learning in the Second Step program's four main areas of instruction.

The Grade 7 Second Step Program and <i>Ink About It</i> Alignment Chart		Empathy and Communication	Bullying Prevention	Emotion Management	Substance Abuse Prevention
1	Make a Name for Yourself	●			
2	Artistic License	●			
3	Get To Know Me		●		
4	Portrait of the Artist			●	
5	Birds of A Feather		●		
6	Safety Net				●
7	Where I Want to Go				●
8	Role Model		●		
9	Faves & Flops		●		
10	Figuring Out Feelings		●		
11	Soundtrack for Life	●			
12	Moody Blues			●	
13	My Inspiration	●			
14	Walking the Line				●
15	Self Talk		●		
16	Stress Less			●	
17	Notice & Take Control	●			
18	Food + Mood				●
19	Blast From the Past	●			
20	To Do Goals				●
21	Missing You			●	
22	It's Just Not Fair			●	
23	Sticks & Stones			●	
24	Implode or Explode?!				●
25	Aggressive/Assertive/Passive			●	
26	What If...	●			
27	Attitude of Gratitude			●	
28	Mandala	●			
29	Wishes	●			
30	Balance	●			
31	Before + After		●		
32	The Good In the Bad			●	
33	Goodbye...Hello	●			
34	The Beginning				●
35	Notes + Doodles	●			
36	Better Not Bitter		●		
37	A Bend In the Road				●
38	Someone's Opinion		●		
39	Artistic Genius			●	