



Name: _____

Our lives begin to end the day we become silent about things that matter.

—Dr. Martin Luther King, Jr.



It takes a lot of courage to speak up when you see something bad happening, like bullying. Dr. Martin Luther King, Jr., was a civil rights leader who saw many people being treated unfairly based on the color of their skin and had the courage to speak out against it.

Read the quote above with an adult family member and talk about what you think it means. Write down what this quote means to you, and have your adult write down what it means to him or her.

What I think this quote means:

What my adult thinks this quote means:

Talk with your adult about why it is important to speak up about bullying, even if it takes a lot of courage. With your adult, come up with at least one reason why it is important to speak up about bullying, and write it down.

This homework assignment was completed on _____	(DATE)	(ADULT SIGNATURE)
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