



**What Is My Child Learning?**

Your child is learning that you need to use your eyes, ears, and brain when you focus attention on something. Your child is also learning how to make an “attent-o-scope” to help focus attention.

**Why Is This Important?**

Being able to focus attention helps children be better learners. It helps them ignore distractions and focus on what is important in class.

**Ask your child: Can you show me how to make and use an attent-o-scope?**  
(Follow your child’s directions.)

**What words do you use to turn on your attent-o-scope?**

**Possible answers:** Focus, listen, pay attention, look carefully.

**Practice at Home**

Before giving important information, let your child know that you really need his or her focused attention. Suggest that your child use the attent-o-scope. For example:

**This is important. You may need your attent-o-scope.** Pause for your child to focus. **I am working this afternoon, so Aunt Janet will pick you up from school today.**



1. Cup hands around each eye like binoculars.
2. Says “Focus” or “Listen” to switch on the attent-o-scope.
3. Puts down the attent-o-scope, but pretends it is still there.

**Activity**

Have your child choose something in the room for you both to focus on with your attent-o-scopes. Fill in your child’s answers to the following questions.

**What are we focusing on?**

**What are three things you notice about what we are focusing on?**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Option:** Have your child draw the object you focused on in the box to the right.



_____	_____	_____
(CHILD’S NAME)	(DATE)	(ADULT’S SIGNATURE)