Day 1: Puppet Script

Materials: Girl and Boy puppets, paintbrush

Teacher: Last week you learned that repeating directions helps you remember them. Oh, I hear our friends. Let’s listen!

Girl puppet has a paintbrush in her hands and is pretending to paint a picture.

Girl: I just need to finish the top part of my tree and I’ll be done. She looks around. Oh no! What am I going to do?

Boy puppet: What’s wrong?

Girl: There’s no green paint. I need it for my picture.

Boy: I’ll help you look. They look together.

Boy: I can’t find any either. Let’s ask a teacher.

Girl (hesitating): I don’t know. I’m afraid to ask.

Boy: Don’t be scared. It’s okay to ask. Teachers are here to help. Face the teacher and say in a strong, respectful voice, “Excuse me. Will you please help me find some green paint?”

Girl: I can try that. I face the teacher and ask in a strong, respectful voice. Let me say it to myself so I remember.

Move Girl’s head to show her self-talk.

Girl (looking at the teacher and speaking in a strong, respectful voice): I’m painting a tree. _________(Boy) helped me look, but we can’t find any green paint. Will you please help me find some green paint?

Teacher: _________(Girl), you asked for help in a respectful voice. That made it easy for me to know how to help you. I’ll get green paint from the cupboard.

Ask children when they think they will need help from you today.

Day 2: Story and Discussion

Teacher: Yesterday _________(Girl) was painting and needed help finding green paint. _________(Boy) helped her, but they still didn’t find any. Then who did _________(Girl) ask for help? (The teacher.)

_______(Girl) was scared, but _________(Boy) said to use a strong, respectful voice and face me. It worked! I understood what _________(Girl) needed and helped her find green paint.

Show the photo. Ask children what they see, what is happening, and how the child in the photo feels. Point out the story elements. This is Gloria. The teacher said it’s time to get ready to go outside. Gloria got her coat. She put her arms in the sleeves. Yesterday she was able to zip up her coat by herself. Today she is trying to zip up the zipper. She tries and tries, but just can’t get it to work. Gloria is stuck. She needs help with her coat zipper.

1. Think about who Gloria can ask for help. Give think-time. Call on a few children at random. (The teacher. A friend.)

2. What kind of voice should Gloria use when asking for help? (A strong, respectful voice.)

3. If you think Gloria should face the teacher when she asks for help, clap two times.

When you need to ask someone for help, look at the person and speak in a respectful voice.

Have each child turn to a neighbor and ask in a respectful voice, “Please pass me the fuzzy red ball. Please give me the blue teddy bear.”

Day 3: Skill-Practice Activity 1

Objective 1

Materials: Beanbag and other small, soft toys

1. Have children sit in a circle. Describe the game. Let’s see how quickly we can pass the beanbag around the circle. Before your neighbor passes it to you, say “Please pass the beanbag” in a respectful voice.

2. Give the beanbag to the child on your right. Model asking the child to pass it to you and then thanking the child.


4. Play the game several times, changing the toys passed and the direction the toys travel. Add in more words. (Please pass me the fuzzy red ball. Please give me the blue teddy bear.)

Day 4: Skill-Practice Activity 2

Asking for Help (large group, Objective 1)

Materials: Boy puppet

1. Have children sit in a circle. Explain that they are going to practice asking for help. _________(Boy puppet) is going to show you how to ask for help using a strong, respectful voice.

2. Read the first scenario below and have Boy ask for help.

Please, can you help me tie my shoes?

3. Have all the children repeat what Boy said.

4. Repeat the process using the other scenarios.

Scenarios

• You need help putting on your coat.

• You need help finding a book.

• You need help opening a box.

Day 5

Read a book related to this week’s theme. Go online to SecondStep.org for recommended books, resources, and videos.

Send home this week’s Home Link from the Teaching Materials Notebook.