### Lesson 3: Unsafe and Unwanted Touches

**Families:** Please read Family Letter 3 before doing this Home Link with your child. Find Family Letters on SecondStep.org.

**Activation Key:** CPU5 FAMILYG5

**Students:** Your body belongs to you. It’s never okay for someone to touch you in a way that’s unsafe or unwanted.

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Write your own definitions for unsafe and unwanted touches:

- **Unsafe touch:** __________________________
- **Unwanted touch:** __________________________

You can refuse any touch you don’t want. List two touches you don’t like or that make you feel uncomfortable:

1. __________________________
2. __________________________

### Family Safety Plan: Refusing Unsafe and Unwanted Touches

Show your family your definitions of unsafe and unwanted touches and your list of unwanted touches. Think of other types of touches together and write each in the box below where you decide it belongs.

<table>
<thead>
<tr>
<th>Unsafe Touches</th>
<th>Unwanted Touches</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Talk with your family about what you can say or do to refuse an unwanted touch—for example, explaining to the person why the touch is unwanted or offering to shake hands instead—and write it below. When you’re done, practice with your family.

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Add this to your family safety plan.

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*Detach this slip and return it to your teacher after you have completed Grade 5, Home Link 3.*

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**[CHILD’S NAME]**

**DATE**

**ADULT’S SIGNATURE**