Second Step® Student Success Through Prevention

Alignment with Academic Content Standards

Grades 6–8

Educators using the *Second Step* program often ask how the curriculum supports their state's academic learning standards. This alignment chart illustrates the connections between the *Second Step* program and student academic learning standards from grades 6–8. The chart aligns the *Second Step* curriculum with standards from *Content Knowledge: A Compendium of Standards and Benchmarks for K–12 Education* by John S. Kendall and Robert J. Marzano, third edition (2003).

Subject	Academic Standard	Empathy: Identifying Others' Feelings and Perspectives	Empathy: Showing Empathy	Communication: Active Learning	Communication: Respecting Others' Ideas	Communication: Explaining Your Perspective	Communication: Acting Nonjudgmentally	Communication: Assertive Communication	Communication: Giving Constructive Feedback	Communication: Negotiating and Compromising	Bullying Prevention: Recognizing Bullying	Bullying Prevention: What to Do if You're Bullied	Bullying Prevention: Bystander Roles	Bullying Prevention: Bystander Responses	Bullying Prevention: Reducing Labeling and Stereotyping	Bullying Prevention: Recognizing Warning Signs for Dating Violence	Emotion Management: Staying in Control of Emotions	Emotion Management: Calming Down Strategies	Emotion Management: Coping with Stress	Problem Solving/ Decision Making: Analyzing the Situation	Problem Solving/ Decision Making: Brainstorming Options	Problem Solving/ Decision Making: Considering the Options	Problem Solving/ Decision Making: Deciding on the Best Option	Problem Solving/ Decision Making: Making a Plan	Problem Solving/ Decision Making: Evaluating the Outcome	Substance Abuse Prevention: Consequences of Alcohol and Other Drugs	Substance Abuse Prevention: Resistance Strategies	Substance Abuse Prevention: Commitment to Staying Substance-Free	Substance Abuse Prevention: Setting Health, Learning, and Future Goals	Discussions: Working with a Partner or Group	Discussions: Class Discussion	Discussions: Interpreting a Story (Written or Video)	Discussions: Responding to Questions	Discussions: Communicating Ideas	Discussions: Listening to Others	Skill Practice: Rehearsing Skills and Behaviors	Skill Practice: Giving Constructive Feedback	Skill Practice: Working with a Partner or Group	Reinforcement of Program Skills: Suggestions for Using Lesson Content Every Day	Reinforcement of Program Skills: Reflective Writing (Formative Assessment)	Reinforcement of Program Skills: Additional Skill-Practice Activities	Reinforcement of Program Skills: Homework Assignments	Reinforcement of Program Skills: Academic Integration Activities (Language Arts/Social Studies, Health/Sciences, Media Literacy)
Language Arts	1. Uses the general skills and strategies of the writing process																																						✓		✓	
	6. Uses reading skills and strategies to understand and interpret a variety of literary texts	✓			✓						✓					✓				✓						✓				✓		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓
	8. Uses listening and speaking strategies for different purposes	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓				✓			✓										✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓
	9. Uses viewing skills and strategies to understand and interpret visual media	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓		✓		✓									✓	✓	✓	✓			✓	✓		✓				✓		✓	✓	✓
Health	2. Knows environmental and external factors that affect individual and community health	✓	✓		✓		✓				✓		✓	✓	✓	✓												✓											✓	✓	✓	✓	✓
	4. Knows how to maintain mental and emotional health	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	5. Knows essential concepts and practices concerning injury prevention and safety										✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓									✓	✓	✓	✓	✓	✓	✓	✓
	7. Knows how to maintain and promote personal health																✓	✓	✓								✓	✓	✓							✓	✓	✓	✓	✓	✓	✓	✓
	9. Understands aspects of substance use and abuse																										✓	✓	✓	✓			✓	✓		✓				✓	✓	✓	✓	✓
Science	12. Understands the nature of scientific inquiry	✓																			✓	✓	✓	✓	✓	✓							✓						✓			✓	✓
Math	1. Uses a variety of strategies in the problem-solving process	✓																			✓	✓	✓	✓	✓	✓									✓	✓	✓	✓	✓	✓	✓	✓	✓
Civics	11. Understands the role of diversity in American life and the importance of shared values, political beliefs, and civic beliefs in an increasingly diverse American society	✓	✓	✓	✓	✓	✓			✓	✓				✓																✓		✓			✓			✓	✓	✓	✓	✓
	27. Understands how certain character traits enhance citizens' ability to fulfill personal and civic responsibilities	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓	✓																✓					✓	✓	✓	✓	✓	✓	✓	✓
Physical Ed.	5. Understands the social and personal responsibility associated with participation in physical activity	✓	✓								✓	✓	✓	✓	✓																					✓	✓	✓	✓	✓	✓	✓	✓
Arts—Theatre	5. Understands how informal and formal theatre, film, television, and electronic media productions create and communicate meaning	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓				✓									✓	✓	✓				✓		✓	✓				✓		✓	✓	✓
Life Skills—Self-Regulation	1. Sets and manages goals																				✓	✓	✓	✓	✓	✓		✓	✓	✓	✓		✓		✓					✓		✓	✓	✓
	2. Performs self-appraisal					✓		✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓					✓		✓	✓	✓	✓	✓	✓
	3. Considers risks	✓									✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓				✓	✓		✓	✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
	4. Demonstrates perseverance						✓			✓							✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓				✓	✓	✓	✓	✓	✓	✓	✓	✓
	5. Maintains a healthy self-concept	✓			✓	✓	✓	✓		✓		✓		✓	✓		✓	✓	✓									✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	6. Restrains impulsivity	✓	✓	✓	✓		✓			✓		✓		✓			✓	✓	✓									✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Life Skills—Thinking and Reasoning	2. Understands and applies basic principles of logic and reasoning									✓											✓	✓	✓	✓	✓	✓							✓		✓		✓				✓		✓	✓	✓
	3. Effectively uses mental processes that are based on identifying similarities and differences		✓								✓		✓		✓	✓																	✓						✓					
	5. Applies basic trouble-shooting and problem-solving techniques		✓		✓		✓			✓		✓		✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	6. Applies decision-making techniques	✓		✓	✓	✓				✓	✓	✓		✓	✓	✓					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Life Skills—Working with Others	1. Contributes to the overall effort of a group	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓							✓	✓	✓	✓	✓	✓							✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
	2. Uses conflict-resolution techniques	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓							✓	✓	✓	✓	✓	✓							✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
	3. Works well with diverse individuals and in diverse situations	✓	✓	✓	✓	✓	✓	✓	✓	✓					✓						✓	✓	✓	✓	✓	✓							✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
	4. Displays effective interpersonal communication skills	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓	✓						✓	✓	✓	✓	✓	✓		✓					✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
	5. Demonstrates leadership skills	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓						✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
Behavioral Studies	1. Understands that group and cultural influences contribute to human development, identity, and behavior	✓	✓	✓	✓					✓	✓	✓	✓	✓	✓	✓																✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓
	2. Understands various meanings of social group, general implications of group membership, and different ways that groups function	✓	✓	✓	✓		✓				✓	✓	✓	✓	✓	✓					✓	✓	✓	✓	✓	✓		✓				✓	✓				✓	✓	✓	✓	✓		✓	✓	✓
	4. Understands conflict, cooperation, and interdependence among individuals, groups, and institutions	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓					✓	✓	✓	✓	✓	✓		✓				✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓

The research behind *Second Step: Student Success Through Prevention*

Powerful research has emerged over the last twenty-five years that has identified risk and protective factors that work to increase or diminish the likelihood of students' involvement in risky behavior. A key protective factor for many of these behaviors is social and emotional skills.

Second Step: Student Success Through Prevention specifically aims to prevent or reduce aggression, violence, and substance abuse through the promotion of the skills and attitudes that predict student success in school and in life.

To learn more about the research behind the *Second Step* program, visit **www.cfchildren.org**.

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committee for children®