The Second Step Early Learning program offers teachers many opportunities to use intentional teaching strategies to actively engage children in their development of social-emotional, language, and cognitive skills. The program promotes school readiness and success by directly teaching children the skills that strengthen their ability to learn, have empathy, manage emotions, make friends, and solve problems. Teachers using the Second Step Early Learning program often ask how it aligns with the Classroom Assessment Scoring System® (CLASS).

CLASS is an observation tool that focuses on the effectiveness of classroom interactions among teachers and children, because it’s these daily interactions that promote children’s social and cognitive development. Children thrive when teachers create nurturing, well-managed settings and provide frequent and engaging learning opportunities.

The graphics and chart that follow illustrate alignment between the Second Step Early Learning program and domains, dimensions, indicators, and/or behavioral markers outlined in the CLASS Dimensions Guide. For full details on the CLASS framework go to teachstone.com. For more information on the Second Step Early Learning program visit cfchildren.org.
Weekly Theme 6: Asking for What You Need or Want

**Concept**
To ask for what you need or want, face the person you are asking and use a respectful voice.

**Key Words**
Need, respectful

**Objective**
Children will be able to:
1. Demonstrate asking for what they need or want during skill-practice activities

**Why This Theme Matters**
It is important for children to be able to ask for help when they need it. For many children, this requires speaking up in a strong, respectful way. Speaking up in this way (being assertive) also helps children get along with others.

**Teaching Notes**
Encourage children to seek help from an adult after trying to solve a problem themselves and then asking a peer for help. Be aware of different cultural ideas about looking a person in the eyes. Encourage children to face people they are speaking to in order to help listeners know that they are being addressed.

**Using Skills Every Day**
Have children THINK AHEAD to when they might need to ask for help and how they should ask.

Notice when children ask for help correctly, and REINFORCE their behavior with specific feedback: You faced me and asked for help in a strong, respectful voice. It is easy for me to understand what you want when you ask for help that way.
- Model asking for help.
- Remind children to ask for help when they need it.

Have children THINK BACK to what they did when they needed help.
Unit Weekly Theme Card
Day 1 Breakdown

Day 1: Puppet Script

Materials: Girl and Boy puppets, paintbrush

Teacher: Last week you learned that repeating directions helps you remember them. Oh, I hear our friends. Let's listen!

Girl: I just need to finish the top part of my tree and I'll be done. She looks around. Oh no! What am I going to do?

Boy puppet: What's wrong?

Girl: There's no green paint. I need it for my picture.

Boy: I'll help you look. They look together.

Boy: I can't find any either. Let's ask a teacher.

Girl (hesitating): I don't know. I'm afraid to ask.

Boy: Don't be scared. It's okay to ask. Teachers are here to help. Face the teacher and say in a strong, respectful voice, "Excuse me. Will you please help me find some green paint?"

Girl: I can try that. I face the teacher and ask in a strong, respectful voice. Let me say it to myself so I remember. Move Girl's head to show her self-talk.

Girl (looking at the teacher and speaking in a strong, respectful voice): I'm painting a tree. _________(Boy) helped me look, but we can't find any green paint. Will you please help me find some?

Teacher: _________(Girl), you asked for help in a respectful voice. That made it easy for me to know how to help you. I'll get green paint from the cupboard. Ask children when they think they will need help from you today.

Teach and sing Verse 5 of "The How to Learn Song" (Track 7 of the Join In and Sing CD). Lyrics are in the Teaching Materials Notebook. Then sing the previous verses. Sing the song again during the week.

Play the Stop and Start game from the Teaching Materials Notebook one or more times during the day. The symbol you’ll need to play the game is also in the Teaching Materials Notebook. Photocopy it before you play. Continue to play each day this week.
Day 2: Story and Discussion

Yesterday ________ (Girl puppet) was painting and needed help finding green paint. ________ (Boy) helped her, but they still didn’t find any. Then who did ________ (Girl) ask for help? (The teacher.) ________ (Girl) was scared, but ________ (Boy) said to use a strong, respectful voice and face me. It worked! I understood what ________ (Girl) needed and helped her find green paint.

Show the photo. Ask children what they see, what is happening, and how the child in the photo feels. Point out the story elements. This is Gloria. The teacher said it’s time to get ready to go outside. Gloria got her coat. She put her arms in the sleeves. Yesterday she was able to zip up her coat by herself. Today she is trying to zip up the zipper. She tries and tries, but just can’t get it to work. Gloria is stuck. She needs help with her coat zipper.

1. Think about who Gloria can ask for help. Give think-time. Call on a few children at random. (The teacher. A friend.)

2. What kind of voice should Gloria use when asking for help? (A strong, respectful voice.)

3. If you think Gloria should face the teacher when she asks for help, clap two times.

When you need to ask someone for help, look at the person and speak in a respectful voice.

Have each child turn to a neighbor and ask in a respectful voice, “Will you please help me?”

When you need help, be sure to ask in a respectful voice.

Day 2 Breakdown

Unit Weekly Theme Card

CLASSEORGANIZATION

Instructional Learning Formats
- Clarity of learning objectives
- Advanced organizers

INSTRUCTIONAL SUPPORT

Concept Development
- Integration
- Integrates with previous knowledge

INSTRUCTIONAL SUPPORT

Quality of Feedback
- Providing information

INSTRUCTIONAL SUPPORT

Language Modeling
- Open-ended questions

INSTRUCTIONAL SUPPORT

Language Modeling
- Open-ended questions

EMOTIONAL SUPPORT

Regard for Student Perspectives
- Student expression
- Elicits ideas and/or perspectives

INSTRUCTIONAL SUPPORT

Language Modeling
- Open-ended questions

EMOTIONAL SUPPORT

Regard for Student Perspectives
- Student expression
- Elicits ideas and/or perspectives

CLASSROOM ORGANIZATION

Instructional Learning Formats
- Variety of modalities and materials

INSTRUCTIONAL SUPPORT

Language Modeling
- Frequent conversations
- Peer conversations

Materials:
- Girl and Boy puppets, paintbrush
- Bean bag and other small, soft toys

INSTRUCTIONAL SUPPORT

Language Modeling
- Advanced organizers
- Integration
- Clarity of learning objectives

INSTRUCTIONAL SUPPORT

Regard for Student Perspectives
- Student expression
- Elicits ideas and/or perspectives

INSTRUCTIONAL SUPPORT

Regard for Student Perspectives
- Student expression
- Elicits ideas and/or perspectives

CLASSROOM ORGANIZATION

Instructional Learning Formats
- Student interest
- Active participation

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CLASS® and the Second Step Early Learning Program

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Unit Weekly Theme Card
Day 3: Skill-Practice Activity 1

Please Pass Game (small group, Objective 1)

Materials: Beanbag and other small, soft toys

1. Have children sit in a circle. Describe the game. Let's see how quickly we can pass the beanbag around the circle. Before your neighbor passes it to you, say "Please pass the beanbag" in a respectful voice. Afterward say "Thank you." Watch me do it.
2. Give the beanbag to the child on your right. Model asking the child to pass it to you and then thanking the child.
3. Notice and reinforce asking respectfully: You asked in a respectful voice. You remembered to say "Thank you."
4. Play the game several times, changing the toys passed and the direction the toys travel. Add in more words. (Please pass me the fuzzy red ball. Please give me the blue teddy bear.)
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| Puppet Scripts, Story and Discussion, and Skill-Practice Activities | Implementing the program with fidelity provides consistent support for the development of the following indicators:  
- Relationships  
- Positive affect  
- Positive communication  
- Respect | Awareness  
- Anticipates problems and plans appropriately  
- Notices any lack of understanding  
Responsiveness  
- Acknowledges emotions  
- Provides comfort and assistance  
- Provides individualized support  
Addresses problems  
- Helps in an effective and timely manner  
- Helps resolve problems | Flexibility and student focus  
- Incorporates students’ ideas  
Student expression  
- Elicits ideas and perspectives |
| Brain Builder Games and Songs | | Awareness  
- Anticipates problems and plans appropriately  
Responsiveness  
- Acknowledges emotions  
- Provides comfort and assistance  
- Provides individualized support  
Addresses problems  
- Helps in an effective and timely manner  
- Helps resolve problems | | |
| Visual aids: Posters, Listening Rules Cards, and Feelings Cards | | Awareness  
- Anticipates problems and plans appropriately  
Responsiveness  
- Acknowledges emotions  
- Provides comfort and assistance  
- Provides individualized support  
Addresses problems  
- Helps in an effective and timely manner  
- Helps resolve problems | Student expression  
- Encourages student talk  
- Elicits ideas and perspectives |
| Using Skills Every Day | | Responsiveness  
- Acknowledges emotions  
- Provides comfort and assistance  
- Provides individualized support  
Addresses problems  
- Helps in an effective and timely manner  
- Helps resolve problems |

**Using Skills Every Day**

- **Responsiveness**  
  - Acknowledges emotions  
  - Provides comfort and assistance  
  - Provides individualized support  

- **Addresses problems**  
  - Helps in an effective and timely manner  
  - Helps resolve problems  

**Student expression**  
- Encourages student talk  
- Elicits ideas and perspectives  

**Flexibility and student focus**  
- Shows flexibility  
- Incorporates students’ ideas  
- Follows students’ lead  

**Student Comfort**  
- Students seek support and comfort

**Responsiveness**  
- Acknowledges emotions  
- Provides comfort and assistance  
- Provides individualized support  

**Addresses problems**  
- Helps in an effective and timely manner  
- Helps resolve problems  

**Student expression**  
- Encourages student talk
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Using Skills Every Day
## Second Step: Social-Emotional Skills for Early Learning

The research-based Second Step program helps preschoolers develop lasting executive-function and self-regulation skills by teaching them how to focus attention and manage emotions. Fun Weekly Themes, Brain Builders, puppets, and songs allow youngsters to enter kindergarten ready to learn.

### Contact Us:
800-634-4449  
clientsupport@cfchildren.org

### Learn More:
[cfchildren.org/early-childhood](http://cfchildren.org/early-childhood)

### Second Step Early Learning Program

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<th>Quality of Feedback</th>
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| **DIMENSION** | **Analysis and reasoning**  
- Why and how questions  
- Problem solving  
- Prediction/experimentation  
- Evaluation  
**Integration**  
- Integrates with previous knowledge  
**Connections to the real world**  
- Real-world applications  
- Related to students’ lives  | **Implementing the program with fidelity provides consistent support for the development of the following indicators:**  
- Scaffolding  
- Feedback loops  
- Prompting thought processes  
- Providing information  
- Encouragement and affirmation  | **Implementing the program with fidelity provides consistent support for the development of the following indicators:**  
- Frequent conversations  
- Open-ended questions  
- Repetition and extension  
- Self- and parallel talk  
- Advanced language  |
| puppet scripts, story and discussion, and skill-practice activities | Brain Builder Games and Songs  
**Connections to the real world**  
- Real-world applications  
- Related to students’ lives |  |  |
| visual aids: posters, listening rules cards, and feelings cards | Using Skills Every Day  
**Integration**  
- Integrates with previous knowledge  
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| [Second Step: Social-Emotional Skills for Early Learning](http://www.cfchildren.org/early-childhood)